

County of San Diego Monthly STD Report

Volume 12, Issue 2: Data through Sept 2019; Report released March 6, 2020.



Table 1. STDs Reported Among County of San Diego Residents, by Month and Previous 12 Months Combined.

	2018		2019	
	Sep	Previous 12-Month Period*	Sep	Previous 12-Month Period*
Chlamydia	1683	21683	1756	22376
Female age 18-25	587	8186	643	8173
Female age ≤ 17	83	966	74	855
Male rectal chlamydia	79	932	98	1259
Gonorrhea	415	6159	524	6275
Female age 18-25	56	945	73	952
Female age ≤ 17	7	97	9	98
Male rectal gonorrhea	58	754	60	811
Early Syphilis (adult total)	108	1091	106	1106
Primary	18	175	16	161
Secondary	41	378	35	361
Early latent	49	538	55	586
Congenital syphilis	2	16	0	18

* Cumulative case count of the previous 12 months.

Table 2. Selected STD Cases and Annualized Rates per 100,000 Population for San Diego County by Age and Race/Ethnicity, Year-to-Date.

	All Races*		Asian/PI		Black		Hispanic		White	
	cases	rate	cases	rate	cases	rate	cases	rate	cases	rate
<i>All ages</i>										
Chlamydia	16923	676.1	586	206.2	1034	933.3	3723	431.4	2739	239.4
Gonorrhea	4654	185.9	149	52.4	446	402.6	1210	140.2	968	84.6
Early Syphilis	846	33.8	44	15.5	86	77.6	352	40.8	313	27.4
<i>Under 20 yrs</i>										
Chlamydia	2763	409.4	79	127.5	214	720.6	689	218.8	421	187.4
Gonorrhea	405	60.0	12	19.4	56	188.6	125	39.7	45	20.0
Early Syphilis	24	3.6	5	8.1	2	6.7	12	3.8	2	0.9

Note: Rates calculated using 2018 Population Estimates; County of San Diego, Health and Human Services Agency, Public Health Services Division, Community Health Statistics Unit. 7/2019.

* Includes cases designated as "other," "unknown," or missing race/ethnicity.

Note: All data are provisional. Case counts are based on the earliest of date of diagnosis, date of specimen collection, and treatment date. Totals for past months might change because of delays in reporting from labs and providers.

Figure 1. Chlamydia and Gonorrhea Reported Among County of San Diego Residents, by 3-Month Period.

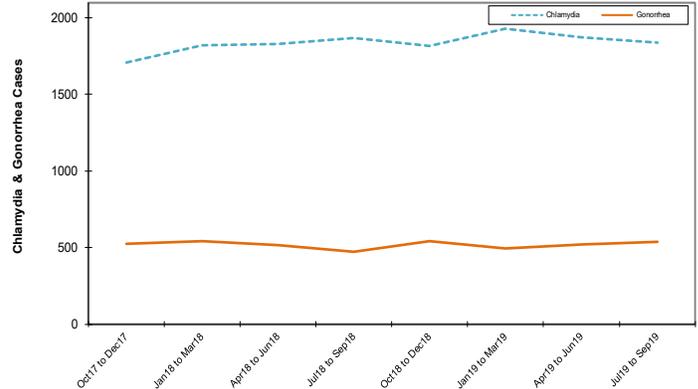
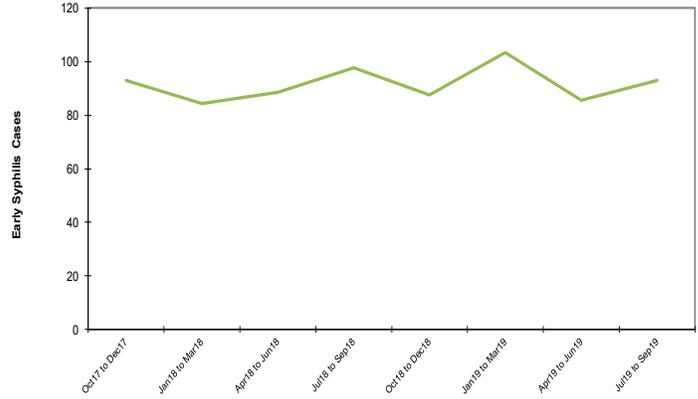


Figure 2. Early Syphilis Reported Among County of San Diego Residents, by 3-Month Period.



Editorial Note: CDC Releases Recommendations for Provision of STD Clinical Services

On January 3, 2020, the Centers for Disease Control and Prevention (CDC) released a clinical guidance document in the *Morbidity and Mortality Weekly Review* entitled "[Recommendations for Providing Quality Sexually Transmitted Diseases Clinical Services, 2020.](#)" This document provides guidance regarding best practices for delivery of care for sexually transmitted diseases (STDs) in both primary care and STD specialty clinical settings. These guidelines are designed to complement the [2015 STD Treatment Guidelines](#) and help in the development of clinic-level policies and processes that facilitate implementation of the treatment guidelines. The document includes recommendations for sexual history and physical examination, prevention, screening, partner services, evaluation of STD-related conditions, laboratory, treatment and referral to specialists.

Given significant increases in STD rates over the last several years and STD rates that are among the highest that they have been in the last three decades, all medical providers have a role to play in the prevention, diagnosis and treatment of STDs. For each category, the guidelines describe services that *should* be available and those that *could* be available and breaks these down by type of clinical setting (i.e., primary care vs. STD specialty care). While the document is not a mandate, it should serve as a roadmap for clinics to ensure that they are addressing sexual health, which is an essential part of overall health and wellbeing.

For questions or technical assistance in implementation of these guidelines, please contact the HIV, STD, and Hepatitis Branch at STD@sdcounty.ca.gov or by calling (619) 609-3245.