

County of San Diego
COVID-19 Education
Sector 8/25/2020

**COVID-19
INDUSTRY
GUIDANCE:
Institutions of
Higher Education
& Collegiate
Sports**

CA Department of Public Health

- August 7, the CA Department of Public Health Released COVID-19 Industry Guidance: Institutions of Higher Education
- **These slides highlight key points** of the COVID-19 Industry Guidance: Institutions of Higher Education **for Collegiate Sports; please refer to the actual [guidance here](#) for more details**
- To get up to date information and implementation support visit our website [Coronavirus-sd.com/CollegesandUniversities](https://www.coronavirus-sd.com/CollegesandUniversities)

San Diego County Public Health Order :

(Effective August 21, 2020)

- Institutions of higher education **may hold classes or other school activities** only under circumstances permitted by the State and in compliance with the COVID – 19 Industry Guidance: Institutions of Higher Education and as may be updated or superseded by further State guidance
- Each essential business and reopened business **shall require temperature screening of all employees** and prohibit entry to the workplace of employees with a temperature of 100 degrees or more, employees exhibiting COVID19 symptoms as described by the Centers for Disease Control and Prevention, or employees who have recently been exposed to a person who has tested positive for COVID-19 (either directly or through a breach of Personal Protective Equipment in the case of healthcare workers/first responders).

[Read the Full Public Health Order Here](#)

REDUCING THE RISK ON CAMPUS



ONCE SCHOOLS REOPEN, HOW DO WE REDUCE RISK?

Big 4

- Hygiene, Cleaning, Sanitation
- Physical/Social Distancing
- Face Coverings
- Testing/Tracing



Wash your hands or use hand sanitizer often.



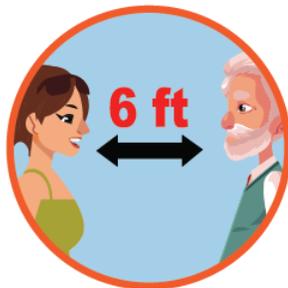
Avoid sharing personal household items.



Clean and disinfect household surfaces often.



Stay home and keep your distance from others in the home if you are sick.



Maintain at least 6 feet between you and others.



Avoid touching eyes, mouth and nose with unwashed hands.



Cover your cough or sneeze with a tissue, then throw it in the trash and wash your hands.



Use a face covering if you leave your home.

CDPH RESOURCE GUIDE



COVID-19 INDUSTRY GUIDANCE: Institutions of Higher Education

August 7, 2020

[covid19.ca.gov](https://files.covid19.ca.gov)



Specific Interim Guidance for Collegiate Athletics

The following guidelines and considerations are intended to help institutions of higher education (IHE) and their communities plan and prepare for resumption of college athletic training, and to resume competition when conditions warrant.

The risk of transmitting the COVID-19 virus depends on several factors germane to sports, including:

- Number of people in a location
- Type of location (indoor versus outdoor)
- Distance or physical contact between people
- Length of time at location
- Touching of shared objects
- Use of face coverings
- Mixing of people from locations with different levels of community transmission

The length of time, proximity of contact and use of shared equipment increases the potential risk for athletes. To help mitigate those risks, colleges who wish to resume competition should provide strong protections for their student athletes, including allowing them the choice to opt-out of the season without the risk of a scholarship being revoked, reduced or cancelled, or any other kind of retaliatory activity. College athletic departments are also expected to vigorously enforce the testing and reporting protocols described below.

As general guidance, smaller groups are safer than larger; outdoor locations are safer than indoor; sports that can ensure distance of six feet or more are safer than close contact; and shorter duration is safer than longer. For most sports activities, this guidance assumes that use of face coverings while playing is not feasible, although they should be worn by players and others while on the side lines. Athletic directors and coaches need to consider all these factors as they plan to resume training and conditioning.

