Hepatitis A Viral Infection

Hepatitis A is a highly contagious liver infection caused by the hepatitis A virus.

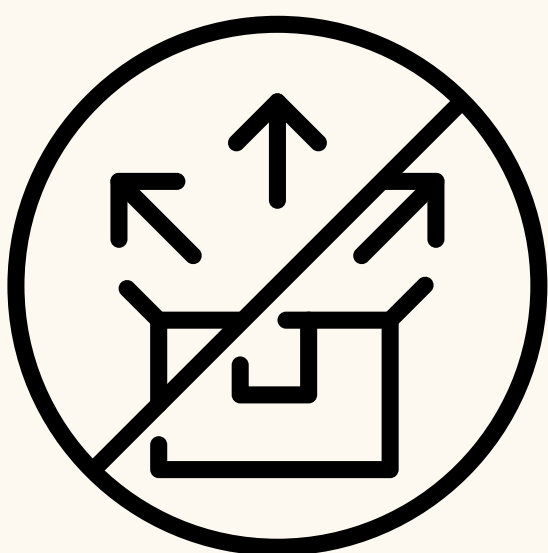# How to Prevent Hepatitis A:

Vaccination is the best way to prevent Hepatitis A. Getting 2 shots 6 months apart provides the best protection.

Individuals can make an appointment to get the hepatitis A vaccine by contacting their healthcare provider, or by calling 2-1-1 if they do not have a healthcare provider.

Practice good personal hygiene.

Wash your hands with soap and water for at least 20 seconds after using the bathroom, changing diapers, and before preparing or eating food.

Don't share food, drinks, or personal items with others.

For more information, visit: www.sandiegocounty.gov/hepa

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COUNTY OF SAN DIEGO
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