COVID-19 Isolation Timelines Based on Symptom Decision Tree

At school, a student or staff member develops one or more COVID-19 symptom(s). After applying PPE and isolating the individual, they are sent home. Isolation separates infected people with a contagious disease from people who are not infected. Click on the scenarios below to view detailed examples of isolation timelines and please note that in the event of an individual testing positive, County Epidemiology Case Investigators will provide guidance. [+]

Scenario 1a: The individual receives a PCR COVID-19 viral test, and the result is **NEGATIVE.** Symptoms resolve.

Scenario 1b: The individual receives a PCR COVID-19 viral test, and the result is **NEGATIVE.** Symptoms persist.

Scenario 2a: The individual receives a PCR COVID-19 viral test, and the result is **POSITIVE.** Individual has mild to moderate disease.

Scenario 2b: The individual receives a PCR COVID-19 viral test, and the result is **POSITIVE.** The individual has severe or critical illness or is severely immunocompromised (weakened immune system). These individuals may need to stay home for longer than 10 days and up to 20 days after symptoms first appeared. [++]

Scenario 3: A note from a licensed healthcare provider defines the case as **PRESUMED COVID-19 VIRUS** based on symptoms and circumstances.

Scenario 4: A signed note from the licensed healthcare provider (who manages the patient's chronic condition) confirms that the student or staff member's symptoms are due to an **EXISTING CHRONIC CONDITION**, and NOT due to COVID-19. The note must cite labs or date of record when patient was diagnosed, contain the provider's contact information, and explain how the symptoms are unrelated to COVID-19. The note must also be accompanied by signed consent for the school to interact with the healthcare provider.
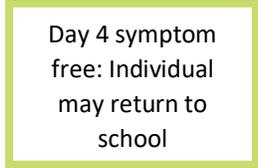
Scenario 5: The individual does NOT receive a COVID-19 test and does NOT visit a medical professional.

[+]*These timelines are valid for the assumptions described in each scenario. Altering factors such as how long symptoms take to resolve may alter the scenarios and the timelines. These scenarios are intended to be used as examples and are not exhaustive of all possible timelines for isolation.*

[++]*Persons who are severely immunocompromised may require testing to determine when they can be around others. Talk to your healthcare provider for more information. If testing is available in your community, it may be recommended by your healthcare provider. Your healthcare provider will let you know if you can resume being around other people based on the results of your testing. Your doctor may work with an infectious disease expert or your local health department to determine whether testing will be necessary before you can be around others.*

HHSA · HEALTH AND HUMAN SERVICES AGENCY · COUNTY OF SAN DIEGO · LIVE WELL SAN DIEGO

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 1a: The individual receives a PCR COVID-19 viral test, and the result is NEGATIVE. Their symptoms resolve. Individual may return to school the day after the 72-hour period with no symptoms. <u>Individual is out of school for a minimum of 3 days</u>.

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
				1	2	3
4	5 Individual develops symptom(s) and receives a COVID test later that day	6	7 Individual obtains a NEGATIVE test result	8	9 Symptoms resolve	10 24 hours symptom-free
11 48 hours symptom-free	12 72 hours symptom-free	13 Day 4 symptom free: Individual may return to school	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 1b: The individual receives a PCR COVID-19 viral test, and the result is NEGATIVE. Their symptoms continue. Individual may return to school after 10 days (i.e. on the 11th day) if symptoms are improving. Individual is out of school for 10 days.

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
				1	**2**	**3**
4	**5** Individual develops symptoms and receives a COVID test later that day (Day 0)	**6**	**7** Individual obtains a NEGATIVE test result	**8** Symptoms continue	**9** Symptoms continue	**10** Symptoms continue
11 Symptoms continue	**12** Symptoms improving	**13** Symptoms improving	**14** Symptoms improving	**15** Day 10 from symptom onset & symptoms are improving	**16** Day 11: Individual is eligible to return to school	**17**
18	**19**	**20**	**21**	**22**	**23**	**24**
25	**26**	**27**	**28**	**29**	**30**	**31**

HHSA HEALTH AND HUMAN SERVICES AGENCY | LIVE WELL SAN DIEGO

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 2a: The individual receives a PCR COVID-19 viral test, and the result is POSITIVE. Individual has mild to moderate disease. Individual may return to school after 10 days (i.e. on the 11ᵗʰ day) if symptoms are improving and they have gone 24 hours without fever (and no medications). <u>Individual is out of school for 10 days.</u>

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
			1	**2**	**3**	
4	**5** Individual develops symptoms and receives a COVID test later that day (Day 0)	**6**	**7** Individual obtains a POSITIVE test result	**8** *Symptoms continue*	**9** *Symptoms continue*	**10** *Symptoms continue*
11 *Symptoms continue*	**12** *Symptoms improving*	**13** *Symptoms improving*	**14** *Symptoms improving*	**15** *Day 10 from symptom onset; symptoms are improving; no fever*	**16** Day 11: Individual is eligible to return to school	**17**
18	**19**	**20**	**21**	**22**	**23**	**24**
25	**26**	**27**	**28**	**29**	**30**	**31**

HHSA HEALTH AND HUMAN SERVICES AGENCY | LIVE WELL SAN DIEGO | COUNTY OF SAN DIEGO

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 2b: The individual receives a PCR COVID-19 viral test, and the result is POSITIVE. Individual has severe or critical illness or is severely immunocompromised. These individuals may need to stay home for longer than 10 days and up to 20 days after symptoms first appeared.