In addition, student-athletes train, study, and potentially live on campus, and travel to compete in other geographies, increasing the risk of transmission. IHEs need to consider these factors as they resume practicing, develop protocols for the use of fitness facilities on campus, and develop guidance for student-athlete housing. Allowing teams to come to the campus from other geographic areas also increases risk of disease transmission.

As stay-at-home orders are modified, it is essential that all possible steps be taken to ensure the safety of student-athletes, workers, and the public.

ANOTHER RESOURCE



The image shows the cover of a document titled "COVID-19 INDUSTRY GUIDANCE: Fitness Facilities". At the top left is the logo for the California Department of Public Health (CDPH). At the top right is the logo for the State of California Department of Industrial Relations (CAL OSHA). The title is in large white letters on a dark blue background. Below the title, the date "July 29, 2020" is underlined. A paragraph of text follows, stating that all guidance should be implemented only with county health officer approval. At the bottom right is the "CALIFORNIA ALL" logo with the tagline "Your Actions Save Lives" and the website "covid19.ca.gov".

COVID-19 INDUSTRY GUIDANCE: Fitness Facilities

July 29, 2020

All guidance should be implemented only with county health officer approval following their review of local epidemiological data including cases per 100,000 population, rate of test positivity, and local preparedness to support a health care surge, vulnerable populations, contact tracing, and testing.



<https://files.covid19.ca.gov/pdf/guidance-fitness.pdf>

OTHER GUIDELINES



- The **guidelines and considerations do not reflect the full scope of issues** that collegiate athletic programs will need to address
- **Institutions of higher education and athletic departments must also follow standards adopted by the NCAA**, including the NCAA's guidelines for resocialization of sports, and their athletic conference, if applicable
- To the extent those guidelines impose **additional restrictions or requirements beyond this guidance**, are stricter than these guidelines, **institutions of higher education and athletic departments must adhere to the stricter requirements**

GYMS, POOLS & FITNESS FACILITIES



- Refer to the guidance on fitness facilities and pools on the [COVID-19 Resilience Roadmap website](#)
- As referred to in the guidance on college athletics, **athletic facilities must limit occupancy to essential personnel**, such as players, coaches, trainers, etc.

TRANSMISSION FACTORS



The risk of transmitting the COVID-19 virus depends on several factors germane to sports, including:

- Number of people in a location
- Type of location (indoor versus outdoor)
- Distance or physical contact between people
- Length of time at location
- Touching of shared objects
- Use of face coverings
- Mixing of people from locations with different levels of community transmission



Collegiate athletic teams are permitted to begin a return to practice only if:

- The institution of higher education **adopts, and its teams follow**, an institution specific **“return to play” safety plan**, and:
- **Regular periodic COVID-19 testing of athletes and support staff** is established and implemented by the IHE. For example, teams could consider testing at least 25% of their team and staff population every week. PCR testing is the preferred method at this time
- Consistent with requirements imposed by the National Collegiate Athletic Association (NCAA), **athletes are not required to waive their legal rights regarding COVID-19 as a condition of athletics participation**
- **The institution of higher education adheres to the general guidance for institutions of higher education related to isolation and quarantine of individuals who test positive for COVID-19 and close contacts of those individuals**



Competition between teams without spectators is permitted to begin only if:

- **IHE can provide COVID-19 testing and results within a 72 hour period in advance of competition in high contact risk sports**
- **Athletics departments** have considered how best to secure reasonable of how to **share testing results and related safety assurances to opposing teams** before the start of an event in a manner consistent with applicable health information and education privacy laws. Further, in conjunction with local public health officials and contact tracers, **schools must have in place a mechanism for notifying other schools should an athlete from one team test positive within 48 hours after competition with another team**
- **Where the availability of local contact tracing resources is inadequate, schools must train on-site personnel or procure contact tracing resources.** Staff who complete formal training in contact tracing can be an invaluable resource with respect to institutional risk-management efforts and resources



Even with adherence to physical distancing, convening in a setting that brings multiple different communities to engage in the same activity, particularly indoors or with close contact, carries a higher risk for widespread transmission of the COVID-19 virus, and may result in increased rates of infection, hospitalization, and death, especially among more vulnerable populations

