Your Guide to Face Coverings
Stay Protected Against COVID-19

Why should I wear a mask?
Masks are a key safety measure to reduce transmission and save lives. Masks should be used as part of an overall approach to reduce the COVID-19 spread, including vaccination, washing your hands, watching your distance, and covering coughs and sneezes.¹,²,³

Who should wear a mask, when, and where? ¹

- People 2 years of age and older;
- Any time you are traveling on a plane, bus, train, or other form of public transportation;
- Indoor settings;
- Inside your home if someone you live with is sick with symptoms of COVID-19 or has tested positive for COVID-19.⁴

Masks should not be worn by: ⁵,⁶

- Children under 2 years old;
- Persons with a medical/mental health condition and/or disabilities that prevent the user from wearing a mask;
- A person for whom wearing a mask would create a risk to workplace health, safety, or job duty as determined by local, state, or federal regulations.

When choosing a mask, look for: ⁷,⁸

- Two or more layers of washable, breathable fabric
- A mask that completely covers the nose and mouth
- A nose wire to prevent air from leaking out
- No gaps between the mask and face and no valves

Learn more at Coronavirus-SD.com

Revised January 19, 2022
Face Covering
Infographic References


Revised January 19, 2022