

## Health Education and Anticipatory Guidance Resources for the Child Health and Disability Prevention (CHDP) Program

[www.chdpsd.org](http://www.chdpsd.org)

Topic	Agency/Organization	Information Available
<b>CHDP Program</b>	<a href="#">County of San Diego Child Health and Disability Prevention Program</a>   619-692-8808	<ul style="list-style-type: none"> <li>• CHDP Brochures: for teens, for parents, CHDP Informing brochure, and Health Care Program for Children in Foster Care</li> <li>• School Entry Health Examination information</li> </ul>
<b>Access to Care</b>	<p><a href="#">2-1-1 San Diego</a></p> <p><a href="#">Black Infant Health (BIH) Program</a></p> <p><a href="#">California Children's Services</a> (CCS)</p> <p><a href="#">Covered California</a></p> <p><a href="#">Perinatal Care Network</a> (PCN)   800-675-2229</p>	<ul style="list-style-type: none"> <li>• Free, 24/7, stigma-free confidential phone service and online database of resources and information for community, health and disaster services</li> <li>• Services to African-American pregnant and postpartum women with infants up to age 3</li> <li>• Information on treatment of children with certain physical limitations and chronic health conditions or diseases</li> <li>• Information on: Covered California, Getting Financial Help, and Changes to Coverage</li> <li>• Toll-free phone line that links eligible families to care and helps assure that pregnant women obtain early and continuous prenatal care/services.</li> </ul>
<b>Adolescent Health</b>	<p><a href="#">Adolescent Health Working Group</a></p> <p><a href="#">Find Youth Info</a></p>	<ul style="list-style-type: none"> <li>• Includes provider toolkits and patient resources for adolescent health topics.</li> <li>• Information and tools on youth topics including: Children of Incarcerated Parents, Mental health, and Positive Youth Development; Map My Community tool</li> </ul>
<b>Asthma</b>	<p><a href="#">American Academy of Family Physicians</a> Asthma</p> <p><a href="#">Centers for Disease Control and Prevention</a> Asthma</p>	<ul style="list-style-type: none"> <li>• Collection of asthma and asthma-related issues, including: Asthma and Other Wheezing Disorders in Children, Overview of Changes to Asthma Guidelines: Diagnosis and Screening, and Tools and Strategies for Improving Asthma Management</li> <li>• Asthma training tools for health professionals, including: Guidelines for the Diagnosis and Management of Asthma, 15 Minute Asthma Visit, and How to use Your Asthma Inhaler</li> </ul>
<b>Children in Foster Care</b>	<a href="#">Healthy Foster Care America</a>	<ul style="list-style-type: none"> <li>• Resources and information on children in foster care, including: Trauma Guide, Health Care Practice Standards, and FAQs.</li> </ul>

