

# KNOW THE SIGNS OF MPOX

Early signs of Mpox may include swollen lymph nodes, headache, and fever/chills. Other symptoms may include muscle or backaches, exhaustion, followed by a rash that typically begins on the face and spreads to other parts of the body.



Rashes or sores



Swollen lymph nodes



Headache



Fever/chills



Muscle or backaches



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Rashes, bumps, or blisters may appear in different forms.



If you have a Mpox-like rash and would like to get tested, or have health concerns, please contact your healthcare provider.

If you do not have a healthcare provider or would like more information, call **2-1-1 San Diego**.