UPDATE!

An additional primary dose of the Pfizer COVID-19 vaccine is now recommended for some immunocompromised children ages 5-11.

For more information on COVID-19 vaccines, visit:
Coronavirus-SD.com/vaccines

LIVE WELL SAN DIEGO

Find a COVID-19 Vaccination Site

1 Contact your health care provider to schedule an appointment.

2 If you don't have a health care provider, go to the County of San Diego's COVID-19 webpage to find a vaccination site near you.

3 If you need assistance scheduling an appointment or finding a vaccination site, call 2-1-1.

For more information on COVID-19 vaccines, visit:
Coronavirus-SD.com/vaccines

LIVE WELL
SAN DIEGO

Additional Information Regarding COVID-19 Vaccine Eligibility

✓ Children ages **5+** are eligible to receive a COVID-19 vaccine at no cost.

✓ Youth ages 12-17 should only receive a **booster dose** of the **Pfizer COVID-19 vaccine.**

✓ **Parental consent** is required for all eligible minors to be vaccinated.

For more information on COVID-19 vaccines, visit:
Coronavirus-SD.com/vaccines

LIVE WELL
SAN DIEGO

Tips to Ease Nerves in Children During Vaccination

Distract

- Bring a coloring book or other toys for the child to play with.
- Interact warmly with the child throughout the appointment.

Comfort

- Remain calm and stay positive.
- Be supportive of anyone who feels emotional while receiving the vaccine – don't force them to "be brave".
- Provide positive reinforcement – tell them they did something good by protecting themselves and those around them.

Educate

- Offer information on how to manage pain and side effects.
- Inform children or their parents that they may experience mild side effects that should go away within a few days. This is a normal sign that their body is building immunity.

For more information, visit:
cdph.ca.gov

LIVE WELL
SAN DIEGO