

Prevent the Spread of Infections in Schools

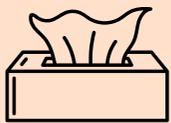
Follow these actions to keep staff and students healthy.



Vaccinations



Hand washing



Respiratory etiquette



Safe animal handling



Safely visiting oceans,
lakes, and rivers



Staying home when sick



Vaccinations

Vaccines work with a child's immune system to prevent serious diseases.

It is important for children and teens to stay up-to-date on routine vaccinations.



LIVE WELL
SAN DIEGO



Hand Washing

Wash hands often with soap and water to keep students, families, and staff healthy.

This action can help prevent the spread of respiratory and gastrointestinal infections.



Respiratory Etiquette

Remind students and staff to cover their mouth and nose with a tissue when they cough or sneeze, and wash their hands after, to prevent the spread of respiratory viruses.



Staying Home When Sick

Staying home when sick can lower the risk of spreading infections to other students and staff.



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Safe Handling of Pets and Animals

Pets and animals can carry harmful germs that can make us sick .

Knowing how to safely handle pets and animals can prevent the spread of zoonotic diseases.



Safely Visit Oceans, Lakes, and Rivers

Water from natural bodies of water like oceans, lakes, or rivers, can have germs that make us sick.

Knowing how to safely visit these bodies of water can prevent the spread of diseases.



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