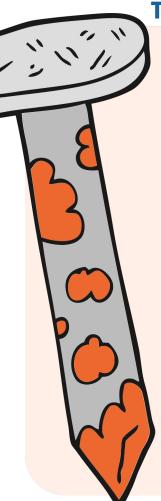
# **Tetanus**



#### TETANUS

Tetanus is an infection caused by bacteria that produces a toxin. Another name for tetanus is "lockjaw."

It often causes a person's neck and jaw muscles to lock, making it hard to open the mouth or swallow. In severe cases, it can cause death.

## **TRANSMISSION (SPREAD)**

The bacteria enter the body through open wounds or breaks in the skin, usually through injuries. This can happen through puncture wounds (wounds caused by an object, like a nail, that breaks the skin). Tetanus does not spread from person to person.

### **SYMPTOMS**

- Jaw cramping
- Sudden, involuntary muscle spasms
- Painful muscle stiffness
- Seizures

- Trouble swallowing
- Headache
- Fever
- Sweating
- Changes in blood pressure and heart rate

## **PREVENTION**

The vaccines used to prevent tetanus are DTaP and Tdap. They also prevent diphtheria and pertussis (whooping cough).



**98%** of people are protected against tetanus once fully vaccinated.

Protection lasts for 10 years.



## Schedule a DTaP or Tdap vaccine with your provider today!





CONNECT WITH A COUNTY OF SAN DIEGO
PUBLIC HEALTH NURSE FOR MORE INFORMATION

**CALL:** 1 (866) 358-2966 OPTION 5 **EMAIL:** PHS-IZPHN.HHSA@SDCOUNTY.CA.GOV

