KNOW WHAT TO EXPECT

After Your COVID-19 Vaccination

COVID-19 vaccinations will help protect you from getting COVID-19. You may have some side effects, which are normal signs that your body is building protection. These side effects may feel like the flu and may temporarily impact your ability to perform day-to-day activities, but side effects should go away in a few days.

Common Side Effects

On the arm where you get the vaccine:
• Pain
• Swelling

Throughout the rest of your body:
• Fever
• Tiredness
• Chills
• Headache

Helpful Tips

In most cases, discomfort from fever or pain is normal. If you experience discomfort, talk to your doctor about taking an over-the-counter medicine, such as acetaminophen or ibuprofen.

To reduce discomfort where you got the shot:
• Apply a clean, cool, wet washcloth over the area.
• Use or exercise your arm.

To reduce discomfort from fever:
• Drink plenty of fluids.
• Dress lightly.

Contact Your Doctor

• If redness or tenderness where you got the shot increases after 24 hours.
• If your side effects are worrying you or do not seem to be going away after a few days.

If you get a COVID-19 vaccine and you think you might be having a severe allergic reaction after leaving the vaccination site, seek immediate medical care by calling 911.
Learn more at www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/allergic-reaction.html

For more information on COVID-19 vaccines, please visit: coronavirus-sd.com/vaccine