

Degmada San Diego

Hagaha Dabaalgeda Thanksgiving inta lagu jiroFaafida COVID-19

Si loo yareeyo faafida COVID-19 loo xaqijiyo in qoysaskubadqabaan inta lagu jiro Dabaaldega fasaxa Thanksgiving, Degmada San Diego waxay bixinaysaa hagid oo loogu talogalay waxqabayada ugu badan ee la sameeyo:

Waxqabadyada Thanksgiving

Lagu taliyey

- Munaasabadaha kala fog ee lalamsameeyo qoyska iyo assxaabta, sida casho Thanksgiving oo sheeda ah, wadaaga habka cunto sameynta, digaagad duur oo sheeda ah, ama cayaar qadka oo toos ah.
- Munaasabad teleefishika laga siidaayey ama qulqlulato toos oo guriga ah ay ku jiraan xubnaha reerkaaga.
- Beeraha banaanka, suuqyada cuntada, iyo farshaxanka carwooyinka halkaasoo **hagaha gobolka** laga raacaayo oo dadku isticmaalaan jeermisdile, xiranayaan weji daboole, oo ay xoojinayaan kala fogaansho ilaa 6 dhudhun u jirta dadka kale.
- Qaado talaalka hargabkasi aad isuga hortagto una yareyo caqabadaha kaaga imanaya fayraska hargabka ama COVID-19.

Aan Lagu talinin

- Xarumo kasta loogu talogalay Xakameynta iyo Kahortaga Cudurada (CDC) tixgelinta socdaalka, socdaalka waxa uu kordhiyaa fursada uu COVID-19 ku kordhayo kuna faafayo. Gurigoo la joogo ayaa ah sida ugu wanaagsan aad uga hortagi karto naftaada iyo dadka kale.
- Ka qeybgalka shaqsi ahaan munaasabadaha isboortiyada, dhoolatuska, iyo filimada halkaasoo in ka badan 3 reer xaadir ku yihiin.
- Shaqsi ahaan Black Friday ama adeegashada munaasabadaha kale halkaasoo ay jiri karaan isu imaatin weynoo shaqsiyaal ah.

Lama Oggola

- Waax kasta ee hagaha (CDPH) Caafimaadka Dadweynaha California, munaasabadaha shaqsiga ah ama xafladaha in ka badan 3 reer lama oggola, xittaa haddii ay sameeyaan banaanka. Xusuusnow, intey tirada dadku yar yihiin, oo isu imaatinku gaaban yahay ayey badbaadadu badan tahay.
- Meeriajanada, dabaaldega iyo baashaalka tooska ah lama oggola sababtoo ah isdhexgalka aadka isugu dhow wuxuu siyaadiyaa halista caabuqa.
- Shaqsi ahaa digaagad duureedka ama munaasabadaha la midka ah lama ogola sida ay uga baahan yihiin kasoo qeybgalayaasha ku socod maraya ama ordaya dhowaansho dhow, wayna adag tahay in la adkeeyo kala fogaanshahajireed.

Si kaloo Ka badbaado roon

Waxqabadyada dhaqanka Thanksgiving oo badan ayaa wuxuu noqon karaa halista faafida fayraska oo sarreysa. Waxaa jira siyaabo kale oo ka badbaado roon oo lagu dabaaldego waxayna isugu jiraan sidansoo socota:

- Ku dir casho sheeda laga xiriirayo toos wicitaan fiidiyow ama fiidiyow la wadaagayo, dirista casho Thanksgiving horey loo sameeyey ama maadooyinka toos qadka onlaynka adeegyo raashiin gaarsiin oo si wadajir ah ugu cuna sheeda
- Qadka toos uga adeego bedelkii shaqsi ahaan Black Friday heshiis ahaan laheyd.
- Ku deeq cunto sadaqooyinka bakhaaradda gaariga adigoo saaran laguugu adeego, ama toos qadka lacag ururinta kaydka bankiga cuntada.
- U dabaaldeg Green Friday adigoo booqanaya beerta nasiinyada xaafada ama ilaalinaya waxqabadyada qoysaska asxaabada isu ah.
- Booqo badeecadaada beerta laga soo saaray oo raaceysa Waaxda California ee Hagida Cuntada iyo beeraha.

Tallaabooyinka Kahortaga Shaqsiyanka ah

Si kasta aad ugu dabaaldegeyso, fadlan sii wad inaad raacd amarka Caafimaadka Dadweynaha Degmada San Diego, Waaxda Hagaha CDPH California ee Hagaha Caafimaadka Dadweynaha, iyo Hagaha Thanksgiving CDC. Si loo badbaado inta lagu jiro xilliga fasaxa Thanksgiving 2020, fadlan xusuusnow inaad:

- Dhaqdo ama jeermistirto gacmahaaga badanaa, oo si joogto ah u nadiifi walxaha la taabto markasta.
- Ka fogow isu dhowaansha ka joog ugu yaraan 6 dhudhun in u jirta dadka kale oo aan qeyb ka ahew qoyskaaga.
- Ka fogow meelaha guddaha ah oo aan kuu oggolaaneen kala fogaansho fudud oo ugu yaraan dhan 6 dhudhun oo u dhhexeysa adiga iyo dadka kale oo raac hagaha gobolka ee isu imaan shaha meel gudaha ah ugu yaraan ilaa 3 reeroood.
- Si sax ah u xiro weji daboolmunaasab ah oo daboolaya afkaaga iyo sinkaaga markaad joogto meel banaanka ka ah gurigaaga dad kale joogaan oo aan reerkaaga ahayn.
- Gurigaaga joog oo dadka kale ka fogow haddaad xanuunsan tahay, aad qabto callaamadaha COVID-19, ama aad la xiriirtay qof la jiran ama qaba calaamadaha COVID-19.
- Raac tilmaamaha haddii laguugu taliyo inaad isgo'doomiso ama aad iskarantiisho.



La casriyeeyey 11-18-2020

Wixii su'aaloah, fadlan la xiriir SafeReopeningComplianceTeam@sdcounty.ca.gov.

www.coronavirus-sd.com

