

Please feel free to share this message with your students and staff!

[View Previous Emails](#)

Stay Connected with the COVID-19 K-12 Schools Sector:

[Website](#) | [Tuesday Telebriefings](#) | [Submit Your Questions](#)

Need help connecting to resources? Email us at [COVID-Education@sdcounty.ca.gov](mailto:COVID-Education@sdcounty.ca.gov)

## SCHOOL REOPENING INFORMATION



### [State Framework for Reopening](#)

- All schools (public and private) in San Diego County shall begin the year distance learning. San Diego County is on the state's [watchlist](#). The local [Public Health Order](#) has been updated to align with this change.

### [State Guidance for Schools](#)

- Schools in counties that are not on the state's watchlist (or if their county has been off the watchlist for the past 14 days) may consider reopening and would follow the updated guidance for schools.

## SAVE THE DATE



**Reminder: K-12 Sector Telebriefing on COVID-19 in San Diego County | Tuesdays 10:00am – 11:00am ([Click here](#))**

- **Join us on July 28<sup>th</sup> to review the new guidance and answer your questions!**
- **Submit your questions ahead of time [here](#) which will be answered by public health officials and guest speakers during the call.**



**SD Nights Free Virtual Event for Youth ([click here](#))**

- **Tonight!** Friday July 24<sup>th</sup> at 5:00pm
- Join SD nights for a free online event for youth ages 10 - 18
- Schedule includes yoga, stress management and a virtual escape room!
- For more information and to register:
  - Carl McCullough | 858-966-1376 | [carl.mccullough@sdcounty.ca.gov](mailto:carl.mccullough@sdcounty.ca.gov)



**Webinar: Strategies for Educators to Support Students Impacted by COVID-19 & Racial Injustice ([click here](#))**

- July 29<sup>th</sup> at 12pm PST
- Join REL West, the Region 15 Comprehensive Center, and the National Center to Improve Social & Emotional Learning and School Safety for a free webinar and panel discussion on how school district

and site leaders can support the social and emotional needs of students as they return to school.



### Supporting Resilience in School Environments – A Live Interactive Webinar ([click here](#))

- July 30<sup>th</sup> 1-2pm PT, provided by Kaiser Permanente & Alliance for a Healthier Generation
- Resilience in School Environments (RISE) is a national initiative that provides teachers and school staff with skills and resources to support student mental health and to better tend to their own emotional needs, especially during times of uncertainty and increased stress. Join an interactive webinar to get an overview of the RISE Initiative with a focus on the tools and resources that are available at no cost, to any school or district in the country.



### COVID-19, Mental Health, and The Need for Equity Conference ([click here](#))

- September 3 – 4<sup>th</sup> from 7:00 AM – 2:00 PM PST online.
- Free and open to the public!
- Each year, the Mental Health America (MHA) Annual Conference brings together MHA affiliates, community stakeholders, peers, caregivers, providers, government officials, media and more from across the country to discuss important and emerging mental health issues

## SAFETY & SUPPORT



### COVID-19 and Teens

- More Young San Diegans Getting Sick, Hospitalized Due to COVID-19 ([click here](#))
- CDC Toolkit for Young Adults: 15 – 21 ([click here](#))
- CDC Support for Teens and Young Adults ([click here](#))
- COVID-19: Younger Adults Are at Risk Too by Johns Hopkins Medicine ([click here](#))
- [Wear a Cloth Face Covering to Protect You and Your Friends](#)
- [Help Protect Yourself and Others from COVID-19](#)
- [What Your Test Results Mean](#)
- [Slow the Spread of COVID-19](#)
- [Do it for Yourself and Your Friends](#)
- [Stay Safe at the Pool/Beach](#)



### Suicide Prevention Resource Guide for Schools 2020 ([click here](#))

- This resource guide includes local and national resources for suicide prevention and mental health pertinent to school staff (counselors, educators, administrators, etc.), parents, and students.



