

To: CAHAN San Diego Participants

Date: November 18, 2025 From: Public Health Services

Health Advisory: Update #1 Silicosis Becomes a Reportable Disease in California

Key Messages

- Individuals with a history of working in shops that cut and finish countertops, are at risk for silicosis, a severe, incurable lung disease.
- Providers should ask patients about their work and conduct testing for silicosis in countertop workers, including those without symptoms.
- As of June 2025, silicosis is a reportable disease in California. Providers should report identified or suspected
 cases to the San Diego County Epidemiology Unit by calling 619-692-8499 (8 am to 5 pm, Monday through
 Friday); 858-565-5255 (after hours and holidays).

Situation

Silicosis was made a reportable disease under <u>Title 17 in June of 2025</u>. On November 17, 2025, California Department of Public Health (CDPH) issued a <u>Health Advisory on silicosis in countertop workers</u>. Workers who fabricate countertops, particularly "quartz countertops", are at particularly high risk of silicosis. As of November 13, 2025, CDPH has identified 432 silicosis cases in California from 2019 to 2025. These cases include 25 deaths and 48 lung transplants. Notably, cases are relatively young age with median age of diagnosis of 46 and median age of death of 48. Thirty-four of the California silicosis cases were San Diego County residents, 31 of which were reported directly to CDPH.

Actions Requested

Please see accompanying CDPH Health Advisory for additional information and instructions. The Advisory can also be accessed through this link.

Resources

Silica and Worker Health | Silica | CDC

Safe Work Practices | Silica | CDC

Silica | ToxFAQs™ | ATSDR

Engineered Stone Silicosis Surveillance Dashboard | CDPH

Silicosis (including case dashboard) | CDPH

Health Advisory: Silicosis in Countertop Workers | CoSD

Thank you for your participation.

CAHAN San Diego

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CDPH State of California—Health and Human Services



Governor

Erica Pan, MD, MPH State Public Health Officer & Director

Agency **California Department of Public Health**

Health Advisory

TO: Healthcare Providers and Local Health Departments Silicosis Cases in Countertop Workers Continue to Rise, as Silicosis Becomes a Reportable Disease in California 11/17/2025

Key Messages:

- Individuals with a history of working in shops that cut and finish countertops are at risk for silicosis, a severe, incurable lung disease.
- Workers who make countertops from engineered stone, more commonly called "quartz countertops," are at particularly high risk of silicosis.
- As of November 13, 2025, the California Department of Public Health (CDPH) has confirmed 432 silicosis cases among California countertop workers since 2019, including at least 25 deaths and 48 lung transplants. For updated information, consult the CDPH Silicosis Dashboard.
- Cases are notable for relatively young age, with median age of diagnosis of 46 and median age of death of
- Providers should ask patients about their work and conduct testing for silicosis in countertop workers, including those without symptoms.
- As of June 2025, silicosis is a reportable disease (PDF) in California. Providers should report identified or suspected cases to the local health department of the jurisdiction where the patient resides, which will report cases to CDPH.
- Providers should disseminate resources to patients who work in countertop operations.

Background

Since 2010, thousands of cases of silicosis in workers who fabricate countertops have been reported worldwide. Workers in this industry can be exposed to respirable **crystalline silica dust** when working in or near areas where countertops are being cut or finished. Exposure to silica places them at risk for silicosis, a severe, incurable lung disease.

Workers who make countertops from engineered stone, a popular material with very high crystalline silica content, are at particularly high risk of silicosis. This material is also known as artificial stone, and the countertops are commonly called "quartz countertops." A global epidemic of silicosis related to engineered stone is underway, with

cases documented in many countries.

Since 2019, CDPH has conducted statewide multi-source surveillance for silicosis and has identified **432 cases of confirmed silicosis** associated with engineered stone as of November 13, 2025. **At least 25 California workers have died**, many of whom were in their 30s and 40s. **At least 48 California workers have received lung transplants**.

The table below shows case counts by county. State and county case counts likely underestimate the true burden of disease among countertop workers in California. For updated information, consult the CDPH Silicosis Dashboard.

