# Did You Know?

- There are currently about 1,800 children in foster care in San Diego County.
- Forty to sixty percent (40%-60%)
  have chronic medical conditions, such
  as: asthma, developmental delays,
  visual and hearing problems, dental
  decay, and poor nutrition.
- Lack of adequate medical records can result in over immunization and under treatment of chronic health conditions.



### For information about HCPCFC:

Call: 619-692-8808

• Email: HCPCFC@sdcounty.ca.gov

• Scan or visit:



tinyurl.com/hcpcfcsandiego

For more information, contact a foster care nurse in your area:

## South Region

Mitzi De Los Reyes: (619) 753-5242 Zoe Harris: (619) 608-9978

### North Coastal Region

Samantha Hicke: (760) 803-6452 Jessica Hernandez: (760) 637-1069

### **North Inland Region**

Jon Bonner: (619) 904-2154 Chris Ward: (760) 690-7842

### **North Central Region**

Rachel Diaz: (619) 961-8555 Idalia Flores: (619) 490-3265 Jennifer Palivanich: (619) 994-3440 Arlene Pfaff: (619) 695-6752

## **East Region**

Barbara Hale: (619) 490-7333 Andrea Penera: (619) 629-3345

## Central Region

Kathrine Cunanan: (619) 643-0126 Caroline Valladares: (619) 630-6505

## Residential

Dulce Pluma: (619) 370-5756 Nicole Shy: (619) 403-2013

#### **Probation**

Danielle Lehr: (619) 510-0678

County of San Diego
Health and Human Services Agency
Public Health Services



# Health Care Program for Children in Foster Care (HCPCFC)









"What its children become,
That will the community become."
- Suzanne LaFollette -





# Children in Foster Care

In the U.S., there is an estimated 437,000 children in the foster care system. California has among the highest number with about 60,000 children in out-of-home placement.

Children in foster care range from infants to adolescents and encompass all races and ethnicities.





The HCPCFC is a collaborative effort by the County of San Diego, including Child and Family Well-Being (CFWB), Public Health Services, and Juvenile Probation.

# Profile of HCPCFC

In 1999, the Health Care Program for Children in Foster Care (HCPCFC) was implemented to respond to concerns that arise from maltreatment, lack of continuity of health care, and frequent placement changes. The HCPCFC



provides Public
Health Nurse
(PHN) consultation,
oversight, and
complex care
management, to
address the
medical, dental,
behavioral, and
developmental
needs of Foster
Youth statewide.

PHNs work in coordination with social workers and juvenile probation officers to ensure children receive preventive health care and treatment of identified health problems. PHNs also assist in the development and implementation of health service plans.



# **PHNs**

- Advocate for the child's health care needs.
- Assist foster parents in obtaining timely health care services.
- Expedite timely referrals for medical, dental, and mental health services.
- Follow children placed out-of-county to assure access to needed services.
- Facilitate referrals to early intervention providers, specialty providers, dentists, mental health providers, and other community programs.
- Oversee the creation and update of the Health and Education Passport (HEP), as required by law.
- Interpret medical reports for case workers and the courts.
- Educate social workers, judges, school nurses, probation officers, and others about the health care needs of children in foster care.



Safety, Well-Being, Permanency