

Understanding Your COVID-19 Test Results

+ If Positive:



Stay home. Isolate for at least 5 days. Stay home longer than 5 days and re-test if you still show symptoms. Take safety measures to:

- Stay in a specific room
- Use a separate bathroom
- Stay away from other people in your home.



Contact your healthcare provider, as soon as possible, if you are at higher risk of getting sick, your symptoms are not improving or getting worse, and/or you have questions about your isolation.



Tell your close contacts that they may have been exposed to COVID-19, even if they were wearing a mask around you.



All persons should wear a well-fitted mask, around others, who are not household members. If available, a N95, or KN95 respirator is recommended.



Watch for symptoms. If you have any emergency warning signs, seek emergency care immediately.

- Trouble breathing
- Persistent pain or pressure in the chest
- New onset confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

**This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.*

- If Negative:

If your test is negative, the test did not detect the virus, but doesn't rule out an infection. If you are experiencing COVID-19 symptoms, consider repeating the test 24 to 48 hours later.

