The World Health Organization (WHO) and Centers for Disease Control and Prevention (CDC) recommend the use of a face covering. The State of California and County of San Diego require the use of a face covering in most places outside the home with certain exceptions, such as children under two years of age or those with a medical condition.

**WHAT YOU NEED TO KNOW**

1. **The Virus That Causes COVID-19 Spreads Easily Between People.**
   According to the CDC, COVID-19 is more contagious than the flu.

2. **Protect Those Around You by Wearing a Face Covering.**
   You can spread the virus before you develop COVID-19 symptoms and even if you never develop symptoms (asymptomatic). Face coverings prevent viral spread.

3. **Do Your Part. Together, We Can Reopen Responsibly.**
   Emerging data suggests that the more people who wear a facial covering, the more we can slow the spread of COVID-19.

**IT IS IMPORTANT TO NOTE THAT MORE ROBUST N-95 RESPIRATORS AND SURGICAL MASKS SHOULD BE RESERVED FOR HEALTH CARE WORKERS.**

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