

If you are PREGNANT, our no-cost services can help YOU:

- Apply for Medi-Cal
- Link to a prenatal care provider
- Get bus/trolley assistance for prenatal care appointments
- Get WIC and other pregnancy services in your area
- Provide information to you to stay healthy after your baby is born
- Provide referrals for health check-ups and shots for your baby

Please call the
**Maternal, Child, and Family
Health Services Line**
800-675-2229



County of San Diego, Health and Human Services Agency. The Perinatal Care Network is supported by funds received from the California Department of Public Health Maternal, Child, and Adolescent Health Division.



**Perinatal
Care
Network**
COUNTY OF SAN DIEGO



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