Table. Confirmed engineered stone silicosis case counts for counties with at least 10 cases, as of November 13, 2025.

| County | No. |
|----------------|-----|
| Los Angeles | 226 |
| Orange | 86 |
| San Diego | 34 |
| Contra Costa | 19 |
| Alameda | 15 |
| San Bernardino | 13 |
| Riverside | 10 |

The workers with silicosis identified so far in California are characterized by:

- History of cutting and finishing stone countertops, particularly engineered stone or "quartz countertops"
- Relatively young age (median age at diagnosis is 46 and median age of death is 48)
- Primarily immigrant men, predominantly from Mexico and Central America
- Symptoms of cough and shortness of breath, but can also be asymptomatic
- Under- or uninsured, often with initial presentation to the emergency department or urgent care
- Delayed diagnosis
 - Common alternative initial diagnoses: pulmonary infections (pneumonia, tuberculosis (TB), non-TB mycobacterial infections), asthma, sarcoidosis
- Accelerated disease course, including severe impairment and need for supplemental oxygen, referral for lung transplantation, and/or death, sometimes within several years of diagnosis.

While silicosis is a serious disease, it is **preventable**. The Division of Occupational Safety and Health (Cal/OSHA) requires that employers control silica dust, including applying wet methods when cutting engineered stone, conducting prompt dust clean-up, having employees use powered air-purifying respirators (PAPRs), and conducting regular silica dust monitoring. However, it is very difficult for most employers to implement the dust control methods needed to protect workers because of the expense and technical expertise necessary to acquire and maintain sophisticated equipment. Furthermore, even when shops use mandated controls like wet methods, they are not always effective at lowering silica exposures enough to prevent disease.

Given these challenges to controlling silica dust from engineered stone, in July 2024, Australia became the first country to ban the use of engineered stone after hundreds of countertop workers there were found to have silicosis. Identifying and reporting cases in California helps CDPH assess where workers are at risk and safeguard worker health.

Recommendations

Active surveillance by healthcare providers

- Identify countertop workers by asking patients about their current and previous occupations ("Have you done work cutting or finishing countertops or worked in a shop that does these tasks?").
- Consider silicosis in both asymptomatic and symptomatic at-risk workers.
- Make the diagnosis using imaging (chest X-ray, chest CT) and pulmonary function tests (spirometry, diffusing capacity).
- Refer early to pulmonary and occupational medicine physicians for diagnosis and coordination of care.
- Share educational resources about workplace safety with all at-risk patients and advise them that:
 - Inhaling any silica dust is dangerous; workers can help protect themselves by always using copious amounts of water to cut or grind countertops, using special vacuums to clean dust, and wearing the appropriate respirator.
 - Employers are required under Cal/OSHA's silica regulation to reduce silica dust to keep workers safe. If a worker has concerns about workplace safety, they can contact Cal/OSHA for assistance.
- Silicosis is a reportable disease (PDF) in California as of June 2025. Report identified or suspected cases within 7 calendar days to the local health department in the jurisdiction where the patient resides.

<u>Dissemination of Information and Case Reporting by Local Health Departments</u>

- Disseminate information, such as this CAHAN and educational resources listed below to:
 - Healthcare providers in your community; primary care, urgent care, and emergency healthcare providers are often the first to evaluate workers with undiagnosed silicosis once they become symptomatic.
 - Health plans that can help disseminate information to their provider networks, particularly Medi-Cal managed care plans.
- Report cases to CDPH via CalREDIE or alternate established mechanism.
 - Senate Bill 20, which goes into effect in January 2026, requires CDPH to report silicosis cases related to
 engineered stone to Cal/OSHA for investigation and allows CDPH to share case information with the
 local health officer for the purposes of surveillance, investigation, or case management.

Resources

For more information, including educational resources for employers and workers on how to reduce silica exposures during countertop fabrication, and references for local health departments and providers, please visit the CDPH Occupational Health Branch website.

Additional information about silica and silicosis can also be found on the Centers for Disease Control and Prevention (CDC) NIOSH website, including information for healthcare providers about medical monitoring.

A patient education document about silicosis is available from the American Thoracic Society.

Questions and requests for technical assistance can be emailed to silicosis@cdph.ca.gov.

References

California Department of Public Health. California Engineered Stone Silicosis Surveillance Dashboard. Available at Engineered Stone Silicosis Surveillance Dashboard.

Heinzerling A, Harrison R, Flattery J, et al. Deadly countertops: an urgent need to eliminate silicosis among engineered stone workers. Am J Resp Crit Care Med. 2025; 211(4):557-559. Published online Jan 2, 2025. Deadly Countertops: An Urgent Need to Eliminate Silicosis among Engineered Stone Workers | American Journal of Respiratory and Critical Care Medicine.

Fazio J, Gandhi SA, Flattery J, et al. Silicosis among immigrant engineered stone (quartz) countertop fabrication workers in California. JAMA Internal Medicine 2023;183(9):991-998. Published online July 24, 2023. Silicosis Among Immigrant Engineered Stone (Quartz) Countertop Fabrication Workers in California | Pulmonary Medicine | JAMA Internal Medicine | JAMA Network

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