

Preteen Vaccine Week 2021

Did you know that March 1-6, 2021 is Preteen Vaccine Week?

Preteen Vaccine Week (PVW) is celebrated every year in California to promote immunizations that protect preteens against very serious diseases like HPV (Human papillomavirus), meningitis, flu and pertussis (whooping cough).

Making sure students have all the required vaccines is part of the countywide [Live Well San Diego](#) vision, an effort to promote a Healthy, Safe and Thriving San Diego County.

Here is a checklist of needed preteen vaccines:

Preteen (11-12 years old) Vaccine Checklist

- Human Papillomavirus (HPV) vaccine; 2 or 3 dose series recommended for girls *and* boys**
- Tdap (tetanus, diphtheria, pertussis) vaccine is required for incoming 7th graders**
- Chickenpox (proof of two doses) is required for 7th grade entry**
- Meningococcal vaccine**
- Flu vaccine (*every* year)**
- Any catch-up vaccines (e.g., 2nd dose of MMR [measles, mumps, rubella])**

Preteen Vaccine Week also promotes preteens to visit their doctor to help make sure adolescents are up to date on vaccines and to discuss other ways to maintain good health.

Help us get the word out about preteen immunizations and how important they are. You can help protect the health of the preteens in your life and be part of the *Live Well San Diego* vision.

You can find out more about vaccine-preventable diseases, as well as the vaccines that protect preteens against them, by visiting the San Diego County Immunization Unit's Preteen Vaccine Week webpage at: <https://tinyurl.com/PreteenVaccineWeek>

Thank you!