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<b>Communicable Disease</b>	<a href="#">County of San Diego Epidemiology Program</a>	<ul style="list-style-type: none"> <li>Information to assist practitioners in the identification and reporting of communicable diseases/conditions, including: Influenza, MRSA, Rabies, Smallpox, and West Nile Virus.</li> </ul>
<b>Hearing</b>	<a href="#">Centers for Disease Control and Prevention</a> Hearing Loss in children	<ul style="list-style-type: none"> <li>Print materials on hearing loss in children for families and physicians, including: a fact sheet, Just in Time for Pediatric Care Providers, and Child Development and Milestones</li> </ul>
	<a href="#">Early Hearing Detection and Intervention</a> (EHDI)	<ul style="list-style-type: none"> <li>Brochures on EHDI for: Parents-to-be, Referral, Waiver, Newborn Hearing Screening program, and California Children’s Services Program Audiology Provider handbook</li> </ul>
<b>Immunization</b>	<a href="#">San Diego Immunization Program</a> 866-358-2966	<ul style="list-style-type: none"> <li>Proper documentation for Required Tdap vaccines</li> <li>Information on: Improving Practices, Vaccine Information, and Disease Reporting</li> </ul>
	<a href="#">Centers for Disease Control and Prevention</a> Vaccines and Immunizations	<ul style="list-style-type: none"> <li>Vaccine Information Statements (VIS) and Information for Providers on Vaccines Flyers on: Adolescents and Pre-teens, Pertussis, Infant Immunizations</li> </ul>
	<a href="#">Immunization Action Coalition</a>	<ul style="list-style-type: none"> <li>Clinic resources, including: Administering Vaccines, Coding and Billing, Documentation, Schedules, and Screening for Contraindications</li> <li>Handouts for Patients and Staff</li> </ul>
	<a href="#">Vaccines for Children</a> (VFC)	<ul style="list-style-type: none"> <li>VFC Program and Disease Reporting forms</li> <li>Job Aids, including: Storage/Handling, Vaccine Administration, and Billing and Reporting</li> <li>Flu and Respiratory Disease, Measles, Pertussis, and Parent Education Resources</li> </ul>
<b>Infant and Child Development</b>	<a href="#">Child Health and Disability Prevention Program</a>	<ul style="list-style-type: none"> <li>“Growing Up Healthy” brochures</li> </ul>
	<a href="#">Centers for Disease Control and Prevention</a> Learn the Signs	<ul style="list-style-type: none"> <li>Information/resources on infant and child development, including: Milestone Checklists, Developmental screening tools, Using the M-Chat, Early Intervention, and Autism</li> </ul>
<b>Injury Prevention and Safety</b>	<a href="#">California SIDS Program</a>	<ul style="list-style-type: none"> <li>Materials/Resources including: Crisis Support, Risk Reduction, and Training</li> </ul>
	<a href="#">Centers for Disease Control and Prevention</a> Injury Prevention and Control	<ul style="list-style-type: none"> <li>Factsheets on: Burns, Drownings, Falls, Poisonings, and Road Traffic Injuries</li> <li>Fire Safety Prevention Tools</li> </ul>
	<a href="#">National Center on Shaken Baby Syndrome</a>	<ul style="list-style-type: none"> <li>Program materials including: brochures, demonstration materials, and DVDs/Videos</li> </ul>
	<a href="#">Safe Kids</a>	<ul style="list-style-type: none"> <li>Safety tips by age, risk, space and place, type, and audience</li> </ul>
	<a href="#">National Highway Traffic Safety Administration</a>	<ul style="list-style-type: none"> <li>Information on motor vehicle and highway safety, including: bicycles, child safety.</li> </ul>

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<b>Lead</b>	<a href="#">Childhood Lead Poisoning Prevention Program</a> 619-692-8487	<ul style="list-style-type: none"> <li>• Childhood Lead Poisoning</li> <li>• Blood testing information</li> </ul>
	<a href="#">Centers for Disease Control and Prevention</a> Lead	<ul style="list-style-type: none"> <li>• Guidelines on: Screening and Case Management and Healthcare Systems and Insurance</li> <li>• Lead Exposure case studies</li> </ul>
<b>Mental Health</b>	<a href="#">Behavioral Health</a>	<ul style="list-style-type: none"> <li>• Comprehensive database of services in the community, including: Access, Addiction Recovery, Crisis &amp; Emergency Services, Housing, Legal, and Support/Self-Help Groups</li> </ul>
	<a href="#">Children, Youth, and Families (CYF) System of Care</a>   1-888-724-7240	<ul style="list-style-type: none"> <li>• Referrals, services, and Crisis Line for children who are emotionally disturbed</li> </ul>
	<a href="#">Kickstart</a>	<ul style="list-style-type: none"> <li>• Education, treatment, and assistance in preventing psychosis</li> </ul>
	<a href="#">Screening for Mental Health</a>	<ul style="list-style-type: none"> <li>• Information and facts on: Depression, Bipolar Disorder, Anxiety, PTSD, Alcohol, Eating Disorders, Youth Mental Health, and Suicide</li> </ul>
<b>Nutrition</b>	<a href="#">CalFresh</a>	<ul style="list-style-type: none"> <li>• Program information, How to apply, Eligibility, and FAQs</li> </ul>
	<a href="#">Centers for Disease Control and Prevention</a> Nutrition Resources for Health Professionals	<ul style="list-style-type: none"> <li>• Information and resources on: Nutrition and Health of Young People</li> <li>• Fruits &amp; Veggies Matter</li> </ul>
	<a href="#">Women, Infants, and Children (WIC) Program</a>	<ul style="list-style-type: none"> <li>• Program information, Authorized foods and Grocers/Vendors, and Education materials</li> </ul>
<b>Oral/Dental Health</b>	<a href="#">Share the Care Dental: Dental Health Initiative of San Diego</a>   (619) 692-8858	<ul style="list-style-type: none"> <li>• Dental Roadmaps; School Oral Health Assessment form</li> <li>• Brochures/Flyers on: Caring for Your Teeth, Cavity Equation, Good dental health, How to brush, How to floss, Preventing baby bottle tooth decay, Dental safety, and Nutrition</li> </ul>
	<a href="#">American Dental Association</a>	<ul style="list-style-type: none"> <li>• Oral health resources for Professionals, including: Access to dental care, Baby bottle tooth decay, and Periodontal screening and recording</li> </ul>
	<a href="#">Maternal, Child and Adolescent Health (MCAH) Oral Health Program</a>	<ul style="list-style-type: none"> <li>• Information on Children’s Oral Health and Fluoridation and Oral Health During Pregnancy and Early Childhood: Evidenced-Based Guidelines for Health Professionals</li> </ul>
<b>Physical Activity</b>	<a href="#">Centers for Disease Control and Prevention</a> Physical Activity	<ul style="list-style-type: none"> <li>• Physical Activity Guidelines for Children and Adolescents</li> </ul>