### COVID-19 Emergency Rental Assistance Program in the City of San Diego ([click here](#))

- The City of San Diego's COVID-19 Emergency Rental Assistance Program helps individuals and families with low income in the City of San Diego who experience financial hardship due to COVID-19. The program will provide one-time payments of up to \$4,000 per qualifying household to help pay past-due and/or upcoming rent. The San Diego Housing Commission (SDHC) administers this program on behalf of the City of San Diego.
- For more information please refer to the following:
  - [English](#)
  - [Spanish](#)



## Plasma Donations From Recovered COVID-19 Patients Are Needed ([click here](#))

- Local hospital requests for COVID-19 convalescent plasma (CCP) spiked in the last week and current inventory will not meet demand over the coming days.
- Recovered COVID-19 patients are needed to meet demand. While COVID-19 has no proven treatment, plasma taken from those who have recovered may help patients currently fighting the virus because the plasma has developed antibodies against the virus.
- Individuals can donate convalescent plasma if they have a confirmed positive laboratory test and no symptoms for the last 28 days. People who test positive with a COVID-19 antibody test can also donate.
- San Diego Blood Bank has created a form where people can submit their contact information to be qualified for convalescent plasma donation at [www.sandiegobloodbank.org/donateplasma](http://www.sandiegobloodbank.org/donateplasma).



## The County of San Diego is hiring [Certified Nurse Assistants](#) and [Licensed Vocational Nurses](#)



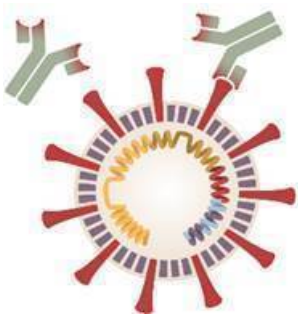
## What Do San Diegans Need to Do For the County to Get Off of the State Watchlist? ([click here](#))

- The answer is in San Diegans' hands. Local health officials continue to urge San Diegans to wear a face covering, avoid gatherings, maintain six feet distance from anyone outside their household, wash their hands thoroughly, and take other preventive measures to slow the spread of COVID-19 and prevent community outbreaks.



## New Testing Guidelines in San Diego County ([click here](#))

- As cases rise in San Diego County there is a higher demand for testing. There is also a global supply chain shortage with testing supplies. These factors are presenting delays in receiving testing results, so County of San Diego is now focusing testing efforts on individuals who are symptomatic or asymptomatic individuals who are in the following priority groups:
  - Healthcare workers, first responders, other social service employees, and people in essential jobs
  - Older adults
  - People with chronic medical conditions
  - People living in a residential or group setting, such as a long-term care facility or shelter
  - People exposed to infected individuals in places where COVID-19 risk is high



## Coronavirus Vaccine Tracker ([click here](#))

- "Researchers around the world are developing [more than 165 vaccines](#) against the coronavirus, and **27 vaccines** are in human trials. Vaccines typically require years of research and testing before reaching the clinic, but scientists are racing to produce a [safe and effective vaccine](#) by next year."

## GOOD NEWS SPOTLIGHT



## Teens Volunteer to Make an Impact ([click here](#))

- The Assisteens of Inland North County focus on volunteering to support their community and development leadership skills.

- Recently they reopened their Thrift Shop and teens will be helping with donations
- New members are welcome!
- [Website](#) | Instagram: @assisteensinlandnorthcounty

## LIVE WELL & THRIVE



### South Bay Youth 4 Change Newsletter ([click here](#))

- Checkout the amazing resources, including a [virtual summer leadership program](#) for all ages.



### Dealing with Coronavirus Anxiety: Expert Tips ([click here](#))



### [Live Well @ Home](#)

- Checkout the free resources for [elementary school](#) and [middle & high school](#) kids
- Resources include physical activity, mindfulness, social connection and education



### Explore the San Diego County eLibrary ([click here](#))

## ONGOING RESOURCES



### [WWW.CORONAVIRUS-SD.COM](http://WWW.CORONAVIRUS-SD.COM)

- [Public Health Order](#)
- [Testing in San Diego County](#)
- [Local COVID-19 Cases](#)
- [Resources and Materials](#)
- [Care For Your Mental Health](#) (English/Spanish)



### [211 San Diego](#)

- Call 2-1-1 for general questions about COVID-19 or for information about community resources.
- [2-1-1 San Diego Flyer](#) (English & Spanish)

For the latest updates text:  
COSD COVID19 to 468-311

[www.coronavirus-sd.com](http://www.coronavirus-sd.com)

