

FOR PARENTS AND GUARDIANS:

The "Stop and Go" Guide for COVID-19 Symptom Screening Before School

1 CHECK FOR ANY OF THE FOLLOWING:

- Fever or chills
- Sore throat
- New or worsening cough (not coughs caused by previous conditions, like asthma or allergies)
- Diarrhea, nausea, or vomiting
- Headache, especially with a fever and/or not related to previous condition like migraines
- Congestion or runny nose
- Loss of sense of smell or taste
- Fatigue

No symptoms? You may skip Step 2 and proceed to check your child's temperature.

If your child has a chronic medical condition that may explain these symptoms, then proceed to Step 2. Otherwise, keep your child at home.

2 ASK: IS IT A NEW SYMPTOM?

Some things may look like symptoms of COVID-19 but are actually caused by other conditions. Consider the following scenarios:

Situation 1: My child is coughing. My child has asthma and often coughs with exercise.

This seems like their usual cough and I have documentation from my child's doctor.

Conclusion: this is NOT a new symptom. I can proceed with a temperature check.

This cough is worse than usual or sounds different.

Conclusion: this IS a new symptom. I should keep my child home and get them tested for COVID-19.

Situation 2: My child has a runny nose, but they also have allergies.

This seems like their usual runny nose. I should get documentation from my child's doctor.

Conclusion: this is NOT a new symptom. I can proceed with a temperature check.

My child's nose is runnier than normal OR it isn't allergy season.

Conclusion: this IS a new symptom. I should keep my child home and get them tested for COVID-19.