PINK EYE

WHAT IS PINK EYE?

Pink eye is a condition that causes the tissue lining your eyes to swell. It can be caused by bacteria, viruses, allergens, or irritants.

WHAT SHOULD I KNOW?

Bacterial and viral pink eye can spread from person-to-person, but pink eye caused by allergens and irritants can not.

HOW DO I KNOW IF I HAVE IT?

If you have pink eye, your eyes may be:

- Red or swollen
- Watery
- Itching, hurting, or burning
- · Crusty when you wake up
- Leaking pus or mucus
- · Feeling like they have something in them



HOW CAN I PREVENT IT?



Wash your hands often with soap and water.



Do not share things that touch your eyes, like a pillow.



Do not touch your eyes with unwashed hands.

TREATMENT TIPS

You can use liquid eye drops called "artificial tears," to help with the dryness and swelling. Do not wear contacts until your doctor says it's okay.

WHEN TO CALL A DOCTOR?

You should contact your doctor if your symptoms stay the same after using over the counter or home medicine. Newborns with pink eye should see a doctor right away.

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