Athletic facilities must therefore limit occupancy to essential personnel, such as players, coaches, trainers, security, and event staff

FACE COVERINGS



On June 18, CDPH issued [Guidance on the Use of Face Coverings](#), which broadly **requires the use of face coverings for both members of the public and workers in all public and workplace settings** where there is a high risk of exposure

All of those involved in collegiate athletics, including coaches, staff, media and players not engaged in play, are subject to these requirements

ATHLETIC FACILITY PLAN



- **Establish a written, facility-specific COVID-19 prevention plan** at every facility, perform a comprehensive risk assessment of all work and athletic areas, and **designate a person at each facility to implement the plan**
- **Designate a person responsible for responding to COVID-19 concerns** for athletics overall, and for each team or sport. **All** coaches, staff, and student-athletes **should know who their COVID-19 contact person is and how to contact them**
- **Incorporate** the CDPH Guidance for the **Use of Face Coverings** that includes a policy for handling **exemptions**
- **Identify contact information for the local health department** where the facility is located for communicating information about COVID-19 outbreaks among workers or student-athletes
- **Train and communicate** with workers, worker representatives, and student-athletes **on the plan and make the plan available** to workers and their representatives

ATHLETIC FACILITY PLAN



Student-athletes, staff, and coaches should be provided an education session on COVID-19 upon or before return to campus, including additional topics such as:

- Risks COVID-19 poses for athletes

Proper use of face coverings, including:

- Face coverings are not personal protective equipment (PPE)
- Face coverings can help prevent exposure of people near the wearer and the wearer, but do not replace the need for physical distancing and frequent handwashing
- Face coverings must cover the nose and mouth
- Workers should wash or sanitize hands before and after using or adjusting face coverings
- Avoid touching eyes, nose, and mouth
- Face coverings must not be shared and should be washed or discarded after each shift, and;
- Importance of physical distancing
- Protocols for reporting any symptoms

CONTROL MEASURES & SCREENING



- Establish effective procedures for **regular periodic testing of athletes and workers** that work with athletes for COVID-19 in accordance with any published CDC guidance and in discussion with the local health department
- **Limit building or facility entry** points when possible
- **Provide symptom and health screenings for all workers and student athletes** entering the facility or event. Make sure the temperature/symptom screener avoids close contact with workers or student-athletes to the extent possible
- If requiring self-screening at home, which is an appropriate alternative to providing it at the establishment, ensure that screening was performed prior to the worker leaving home for their shift and follows CDC guidelines
- Workers should wear gloves when handling items contaminated by body fluids
- **Coaches or referees moving items used by athletes** (e.g., balls) or handling trash bags **should use disposable gloves** (and wash hands before putting them on and after removing them) **or wash hands before and after handling shared items**
- **Limit any nonessential visitors, staff, and volunteers as much as possible. No spectators are currently permitted during training or competition**



Regular periodic COVID-19 testing of athletes and support staff must be established and implemented by the IHE

Competition between teams without spectators is permitted to begin only if:

- IHE can provide COVID-19 testing and results within 72 hours of competition in high contact risk sports

CLEANING & DISINFECTING



- **Perform thorough cleaning and disinfection of surfaces in high-traffic areas**, including locker rooms, dugouts, benches, stairwell handrails, chairs, doors/door handles, etc., as appropriate
- **Use of shared objects and equipment** (e.g., balls, bats, gymnastics equipment, golf flags) **should be avoided, or cleaned between use by each individual if possible**
- **Do not let players share towels, clothing, or other items** they use to wipe their faces or hands
- **Avoid sharing equipment or balls as much as possible.** No spectators are currently permitted during training or competition
- Make sure there are adequate supplies of items to minimize sharing of equipment and **identify a staff member or volunteer to ensure proper cleaning and disinfection of objects and equipment**

