



## Adolescent Immunization Action Week

During **Adolescent Immunization Action Week April 7-11, 2025**, the County of San Diego Health and Human Services Agency, in collaboration with the California Department of Public Health, reminds us to ensure that adolescents are up to date on their vaccines. This is especially crucial for 11- and 12-year-olds who need the Tdap vaccine before entering 7th grade. Schedule preteen doctor visits now to avoid the back-to-school rush. For school vaccine requirements, visit [ShotsForSchool.org](https://shotsforschool.org).

### Key Adolescent Vaccines:

- **Pertussis (Tdap):** Required for 7th grade entry.
- **HPV:** Start the series as early as age 9.
- **Meningococcal:** MenACWY at 11-12 years, with a booster at 16. Consider MenB for 16-year-olds.
- **COVID-19 Vaccine:** Stay up to date.
- **Influenza Vaccine:** Get the seasonal flu shot this fall.
- **Varicella:** Catch up on doses before the 7th grade requirement expires June 30, 2025.

Vaccinations protect against serious diseases and some cancers. Providers should encourage parents to schedule well-child visits to ensure their preteens are up to date with immunizations.

For more information, visit [Immunization Recommendations for Children and Teens](https://www.cdph.ca/Programs/CID/DCDC/Pages/Immunization/Recommendations/ChildrenandTeens.aspx) or contact local healthcare providers. If you need a provider, check the County's Immunization Clinics webpage at [www.sdiz.org](https://www.sdiz.org).

Promoting vaccinations supports the vision of a Healthy, Safe, and Thriving San Diego County.