When to get tested for COVID-19

Have COVID-19 symptoms?



- Fever
- Cough
- Difficulty breathing
- Fatigue

COVID-19 symptoms may include:

- Loss of taste or smell
- Body aches
- Runny nose
- Sore throat

- Nausea
- Vomiting
- Diarrhea

Test right away. If your first test is negative, test again 1-2 days later.

Exposed to COVID-19?

If exposed to and do not have symptoms, follow the recommended actions below:



- Wear a well-fitted face covering for a total of 10 days after exposure, especially in indoor settings and when near those at higher risk for severe COVID-19.
- Monitor your health for COVID-19 symptoms through day 10.

Take a COVID-19 test (via self-test kit or healthcare provider) 5 days after last exposure.

Visiting someone at risk?

Those at risk for severe illness may include:



- Older Adults
- People who are immunocompromised
- People who are not up to date on their COVID-19 vaccines
- Children who cannot get vaccinated yet

Consider getting tested before you visit.

Traveling?

Consider getting tested if you:



- Develop COVID-19 symptoms before, during, or after travel.
- Traveling to visit someone at higher risk of getting very sick from COVID-19.
- Are at a greater risk of exposure during travel, such as being in a crowded airport terminal while not wearing a mask.





For more information on COVID-19 testing, please visit:



