

# How to Test Your Student for COVID-19

Help slow the spread of COVID-19. **ALL STUDENTS SHOULD BE TESTED** as they return to school, to check for asymptomatic or presymptomatic infections.

## Step 1: Get your testing materials (from your school or district)

- A box of at-home COVID-19 rapid antigen tests (1 box= 2 tests)

## Step 2: TEST prior to return to school or when you receive the test

- All students should test before returning to school, even if they don't feel sick at the time.
- If your student is sick with symptoms (like cough and fever), **STAY HOME** and use your test to see if it is COVID-19.
- If your student has been exposed to someone with COVID-19, **STAY HOME** and use your test five to seven days after the exposure.

## Step 3: SHARE your test results

- Digital reporting is optional. However, for positive results, please notify your school at least.
- If your student is very sick: call 911, visit an emergency room, or call your doctor.
- **SHARE** your test results via the Primary.Health link sent by your school, or (if you did not receive a school link) the Primary.Health website at <https://my.primary.health/l/caschools>, or by scanning the QRcode below with your smartphone.

## Step 4: UNDERSTAND your test results

### Negative test?

- If your student feels well and has no [COVID-19 symptoms](#), return to school.
- If your student has SYMPTOMS or has been in contact with someone with COVID-19, please call your school before they return – even if the test is negative. More testing may be needed.

**Positive test?** Keep your student home from school and contact your doctor and your school right away. Refer to the [COVID-19 Decision Tree for K-12 Schools](#) for further guidance.

**Unclear test result?** Retest at school or at a local testing site.

**Any symptoms? Known exposure?** If your student has **ANY** [COVID-19 symptoms](#) and/or you know they were exposed, **CALL THE SCHOOL** before they return.

For more information on COVID-19, please visit:  
**coronavirus-sd.com**



SCAN the QR code to share the results with the County of San Diego.