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<b>Sexual Health</b>	<a href="#">County of San Diego HIV, STD, and Hepatitis Branch</a>	<ul style="list-style-type: none"> <li>Information on: Clinical Services, Counseling and Testing and Treatment, Disease Reporting, Fact Sheets and Resources, and Prevention.</li> </ul>
	<a href="#">Advocates for Youth</a>	<ul style="list-style-type: none"> <li>Resources and research guides on adolescent reproductive and sexual health, including: Adolescent Sexual Health and Behavior, Contraception Access, Efficacy, and Use, Growth and Development, and Lesbian, Gay, Bisexual, and Transgender (LGBT) Youth</li> </ul>
<b>Special Needs</b>	<a href="#">San Diego Regional Center</a>	<ul style="list-style-type: none"> <li>Community resources for people with developmental disabilities in San Diego, including links about: Down Syndrome, Financial, Crisis Hotline, Infant/Toddler, and Transportation</li> </ul>
<b>Substance Use (including Tobacco, Alcohol, and other Drugs)</b>	<a href="#">San Diego County Tobacco Control and Resource Program</a> (TCRP)	<ul style="list-style-type: none"> <li>Materials on smoking issues, such as, Smoke-Free Cars and Hookah</li> </ul>
	<a href="#">American Medical Association</a> Alcohol and Other Drug Abuse	<ul style="list-style-type: none"> <li>Facts About Youth and Alcohol; Helping Patients Who Drink Too Much, and other resources</li> </ul>
	<a href="#">Office of Adolescent Health</a>	<ul style="list-style-type: none"> <li>Federal adolescent health resources, including tips, fact sheets, and other publications on substance abuse, such as: Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide, Assessment and Screening Tools for Measuring Mental Health, Substance Abuse, and Independent Living Skills in Adolescents, and Identifying Mental Health and Substance Use Problems of Children and Adolescents</li> </ul>
	<a href="#">Tobacco Free CA</a>	<ul style="list-style-type: none"> <li>Resources on: Quitting, Secondhand smoke, Tobacco's impact on the environment, Tobacco Control Organizations and Partners, and National Health Associations</li> </ul>
<b>Tuberculosis</b>	<a href="#">Tuberculosis Control and Refugee Health Program</a>	<ul style="list-style-type: none"> <li>Classes, training, and educational materials for health care professionals, including: Testing and Treatment Recommendations, D.O.T. Information, and Fact Sheets for patients.</li> </ul>
<b>Vision</b>	<a href="#">Centers for Disease Control and Prevention</a>	<ul style="list-style-type: none"> <li>Articles of interest on vision loss and eye diseases</li> </ul>
	<a href="#">National Eye Institute</a>	<ul style="list-style-type: none"> <li>Publications including brochures, fact sheets, and posters on vision</li> </ul>
<b>Violence Prevention</b>	<a href="#">Child Welfare Services</a> (CWS) Child Abuse Hotline: 858-560-2191	<ul style="list-style-type: none"> <li>Investigates reports of suspected child abuse and neglect and intervenes with families who do not meet minimum community standards of health and safety required by law.</li> </ul>
	<a href="#">Centers for Disease Control and Prevention</a> Injury Prevention and Control	<ul style="list-style-type: none"> <li>Information/Resources on: Parent Training Programs, Preventing Child Maltreatment: Program Activities Guide, Coping with Stress After a Traumatic Event, Youth Violence, and Best Practices for Youth Violence Prevention</li> </ul>