

If You Are

Sick with Human Monkeypox (MPOX)



COUNTY OF SAN DIEGO
HHSA
HEALTH AND HUMAN SERVICES AGENCY


LIVE WELL
SAN DIEGO



Isolate



- Take care of yourself and manage your symptoms.
- Self-isolate at home, including from pets.
- Unless it is necessary to see a healthcare provider.
- Avoid sharing household items.
- Wear a mask and cover any rash/lesions if in close contact with other household members.



Contact



- Contact your healthcare provider to get tested if you have any rash/lesions.
- Call 2-1-1 or 7-1-1 (hearing impaired), if you do not have a healthcare provider or for more information.



Get Treatment



- Get treatment if needed. The U.S. Food and Drug Administration (FDA) has approved Tecovirimat (TPOXX or ST-246) as a treatment for monkeypox. Speak to your healthcare provider for more information.



Inform Close Contacts



- Let partner(s) and close contacts know you are having symptoms.
- Visit www.TellYourPartner.org to make an anonymous partner notification.



BE AWARE. KNOW THE SIGNS. LOWER YOUR RISK.

For updates, text **COSD MONKEYPOX** to **468-311**.

For resources, visit:

SanDiegoCounty.gov/monkeypoxSD

