

MILITARY & VETERANS SECTOR UPDATE

CORONAVIRUS
DISEASE 2019 (COVID-19)

FRIDAY, JUNE 5, 2020



COVID-19
ONLINE FORUM Q&A

Thank you to everyone who was able to join us for this week's telebriefing for military, veterans and their families! **Make sure you join us next Thursday, June 11 from 10 - 11 AM** for another online forum and Q&A.

To submit your questions in advance, [click here](#).

Special Thanks to our June 4th Telebriefing Guest



Bill York,
President and CEO,
211 San Diego



Meg Storer,
VP of Government & Community
Relations, 211 San Diego

[Click Here to Provide Your Feedback](#)

The telebriefing feedback form can also be found [here](#).

County Resources for Military & Veterans



Visit our [County site for Military/Veterans/Families and Serving Organizations](#)

General COVID-19 Frequently Asked Questions – [Click here](#)

Military and Veterans-Specific Frequently Asked Questions – [Click here](#)

In Case You Missed It...



211 San Diego is a local non-profit operating 24 hours a day, 365 days each year. 211 San Diego is the region's trusted source for access to community, health, social, and disaster services. By simply dialing 211 the call is free, confidential and available in more than 200 languages. 211 provides access to 6,000+ services, resources and programs through our online database at <https://211sandiego.org/>. Residents can also call 211 to be connected to a County Public Health Nurse to schedule an appointment to get tested for COVID-19, or to be connected with other important resources and programs.

County Ready to Open more Businesses – Trigger Dashboard now Available

The County continues to monitor local COVID-19 cases, hospital capacity, and other criteria to continue a further reopening of the local economy. A set of 13 triggers were presented and approved by the Board of Supervisors on Tuesday, June 2, which will help the County continue to measure and quantify any outbreaks, or potential negative impacts on reopening.

To help the public understand and monitor COVID-19 activity in the region, the County has launched a dashboard of all 13 triggers that could modify the Public Health Order. The Triggers are labeled as green or a red depending on the current situation. Some triggers will be updated daily and others periodically, depending on the availability of data.

To view the dashboard – [click here](#).

San Diego County Residents Encouraged to get Tested for COVID-19

The Health and Human Services Agency encouraged residents on Thursday to get tested for COVID-19, even if they do not have symptoms. This is because asymptomatic patients could transmit the virus unknowingly to others.

- **Residents who do not have COVID-19 symptoms** who are interested in scheduling a COVID-19 test should first check with their health care provider. They can also get tested for free at a [state](#) or [County site](#).
 - **Residents with COVID-19 symptoms** should contact their health care provider and arrange for testing.
 - **If you don't have a health care provider**, call 2-1-1 to be connected with a public health nurse who will give you a referral.
- For [County site](#) appointments, call 2-1-1. For state sites, make an appointment [online](#) or call [888-634-1123](tel:888-634-1123). State sites are in Escondido, El Cajon, Chula Vista, San Ysidro and Southeastern San Diego.

CALFIRE and the San Diego County Fire Authority continue to offer free drive-up testing in rural areas. Residents in these area can call 2-1-1 to schedule an appointment. Testing sites will be available in five communities from 9 a.m. to 2 p.m. the next testing location site will be tomorrow, June 6, at the CALFIRE Monte Vista Headquarters, located at 2249 Jamacha Rd., El Cajon, CA 92019.

For a complete list of testing sites [click here](#).

Mental Health Resources

Courage To Call. Every day, current and former service members and their families deal with the complex maze of issues that accompanies military life. Often times the most difficult problem is not knowing where to turn when you need help. Courage to Call is a free, confidential, veteran-staffed, 24/7 helpline dedicated to assisting active duty military personnel, veterans, reservists, guard members, and their families, regardless of discharge status. For more information or to chat with a veteran, visit www.courage2call.org, or call 1-877-698-7838, or 2-1-1

The County's Access and Crisis Line (ACL) is confidential, toll-free, and available 24/7. If you or someone you care about is experiencing a suicidal or mental health crisis, please call 1-888-724-7240.

VA Veteran Suicide Prevention and Crisis Line, 1-800-273-8255 and Press 1 to talk to someone, or Send a text message to 838255 to connect with a VA responder.

The National Suicide Prevention Lifeline, 1-800-273-8255, provides 24/7, free and confidential support for people in distress, and prevention and crisis resources for you or your loved ones.

More resources to help you manage mental health and cope during the COVID-19 pandemic can be found [here](#).



Additional County of San Diego COVID-19 telebriefings are available throughout the week (via Zoom) for a variety of community sectors. For information, updates, and Q&A with other sectors, view the full telebriefing schedule [here](#).

COVID-19 Posters Available



To request English or Spanish posters for your installation, please e-mail COVID-Military-Veterans@sdcounty.ca.gov with your contact information, drop-off location, and delivery instructions. A member of our Outreach & Education Team will contact you to coordinate delivery and obtain any additional details (if necessary).

Additional resources and materials are available [here](#) for your use.

Stay Informed About COVID-19



[Coronavirus in San Diego County](#)

Daily updates on positive cases



[About Coronavirus](#)

How the virus spreads, symptoms, and prevention



[Resources and Materials](#)

FAQs, posters, videos, and other materials



[Prepare for Pandemic](#)

Plans, supplies, and social distancing



[Military and Veterans Resources](#)

Information for military/veterans/families and serving organizations



[Testing](#)

Current testing recommendations

