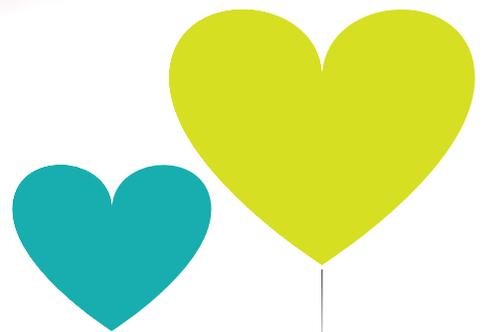


# Be Empowered. Dream Big.



The California Black Infant Health (BIH) Program aims to improve health among African-American mothers by empowering pregnant and mothering African-American women to make healthy choices for themselves, their families, and their communities.

[www.cdph.ca.gov/bih](http://www.cdph.ca.gov/bih)



**black  
infant  
health** 

Empowering Pregnant and Mothering  
African-American Women