

Please feel free to share this message with your students and staff!

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## Stay Connected with the COVID-19 K-12 Schools Sector:

[Website](#) | [Tuesday Telebriefings](#) | [Submit Your Questions](#)

Need help connecting to resources? Email us at [COVID-Education@sdcounty.ca.gov](mailto:COVID-Education@sdcounty.ca.gov)

## SCHOOL REOPENING INFORMATION

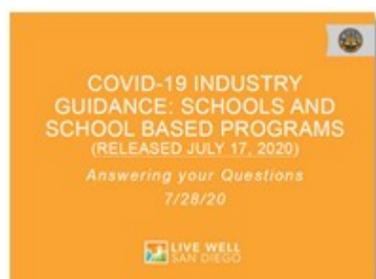


### [State Framework for Reopening](#)

- All schools (public and private) in San Diego County shall begin the year distance learning. San Diego County is on the state's [watchlist](#). The local [Public Health Order](#) has been updated to align with this change.

### [State Guidance for Schools](#)

- Schools in counties that are not on the state's watchlist (or if their county has been off the watchlist for the past 14 days) may consider reopening and would follow the updated guidance for schools.



### FAQ PowerPoint Slides from 7/28 School Telebriefing ([click here](#))

- These slides are based off of the updated CDPH Guidance that was released on July 17<sup>th</sup>. Please read the entire [official guidelines](#) before you begin your planning.
- The County of San Diego is awaiting guidance from the state for many questions including waivers for elementary schools.
- Join us on August 4<sup>th</sup> for the next k12 telebriefing (see below) for the most updated information

## SAVE THE DATE



### Reminder: K-12 Sector Telebriefing on COVID-19 in San Diego County | Tuesdays 10:00am – 11:00am ([Click here](#))

- Submit your questions ahead of time [here](#) which will be answered by public health officials and guest speakers during the call.



### Food Distribution at Palomar College Saturday August 1<sup>st</sup>

- Info in [English](#) & [Spanish](#)
- This SATURDAY, August 1st at Palomar College (San Marcos) serving food to 600 families! No questions asked, open to the public!

- For more food resources call 2-1-1



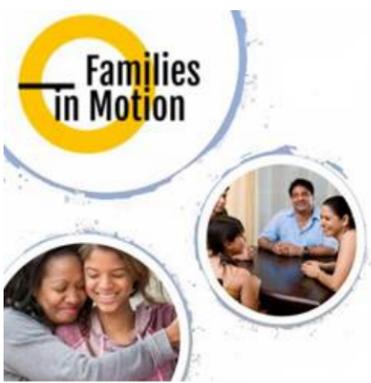
### Healthy Relationships 101 Summer Program for Youth ([click here](#))

- August 5-7 (Wed, Thu, & Fri) @12-1pm
- Register by August 2<sup>nd</sup>
- [Click here](#) for the flyer
- Join Community Resource Center for a three-session virtual training that will cover a variety of topics surrounding healthy relationships and teen advocacy. Students will receive a certificate of completion after participating in all three webinars. This training is intended for high school students. The training is free of cost and is limited to 20 students.



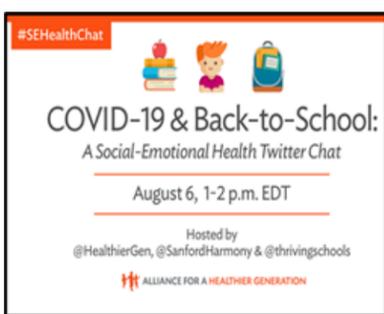
### Webinar: Addressing Challenges for Youth Experiencing Homelessness During COVID ([click here](#))

- Thursday August 6 at 10:00am PT
- This webinar will explore those challenges and provide discussions on topics including considerations for youth experiencing homelessness during the pandemic and racial justice movement, connectivity to health care, and school re-entry and access
- The School-Based Health Alliance and National Health Care for the Homeless Council have invited SchoolHouse Connection to share their knowledge and facilitate discussions on promising practices for addressing and supporting youth through these challenging times



### Virtual Forum for Families ([click here](#))

- Register for “Families in Motion,” a virtual program designed to help educate teens and their parents on issue confronting teenagers today, such as COVID-19, the dangers of social media, and the prevention of human trafficking, drugs, and gangs. The virtual program will be on **August 4, 11, 18 and 25** through MS Teams.
- For details, contact Community Partnership Prosecutors Marissa Bejarano at [Marissa.Bejarano@sdcca.org](mailto:Marissa.Bejarano@sdcca.org) or Cheryl Sueing-Jones at [Cheryl.Sueing-jones@sdcca.org](mailto:Cheryl.Sueing-jones@sdcca.org).



### Social-Emotional Health Twitter Chat ([click here](#))

- On August 6, Healthier Generation invites you to join us, alongside national experts, as we host [a live conversation on Twitter](#) about prioritizing social-emotional health of students and staff in the new school year. Search the hashtag [#SEHealthChat at 1 p.m. EDT \(10am PST\)](#) to join the conversation as we discuss ways to meet children's comprehensive health needs, whether kids are learning at school, at home, or a combination of both.



### A Path Forward Virtual Event

- August 20<sup>th</sup> | 7:00pm – 8:15pm | [Flyer](#)
- The National Conflict Resolution Center (NCRC) invites you to join the conversation with leading scholars and #1 Best Sellers, Robin DiAngelo (White Fragility) and Ibram X. Kendi (How to Be An Anti-Racist), facilitated by Pulitzer Prize-winning journalist Wesley Lowery, as we address the question: How do we talk about race in a way that unites and strengthens us as a community?



