

JUNE 27TH IS NATIONAL HIV TESTING DAY

As part of HIV Testing Week
(June 20 – June 27)



#StopHIVTogether #HIVTestingDay

2022 National HIV Testing Day (NHTD) Theme: Self Care

- **Self-care has been a particularly important topic during the COVID-19 pandemic as the need for individual and community actions to promote physical and mental health remain critical.**
- **The red ribbon is the universal symbol of awareness and support for people living with HIV.**
- **Why is HIV testing an act of self-care?**
 - **Take the test to know your status**
 - **Learn about your status to engage in prevention or treatment services**
 - **Enable you and others, regardless of status, to live a long and healthy life**

To find an HIV testing location near you, visit:

<https://bit.ly/3y0HTzR>



Partner Testing Sites Available on National HIV Testing Day

- **North San Diego: The Fellowship Center
(3:00 PM - 4:00 PM)**

737 E. Grand Avenue, Escondido, CA 92025

- **Central San Diego: LGBT Community Center
(11:00 AM - 3:00 PM)**

3939 Centre St. San Diego, CA 92103

- **South San Diego: Our Place (9:00 AM - 4:00 PM)**

286 Euclid Avenue, Suite 309, San Diego, CA 92114

- **South San Diego: Walgreens (9:00 AM - 4:00 PM)**

1111 3rd Ave. Chula Vista, CA 91911

For more information on HIV/STD testing and clinical
services call **(619) 292-4700** or leave an email at:

<https://bit.ly/3HV8tit>



Everyday Tips to #BeCOVIDSafeSD

- **Get your COVID-19 and flu vaccines. If you're fully vaccinated, remain up to date by getting your boosters, if eligible.**
- **Wash your hands with soap and water for at least 20 seconds.**
- **Wear a well-fitted mask over your nose and mouth.**
- **Avoid crowds and poorly ventilated indoor spaces.**
- **Stay 6 feet apart from others who are sick and people outside of your home.**
- **Consider using a COVID-19 self-test before joining indoor gatherings with others who are not in your household.**
 - **If you test positive, isolate and wear a well-fitting mask if you must be around others.**
- **Get tested if you are experiencing symptoms to prevent the spread of infection to others.**

For more information on COVID-19, visit:

[Coronavirus-SD.com](https://www.coronavirus-sd.com)

