



County of San Diego Monthly STD Report

Volume 8, Issue 12: Data through August 2016; Report released December 30, 2016.



Table 1. STDs Reported Among County of San Diego Residents, by Month and Previous 12 Months Combined.

	2015		2016	
	Aug	Previous 12-Month Period*	Aug	Previous 12-Month Period*
Chlamydia	1521	16097	1682	18844
Female age 18-25	631	6470	636	7426
Female age ≤ 17	57	727	80	796
Male rectal chlamydia	63	522	37	611
Gonorrhea	356	3452	479	4660
Female age 18-25	44	476	61	608
Female age ≤ 17	6	61	14	105
Male rectal gonorrhea	52	456	61	623
Early Syphilis (adult total)	58	814	85	901
Primary	8	162	13	172
Secondary	21	304	26	323
Early latent	29	348	46	406
Congenital syphilis	0	6	3	11
HIV Infection†				
HIV (not AIDS)	44	459	46	525
AIDS	18	254	16	196

* Cumulative case count of the previous 12 months.

† New diagnoses are reported either as HIV, or if an individual was also diagnosed with AIDS within one month, as AIDS.

Table 2. Selected STD Cases and Annualized Rates per 100,000 Population for San Diego County by Age and Race/Ethnicity, Year to Date.

	All Races*		Asian/PI		Black		Hispanic		White	
	cases	rate	cases	rate	cases	rate	cases	rate	cases	rate
<i>All ages</i>										
Chlamydia	12635	610.2	64	25.7	239	259.4	821	114.1	527	52.1
Gonorrhea	3311	159.9	52	20.9	331	359.2	740	102.9	692	68.5
Early Syphilis	640	30.9	23	9.3	65	70.5	237	32.9	255	25.2
<i>Under 20 yrs</i>										
Chlamydia	2029	378.4	6	10.1	32	132.8	134	52.8	47	23.6
Gonorrhea	282	52.6	4	6.7	35	145.2	83	32.7	29	14.6
Early Syphilis	23	4.3	2	3.4	1	4.1	15	5.9	5	2.5

Note: Rates calculated using 2015 SANDAG population estimates.

* Includes cases designated as "other," "unknown," or missing race/ethnicity.

Figure 1. Chlamydia and Gonorrhea Reported Among County of San Diego Residents, by 3-Month Period.

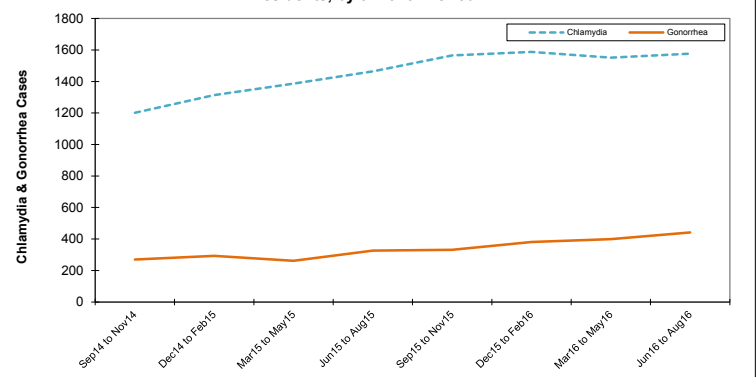
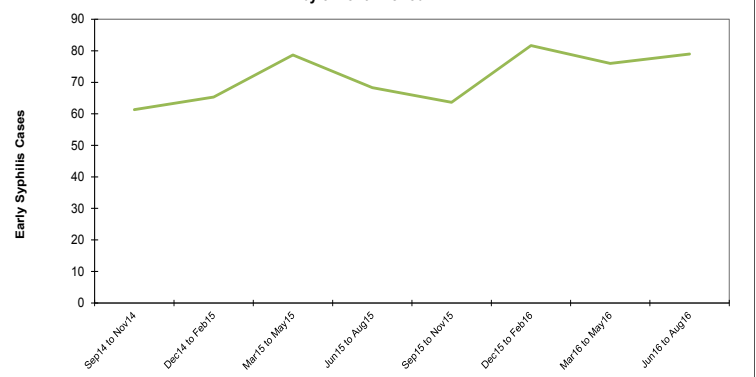


Figure 2. Early Syphilis Reported Among County of San Diego Residents, by 3-Month Period.



Note: All data are provisional. Case counts are based on the earliest of date of diagnosis, date of specimen collection, and treatment date. Totals for past months might change because of delays in reporting from labs and providers.

Editorial Note: County of San Diego STD Clinic HIV Post-Exposure Prophylaxis Program

The County of San Diego STD clinics now offer non-occupational post-exposure prophylaxis (nPEP) for HIV to clients who are uninsured and/or meet criteria for pharmaceutical patient assistance programs. This program is part of the County's [Getting to Zero](#) initiative to end the HIV epidemic and to increase public access to this important intervention.

STD clinic providers screen all clients who report recent *non-occupational* exposure to HIV for nPEP eligibility and make recommendations regarding whether nPEP is indicated and, if so, what medications should be taken, based on guidelines released by the Centers for Disease Control and Prevention (CDC) and the U.S. Department of Health and Human Services (DHHS) in 2016^[1]. STD testing, baseline safety monitoring tests, and Stat (when possible) fourth-generation combination antigen/antibody HIV testing are performed, and eligible clients are prescribed a 28-day course of tenofovir disoproxil fumarate/emtricitabine (Truvada®) plus either raltegravir (Isentress®) or dolutegravir (Tivicay®). Clinic support staff members enroll clients in patient assistance programs through [Gilead](#) (for Truvada®) and either [Merck](#) (for Isentress®) or [ViiV Healthcare](#) (for Tivicay®). **Starter packs are available at the Rosecrans location for clients for whom there may be a delay in medication availability.**

The STD clinics accept referrals for nPEP [during normal clinic hours of operation](#). Referring providers should call (619) 692-8551 or (619) 692-8544 to make an appointment for nPEP. Providers are requested to refer clients as early in the day as possible and to advise clients to bring income documentation in order to maximize likelihood of same-day medication availability. Occupational HIV exposures should not be referred and should be managed by occupational healthcare providers.

The HIV, STD, and Hepatitis Branch also is assembling a nPEP resource directory in order to direct clients who are established patients in local healthcare systems to nPEP through their medical homes. If your facility provides nPEP, please contact Dr. Winston Tilghman (Winston.Tilghman@sdcounty.ca.gov) to ensure that your facility is included.

County of San Diego STD Clinics: www.STDSanDiego.org
 Phone: (619) 692-8550 Fax: (619) 692-8543
 STD Clinical Consultation Pager: (877) 217-1816 (8am-5pm, M-F)



Provider STD Reporting: (619) 692-8520; fax (619) 692-8541
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