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
				1	2	3
4	5 Individual develops symptoms and receives a COVID test later that day (Day 0)	6	7 Individual obtains a POSITIVE test result	8 *Symptoms continue*	9 *Symptoms continue*	10 *Symptoms continue*
11 *Symptoms continue*	12 *Symptoms continue*	13 *Symptoms continue*	14 *Symptoms continue*	15 *Symptoms continue*	16 *Symptoms continue*	17 *Symptoms continue*
18 *Symptoms continue*	19 *Symptoms continue*	20 *Symptoms continue*	21 *Symptoms improving*	22 *Symptoms improving*	23 *Symptoms improving*	24 *Symptoms improving*
25 *Day 20 from symptom onset; symptoms are improving; no fever*	26 Day 21: Individual may to return to school	27	28	29	30	31

HHSA HEALTH AND HUMAN SERVICES AGENCY   LIVE WELL SAN DIEGO

1/8/2021

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 3: A note from a licensed healthcare provider defines the case as PRESUMED COVID-19 VIRUS based on symptoms and circumstances. Individual may return to school after 10 days (i.e. on the 11th day) if symptoms are improving and they have gone 24 hours without fever (and no medications). <u>Individual is out of school for 10 days</u>.

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
			1	**2**	**3**	
4	**5** Individual develops symptoms and receives a COVID test later that day (Day 0)	**6**	**7** Medical professional determines case is PRESUMPTIVE POSITIVE COVID-19	**8** *Symptoms continue*	**9** *Symptoms continue*	**10** *Symptoms continue*
11 *Symptoms continue*	**12** *Symptoms improving*	**13** *Symptoms improving*	**14** *Symptoms improving*	**15** *Day 10 from symptom onset; symptoms are improving; no fever*	**16** Day 11: Individual is eligible to return to school	**17**
18	**19**	**20**	**21**	**22**	**23**	**24**
25	**26**	**27**	**28**	**29**	**30**	**31**

HHSA HEALTH AND HUMAN SERVICES AGENCY | COUNTY OF SAN DIEGO | LIVE WELL SAN DIEGO

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 4: A signed note from the licensed healthcare provider (who manages the patient's chronic condition) confirms that the individual or staff member's symptoms are due to an EXISTING CHRONIC CONDITION, and NOT due to COVID-19. Student may return to school immediately with a signed note.

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
				1	2	3
4	5 Individual develops symptoms	6 Individual can return to school immediately with a signed note.	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

COVID-19 Isolation Timelines Based on Symptom Decision Tree

Scenario 5: The individual or staff member does NOT receive a COVID-19 test and does NOT visit a medical professional. Individual may return to school after 10 days (i.e. on the 11th day) if symptoms are improving and they have gone 24 hours without fever (and no medications). <u>Individual is out of school for 10 days.</u>

October 2020						
Sunday	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**
				1	**2**	**3**
4	**5** Individual develops symptoms and receives a COVID test later that day (Day 0)	**6**	**7**	**8** *Symptoms continue*	**9** *Symptoms continue*	**10** *Symptoms continue*
11 *Symptoms continue*	**12** *Symptoms improving*	**13** *Symptoms improving*	**14** *Symptoms improving*	**15** *Day 10 from symptom onset; symptoms are improving; no fever*	**16** Day 11: Individual is eligible to return to school	**17**
18	**19**	**20**	**21**	**22**	**23**	**24**
25	**26**	**27**	**28**	**29**	**30**	**31**

HHSA — HEALTH AND HUMAN SERVICES AGENCY — COUNTY OF SAN DIEGO — LIVE WELL SAN DIEGO

COVID-19 Isolation Timelines Based on Symptom Decision Tree

SCENARIO	ISOLATION	RETURN TO SCHOOL
Scenario 1a: The individual receives a PCR COVID-19 viral test, and the result is **NEGATIVE.** Symptoms resolve.	Individual isolates for a minimum of 3 days	Individual may return to school after 3 complete days of being symptom-free (i.e. on Day 4) at the earliest.
Scenario 1b: The individual receives a PCR COVID-19 viral test, and the result is **NEGATIVE.** Symptoms persist.	Individual isolates for 10 days.	Individual is out of school for 10 complete days and can return to school on the 11th day from symptom onset.
Scenario 2a: The individual receives a PCR COVID-19 viral test, and the result is **POSITIVE.** Individual has mild to moderate disease.	Individual isolates for 10 days.	Individual is out of school for 10 complete days and can return to school on the 11th day from symptom onset.
Scenario 2b: The individual receives a PCR COVID-19 viral test, and the result is **POSITIVE.** The individual has severe or critical illness or is severely immunocompromised.	Individual may need to isolate for at least 10 days and up to 20 days.	Individual may miss up to 20 days of school if severely or critically ill. Individual's physician can determine time needed but this will not be longer than 20 days.
Scenario 3: A note from a licensed healthcare provider defines the case as **PRESUMED COVID-19 VIRUS** based on symptoms and circumstances.	Individual isolates for 10 days.	Individual is out of school for 10 complete days and can return to school on the 11th day from symptom onset.
Scenario 4: A signed note from the licensed healthcare provider (who manages the patient's chronic condition) confirms that the student or staff member's symptoms are due to an **EXISTING CHRONIC CONDITION**, and NOT due to COVID-19.	Isolate individual until a signed note from the licensed healthcare provider can be provided.	Individual may return to school immediately with the appropriate signed note.
Scenario 5: The individual does NOT receive a COVID-19 test and does NOT visit a medical professional.	Individual isolates for 10 days.	Individual is out of school for 10 complete days and can return to school on the 11th day from symptom onset.

WWW.CORONAVIRUS-SD.COM

1/8/2021