## COVID-19 and Teens

- More Young San Diegans Getting Sick, Hospitalized Due to COVID-19 ([click here](#))
- CDC Toolkit for Young Adults: 15 – 21 ([click here](#))
- CDC Support for Teens and Young Adults ([click here](#))
- COVID-19: Younger Adults Are at Risk Too by Johns Hopkins Medicine ([click here](#))
- [Wear a Cloth Face Covering to Protect You and Your Friends](#)
- [Help Protect Yourself and Others from COVID-19](#)
- [What Your Test Results Mean](#)
- [Slow the Spread of COVID-19](#)
- [Do it for Yourself and Your Friends](#)
- [Stay Safe at the Pool/Beach](#)



## Call for Entries from Teens ([click here](#))

- The San Diego Union-Tribune is challenging teens and adults in the community to develop creative public service announcements to help promote ways to stop the spread of coronavirus. The competition is called "Stop the Spread," it is a call for entries in the categories of print or a social media video that talks about following health guidelines, which include washing your hands, wearing a mask, self-isolation and/or practicing social distancing. There is a \$2500 cash prize for the winner.
- Information credit: La Voz San Diego



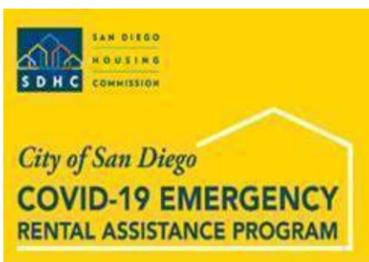
## California is now the state with the most number of cases of COVID-19 ([click here](#))

- Learn about each state's statistics with the CDC COVID Tracker
- For more information about what's happening in California, and the latest guidance, please visit: <https://covid19.ca.gov/>



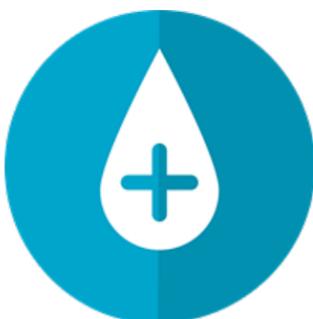
## Suicide Prevention Resource Guide for Schools 2020 ([click here](#))

- This resource guide includes local and national resources for suicide prevention and mental health pertinent to school staff (counselors, educators, administrators, etc.), parents, and students.



## COVID-19 Emergency Rental Assistance Program in the City of San Diego ([click here](#))

- The City of San Diego's COVID-19 Emergency Rental Assistance Program helps individuals and families with low income in the City of San Diego who experience financial hardship due to COVID-19. The program will provide one-time payments of up to \$4,000 per qualifying household to help pay past-due and/or upcoming rent. The San Diego Housing Commission (SDHC) administers this program on behalf of the City of San Diego.
- For more information please refer to the following:
  - [English](#)
  - [Spanish](#)



## Plasma Donations From Recovered COVID-19 Patients Are Needed ([click here](#))

- Local hospital requests for COVID-19 convalescent plasma (CCP) spiked in the last week and current inventory will not meet demand over the coming days.
- Recovered COVID-19 patients are needed to meet demand. While COVID-19 has no proven treatment, plasma taken from those who have recovered may help patients currently fighting the virus because the plasma has developed antibodies against the virus.
- Individuals can donate convalescent plasma if they have a confirmed positive laboratory test and no symptoms for the last 28 days. People who test positive with a COVID-19 antibody test can also donate.

- San Diego Blood Bank has created a form where people can submit their contact information to be qualified for convalescent plasma donation at [www.sandiegobloodbank.org/donateplasma](http://www.sandiegobloodbank.org/donateplasma).



### What Do San Diegans Need to Do For the County to Get Off of the State Watchlist? ([click here](#))

- The answer is in San Diegans' hands. Local health officials continue to urge San Diegans to wear a face covering, avoid gatherings, maintain six feet distance from anyone outside their household, wash their hands thoroughly, and take other preventive measures to slow the spread of COVID-19 and prevent community outbreaks.



### New Testing Guidelines in San Diego County ([click here](#))

- As cases rise in San Diego County there is a higher demand for testing. There is also a global supply chain shortage with testing supplies. These factors are presenting delays in receiving testing results, so County of San Diego is now focusing testing efforts on individuals who are symptomatic or asymptomatic individuals who are in the following priority groups:
  - Healthcare workers, first responders, other social service employees, and people in essential jobs
  - Older adults
  - People with chronic medical conditions
  - People living in a residential or group setting, such as a long-term care facility or shelter
  - People exposed to infected individuals in places where COVID-19 risk is high

## LIVE WELL & THRIVE



### Free Natural Science Distance Learning Resources For Kids ([click here](#))

- The San Diego River Park Foundation has created free nature science activities, videos, story times, and worksheets for kids
- **Some resources are available in Arabic and Spanish**



### Teen Talk App – Support for Teens by Teens ([click here](#))



### Audible Offers Free Audiobooks For Kids! ([click here](#))



### San Diego Zoo - Live cams and videos of your favorite animals ([click here](#))

## ONGOING RESOURCES



## [WWW.CORONAVIRUS-SD.COM](http://WWW.CORONAVIRUS-SD.COM)

- [Public Health Order](#)
- [Testing in San Diego County](#)
- [Local COVID-19 Cases](#)
- [Resources and Materials](#)
- [Care For Your Mental Health](#) (English/Spanish)



## [211 San Diego](#)

- Call **2-1-1** for general questions about COVID-19 or for information about community resources.
- [2-1-1 San Diego Flyer](#) (English & Spanish)



For the latest updates text:  
**COSD COVID19 to 468-311**

[www.coronavirus-sd.com](http://www.coronavirus-sd.com)

