

# IF YOU ARE PREGNANT, CALL THE PERINATAL CARE NETWORK (PCN)

**1-800-675-2229**

## OUR NO-COST SERVICES CAN HELP YOU:

- Apply for expedited Medi-Cal
- Get linked to a prenatal care provider
- Get transportation assistance for prenatal care appointments
- Get linked to WIC and other pregnancy services in your area
- Receive information and services to help you stay healthy after your baby is born
- Get referrals for health check-ups and shots for your baby

**For more information, call PCN at 1-800-675-2229.**



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Perinatal  
Care  
Network  
COUNTY OF SAN DIEGO

