JUNE 27TH IS NATIONAL HIV TESTING DAY

As part of HIV Testing Week (June 20 – June 27)

#StopHIVTogether #HIVTestingDay
Self-care has been a particularly important topic during the COVID-19 pandemic as the need for individual and community actions to promote physical and mental health remain critical.

The red ribbon is the universal symbol of awareness and support for people living with HIV.

Why is HIV testing an act of self-care?
- Take the test to know your status
- Learn about your status to engage in prevention or treatment services
- Enable you and others, regardless of status, to live a long and healthy life

To find an HIV testing location near you, visit: https://bit.ly/3y0HTzR
Partner Testing Sites Available on National HIV Testing Day

- **North San Diego: The Fellowship Center**
  (3:00 PM - 4:00 PM)
  737 E. Grand Avenue, Escondido, CA 92025

- **Central San Diego: LGBT Community Center**
  (11:00 AM - 3:00 PM)
  3939 Centre St. San Diego, CA 92103

- **South San Diego: Our Place** (9:00 AM - 4:00 PM)
  286 Euclid Avenue, Suite 309, San Diego, CA 92114

- **South San Diego: Wallgreens** (9:00 AM – 4:00 PM)
  1111 3rd Ave. Chula Vista, CA 91911

For more information on HIV/STD testing and clinical services call (619) 292-4700 or leave an email at: https://bit.ly/3HV8tit
Everyday Tips to #BeCOVIDSafeSD

- Get your COVID-19 and flu vaccines. If you're fully vaccinated, remain up to date by getting your boosters, if eligible.
- Wash your hands with soap and water for at least 20 seconds.
- Wear a well-fitted mask over your nose and mouth.
- Avoid crowds and poorly ventilated indoor spaces.
- Stay 6 feet apart from others who are sick and people outside of your home.
- Consider using a COVID-19 self-test before joining indoor gatherings with others who are not in your household.
  - If you test positive, isolate and wear a well-fitting mask if you must be around others.
- Get tested if you are experiencing symptoms to prevent the spread of infection to others.

For more information on COVID-19, visit: Coronavirus-SD.com