

SMOKE-FREE OUTDOOR DINING (SFOD)

DANGERS OF SECONDHAND SMOKE

Exposure to secondhand smoke, even for a short time, can be harmful to both children and adults. There is **no safe level** of exposure to secondhand smoke.

7,000 chemicals

There are over 7,000 chemicals in tobacco smoke, including hundreds of toxic chemicals and 70 that can cause cancer.

41,000 deaths

Every year, there are more than 41,000 deaths in the U.S. resulting from secondhand smoke exposure. This is about one in deaths annually.

Source: Centers for Disease Control and Prevention

WHAT DO LOCAL RESIDENTS THINK?

In **San Diego, Poway, San Marcos,** and **La Mesa:**

92%

of respondents prefer to eat in areas where smoking is not allowed.

85%

of respondents think cities should have a law for smoke-free outdoor dining areas and sidewalk cafes.

Source: 2019 Smoke-Free Outdoor Dining Public Opinion Polls

WHICH SAN DIEGO COUNTY CITIES HAVE A SMOKE-FREE OUTDOOR DINING POLICY, AND HOW CAN I LEARN MORE?

Celebrating cities protecting residents with SFOD or smoke-free public spaces laws:

CITIES WITH A SFOD POLICY

- CARLSBAD
- CHULA VISTA
- CORONADO
- DEL MAR
- EL CAJON
- ENCINITAS
- ESCONDIDO
- IMPERIAL BEACH
- LA MESA
- NATIONAL CITY
- OCEANSIDE
- SAN MARCOS
- SOLANA BEACH
- UNINCORPORATED SAN DIEGO COUNTY

Contact the local tobacco prevention partner below to find out what you can do to support SFOD in your city:

CITIES WITHOUT A SFOD POLICY

[AMERICAN LUNG ASSOCIATION:](#)

POWAY

[CASA:](#)

LEMON GROVE
SANTEE

[SAY SAN DIEGO:](#)

SAN DIEGO

[VISTA COMMUNITY CLINIC:](#)

VISTA