PHYSICAL DISTANCING



- **Prioritize outdoor practice and play, as much as possible**
- **Train in Cohorts.** IHEs should establish cohorts as a strategy to minimize the potential spread of COVID-19. **A cohort may be composed of six to 12 individuals, all members of the same team,** who consistently work out and participate in activities together. **Cohorts should avoid mixing with other groups.**
- **Keep different cohorts separate.** Consider using signs, cones, or tape to make dividing lines clear
- Particularly for **athletes in high contact risk sports** as defined previously, to the greatest extent practicable **provide dedicated on-campus housing and classrooms separate from the rest of campus** to minimize transmission risks during training and conditioning

PHYSICAL DISTANCING



- **Athletes and coaches should maintain at least six feet of separation from others when not on the field of play or otherwise engaged in play/activity, where feasible & create distance between players when explaining drills, rules of the game, or huddling**
- **Prohibit unnecessary physical contact such as high fives, handshake lines, and other physical contact & Limit the number of players sitting in confined seating areas**
- **If practice or competition facilities must be shared, consider increasing the amount of time between practices and competitions to allow for one group to leave before another group enters the facility, and for facilities that may be shared, dedicate separate time for team use. If possible, allow time for cleaning and/or disinfecting between groups**
- **Meetings and trainings should be conducted virtually, or outdoors, and in areas that allow for appropriate physical distancing between staff, athletes or other workers**
- **Stagger breaks**, in compliance with wage and hour regulations where relevant, to maintain physical distancing protocols
- **Consider offering workers who request modified duties options that minimize their contact with athletes, coaches, officials, and other workers**



- **All players, coaches, and referees should bring their own individual water or drinks.** Drinks should be labeled to indicate whom the drink is intended for. **Do not provide team water coolers or shared drinking stations.** Teams may also provide bottled water
- If food is provided, **have pre-packaged boxes or bags for players instead of a buffet or family-style meal**
- **Prohibit the use of:**
 - **Self-service items** such as condiment caddies, utensil caddies, napkins, lids, straws, water pitchers, to-go containers, etc
 - **Self-service machines**, including ice, soda, frozen yogurt dispensers, etc
 - **Self-service food areas**, such as buffets, salsa bars, salad bars, etc
 - Follow the California Department of Public Health and Cal/OSHA safety guidance set out for dine-in restaurants



- **Travel should be limited to essential personnel (e.g., athletes, coaches, medical staff)**
- When possible, **teams should drive to events**
- If using more than one vehicle, travel parties should be split according to those already with the closest contact (e.g., cohorts)
- **Face coverings must be worn and removed only minimally for eating or drinking**
- **If traveling by bus, try to keep seats open in front of and behind each person (e.g., using a “checkerboard” pattern)**
- When air travel is necessary, it should be on a carrier with robust infection control methods (e.g., required face coverings for all passengers and flight personnel), and handwashing or using hand sanitizer should occur frequently, per CDC guidelines

RETURN AFTER A POSITIVE TEST



- Advise sick staff and student-athletes **not to return until they have met CDC criteria to discontinue home isolation**, including 24 hours with no fever (without fever reducing medication), symptom improvement, and 10 days since symptoms first appeared or since test conducted
- Student-athletes should work with their medical provider and any team medical staff member to determine how to be cleared to safely return to training
- **Return to activity on all cases should allow an acclimatization process**

SCHOOL BANDS FOR COLLEGES?



