



National Immunization Awareness Month



August is National Immunization Awareness Month (NIAM). NIAM highlights the importance of *routine vaccinations for people of all ages and stages.*



- Vaccines are safe, effective, and an easy way to protect you and your loved ones against serious diseases.
- Vaccines help the body's immune system learn how to fight germs.
- As children head back to school this fall, make sure they catch up on checkups and recommended vaccines to stay healthy and ready to learn.
- Adults need routine vaccines too! Make sure they are up to date on COVID-19, flu, Tdap (tetanus, diphtheria, and whooping cough), and other vaccines.

Talk to your doctor, nurse, or healthcare provider about recommended vaccines. For more information, visit sdiz.org.

