Human Monkeypox

MPOX

BE AWARE AND KNOW THE SIGNS TO PROTECT YOURSELF AND OTHERS









How It Spreads



Direct contact with MPOX rash, scabs, or body fluids.



Kissing, hugging, and cuddling.



Contact with objects/fabrics that touched infectious rash, scabs, or body fluids.

MPOX can be spread from the time symptoms start until the rash has healed, all scabs have fallen off, and a fresh layer of skin has formed.

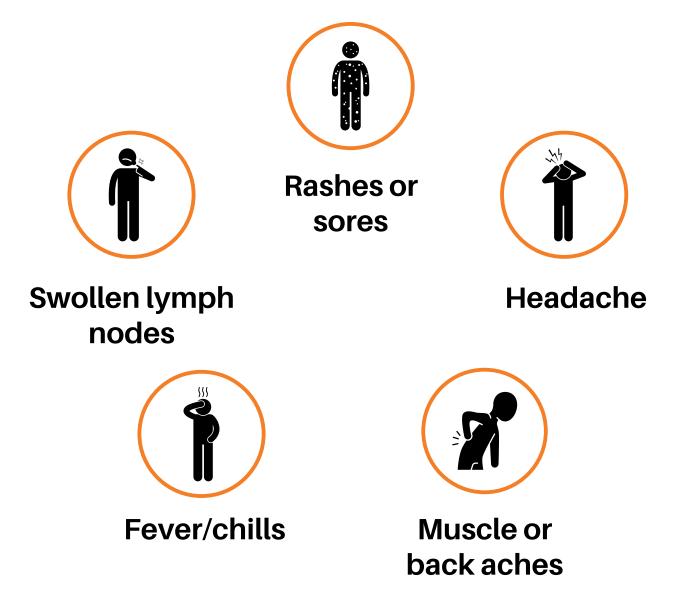








Signs and Symptoms



The time from infection to symptoms is typically 7 to 14 days but can range from 5 to 21 days. Illness typically lasts 2 to 4 weeks. People who do not have symptoms cannot spread the virus to others









BE AWARE. KNOW THE SIGNS. LOWER YOUR RISK.

For updates, text COSD MONKEYPOX to 468-311.

For resources, visit:

SanDiegoCounty.gov/monkeypoxSD