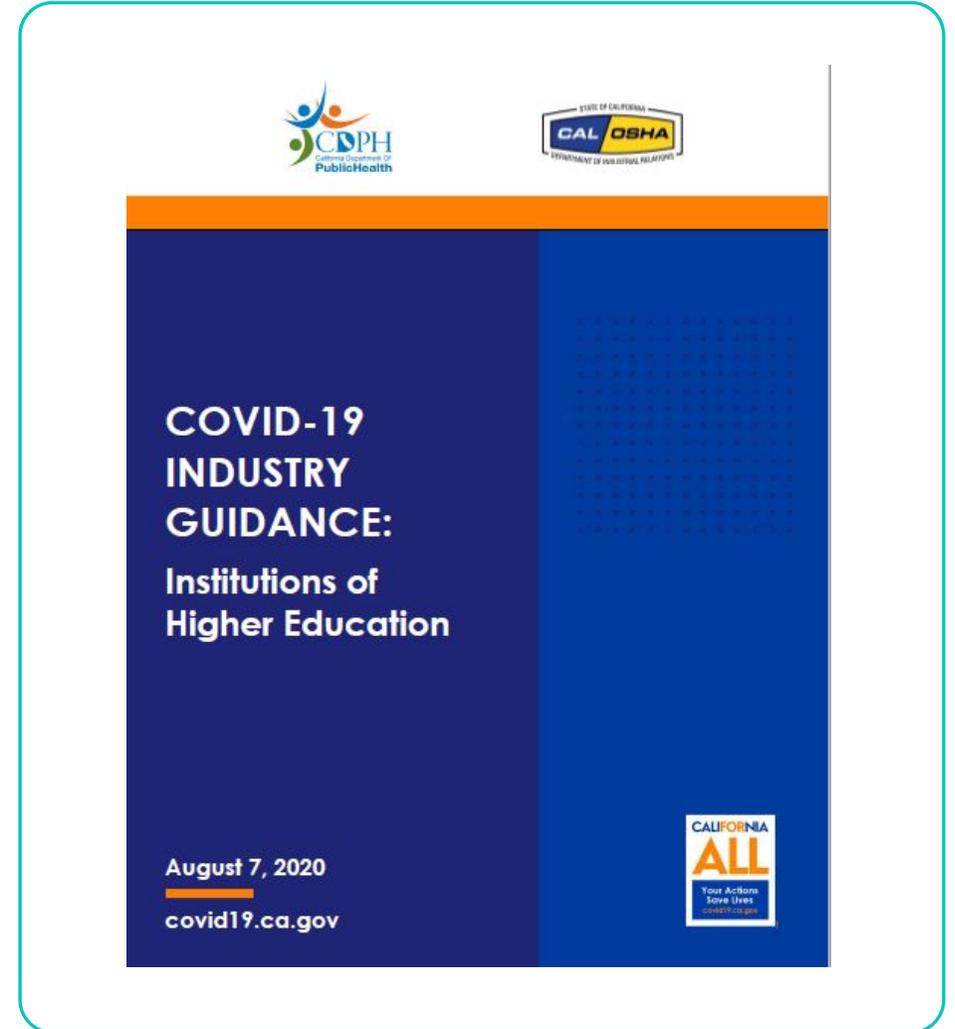
Activities where there is increased likelihood for transmission from contaminated exhaled droplets such as **band and choir practice** and performances are **not permitted**



Closing

Collegiate Athletic Guidance can also be found on pages 24-34 of the guide [here](#).

More information on implementation and guidance for athletics will be found in the guidance.

