Self Made Training Facility  
4030 Sports Arena Blvd  
San Diego, CA 92110  
Matt Pallardy

Re: CEASE AND DESIST HEALTH ORDER VIOLATIONS

Pursuant to the Order of the California Public Health Officer issued on August 28, 2020, and as incorporated by the Health Officer Order and Emergency Regulations in effect throughout San Diego County, Fitness Facilities may operate in compliance with applicable industry guidance. COVID-19 Industry Guidance: Fitness Facilities, published by the California Department of Public Health and CalOSHA, states Fitness Facilities may not operate indoors based on the County’s current Tier 1 status.

It has been documented that indoor operations and no face coverings by patrons and employees is occurring at 4030 Sports Arena Blvd, San Diego in violation of the Order of the State Health Officer and the County Order of the Health Officer and Emergency Regulations.

I appreciate the impact these restrictions have on your business. However, as the responsible party for your facility, it is your duty to ensure that the Orders’ are complied with. If you do not comply, we will take actions necessary to enforce the Orders. Failure to comply may result in criminal misdemeanor citations with a $1,000 fine for each violation.

Wilma J. Wooten, M.D., M.P.H  
Public Health Officer  
County of San Diego

Date: November 16, 2020  
By:  
Brent Panas  
Safe Compliance Reopening Team

cc: City of San Diego  
Wilma J. Wooten, M.D., M.P.H.