

FIGHT FLU TOGETHER

DONT WAIT VACCINATE

Flu season usually begins in the fall and winter months and varies from season to season. Flu Vaccination has important benefits and may reduce flu illnesses along with visits to the doctor, missed work and school days due to the flu. Vaccination can reduce flu symptoms and flu-related hospitalizations and deaths.

There are several different flu vaccines approved for use in different age groups.

- There are several flu shots approved for use in people as young as 6 months old and older, and two are approved only for adults 65 years and older.
- Flu shots also are recommended for pregnant people and people with certain chronic health conditions.
- The nasal spray flu vaccine is approved for use in people 2 years through 49 years of age. People who are pregnant and people with certain medical conditions should not receive the nasal spray flu vaccine.