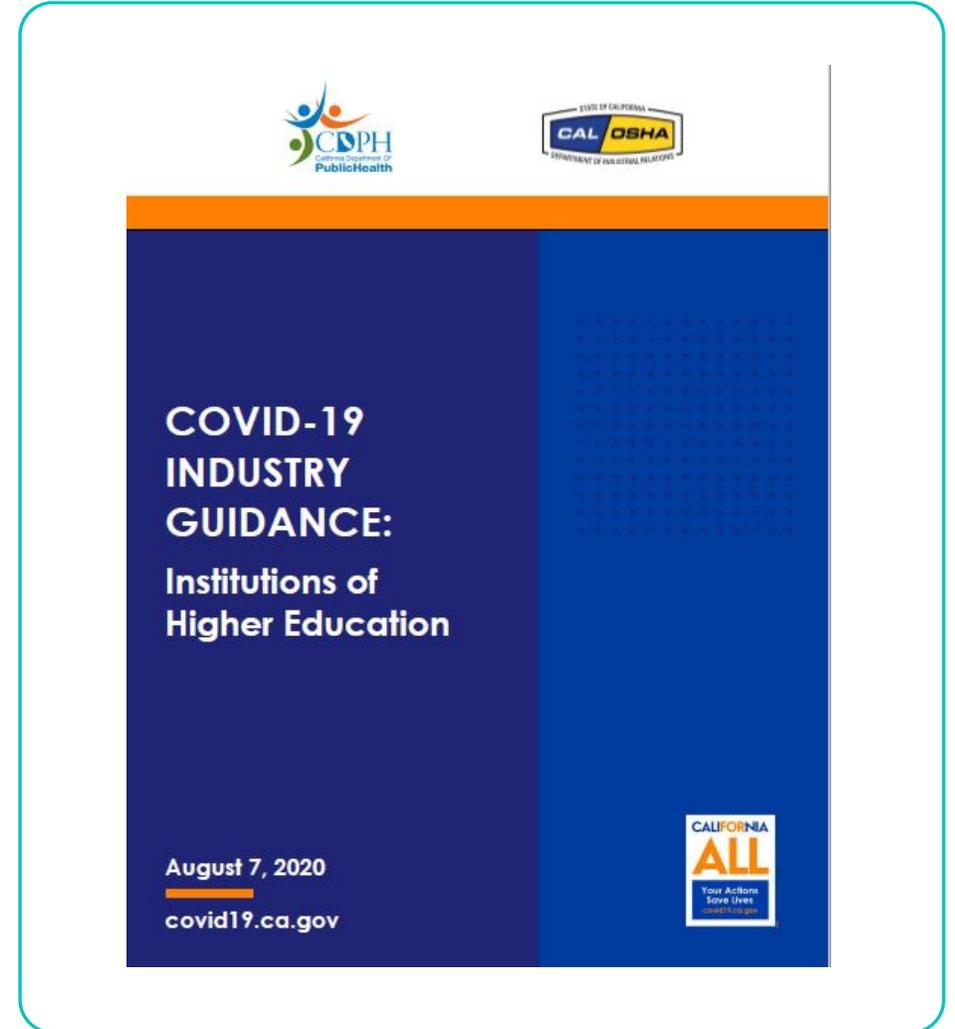


Closing

These slides in no way replace reading the full guidance. Please read the document in its entirety before beginning your planning. It can be found [here](#).

For more information on implementation or if questions, please email us at COVID-Education@sdcounty.ca.gov

Thank you!



REGISTRAR OF VOTERS SPECIAL PRESENTATION



LIVE WELL
SAN DIEGO

PLEASE JOIN US FOR A SPECIAL
PRESENTATION FROM THE
SAN DIEGO COUNTY
REGISTRAR OF VOTERS



REGISTRAR OF VOTERS MICHAEL VU WILL BE JOINING
THE FAITH-BASED AND RURAL COMMUNITIES SECTOR
TELEBRIEFINGS ON:

WEDNESDAY, AUGUST 26 | 1:00 PM—2:00 PM

FAITH-BASED ORGANIZATIONS TELEBRIEFING
ZOOM MEETING [HTTPS://ZOOM.US/J/171869879](https://zoom.us/j/171869879) OR

Call-in at 1 (669) 900-6833 or 1 (346) 248-7799

Meeting ID: 171 869 879

FRIDAY, AUGUST 28 | 1:00 PM—2:00 PM

RURAL COMMUNITIES TELEBRIEFING
ZOOM MEETING [HTTPS://ZOOM.US/J/824793721](https://zoom.us/j/824793721) OR

Call-in at 1 (669) 900-6833 or 1 (346) 248-7799

Meeting ID: 824 793 721



For more information, contact us at
COVID-CBO-Faith@sdcounty.ca.gov
www.coronavirus-sd.com



A DECADE OF HEALTH, HOPE AND THRIVING COMMUNITIES