

# KNOW THE SIGNS OF HUMAN MONKEYPOX (MPOX)



**Rashes or  
sores**



**Swollen lymph  
nodes**



**Headache**



**Fever/chills**



**Muscle or  
back aches**

Early signs of MPOX may include swollen lymph nodes, headache, and fever/chills. Other symptoms may include muscle or backaches, exhaustion, followed by a rash that typically begins on the face and spreads to other parts of the body.



# KNOW THE SIGNS OF HUMAN MONKEYPOX (MPOX)

**Rashes, bumps, or blisters may  
appear in different forms.**



**If you have an MPOX-like rash and would like to get tested, or have health concerns, please contact your healthcare provider.**

**If you do not have a healthcare provider or would like more information, call [2-1-1 San Diego](tel:211).**

