Health Advisory Update #38: Coronavirus Disease 2019 (COVID-19) Urgent Need to Increase Vaccination

**Key Messages**

- Circulating SARS-CoV-2 variants of concern, especially the highly infectious Delta variant (B.1.617.2), are accelerating spread of infection.
- Unvaccinated persons account for most new COVID-19 infections, hospitalizations, and deaths.
- Increasing vaccination for COVID-19 can prevent surges in COVID-19 related morbidity and mortality, overwhelm healthcare capacity, and widen existing health disparities.

**Situation**

- The Centers for Disease Control and Prevention (CDC) has issued a Health Alert to notify public health practitioners and clinicians about the urgent need to increase COVID-19 vaccination coverage.
- COVID-19 case rates are markedly rising again after a period of decline. COVID-19 cases have increased over 300% nationally from June 19 to July 23, 2021.
- In San Diego County, most cases of COVID-19 and hospitalizations are among unvaccinated individuals. From March 1 through July 24, 2021, 2% of hospitalizations occurred in fully vaccinated residents.
- The COVID-19 Delta variant is widely prevalent and more infectious than prior strains. Emerging evidence suggests that fully vaccinated people who do become infected with the Delta variant are at risk for transmitting it to others.
- COVID-19 vaccination coverage at skilled nursing facilities (SNF) helps prevent infection. Preliminary data from CDC’s National Healthcare Safety Network (NHSN) indicate residents of SNFs, in which vaccination coverage of staff is 75% or lower, experience higher crude rates of preventable COVID infection.

**Actions Requested**

1. Please see accompanying CDC Health Advisory for additional information and instructions. The Advisory can also be accessed through this link.
2. Review the letter that follows from the Health Officer on the importance of completing the series of 2-dose vaccines.

**Resources**

- Vaccine Hesitancy Flyer (sandiegocounty.gov)
- COVID-19 Vaccine Resources and Guidance (sandiegocounty.gov)
- Let’s Get to Immunity Toolkit (ca.gov)
- Building Confidence in COVID-19 Vaccines | CDC

Thank you for your participation.
Vaccination to Prevent COVID-19 Outbreaks with Current and Emergent Variants — United States, 2021

Summary
The Centers for Disease Control and Prevention (CDC) is issuing this Health Alert Network Health Advisory to notify public health practitioners and clinicians about the urgent need to increase COVID-19 vaccination coverage (i.e., the percentage of the population fully vaccinated) across the United States to prevent surges in new infections that could increase COVID-19 related morbidity and mortality, overwhelm healthcare capacity, and widen existing COVID-19-related health disparities. Increasing vaccination coverage is especially urgent in areas where current coverage is low. Unvaccinated persons account for the majority of new COVID-19 infections, hospitalizations, and deaths. Currently circulating SARS-CoV-2 variants of concern, especially the highly infectious Delta variant (B.1.617.2), are accelerating spread of infection. Unvaccinated and partially vaccinated people need to practice all recommended prevention measures until fully vaccinated. In areas with substantial and high transmission, CDC recommends that fully vaccinated individuals wear a mask in public indoor settings to help prevent the spread of Delta and protect others.

Background
COVID-19 case rates are rising again after a period of decline: COVID-19 cases have increased over 300% nationally from June 19 to July 23, 2021, along with parallel increases in hospitalizations and deaths driven by the highly transmissible B.1.617.2 (Delta) variant. While significant progress has been made to make COVID-19 vaccine widely available, disparities in vaccination coverage persist across population groups and geographic areas. As of July 23, 2021, 1,856 (63.0%) of the 2,945 counties with available vaccination data have particularly low vaccination coverage, defined here as <40% of the population being fully vaccinated. As of July 23, 2021, among the counties with vaccine coverage <40%, 36.0% (N = 668) have COVID-19 incidence rates in the high burden level (≥100 cases/100,000 over the last seven days) (see figure below, and further data at COVID Tracker).

Counts by Percentage of the Population Fully Vaccinated and 7-Day Case Rate

The image shows a map of the United States with different shading colors indicating the percentage of the population fully vaccinated and the case rate per 100K. The map includes data from the United States, with varying shades indicating low, medium, and high vaccination coverage and case rates.
Overall, the majority (81.4%) of counties with high COVID-19 incidence rates are found in communities with low vaccination coverage. As COVID-19 case counts continue to rise nationally, areas with lower vaccination coverage are at especially high risk for a surge in cases.

**Most cases of COVID-19 and hospitalizations are in unvaccinated individuals:** While COVID-19 vaccines authorized in the United States remain effective against SARS-CoV-2 infection and severe disease, some infections among vaccinated persons (i.e., breakthrough infections) are anticipated and have been reported. However, the majority of COVID-19 cases and hospitalizations are occurring among individuals who are not fully vaccinated. From January through May 2021, of the more than 32,000 laboratory-confirmed COVID-19-associated hospitalizations in adults ≥18 years of age for whom vaccination status is known, <3% of hospitalizations occurred in fully vaccinated persons.

**The COVID-19 Delta variant is widely prevalent and more infectious than prior strains:** The COVID-19 Delta variant currently accounts for more than 80% of all COVID-19 cases in the United States. This variant is significantly more infectious than prior SARS-CoV-2 variants and has led to a rapid rise in COVID-19 cases in other countries, including the United Kingdom and Israel. Emerging evidence suggests that fully vaccinated people who do become infected with the Delta variant are at risk for transmitting it to others.

**COVID-19 vaccination is our most effective strategy to prevent infection and severe disease:** Vaccination is a priority national strategy to interrupt SARS-CoV-2 transmission, protect personal and public health, and preserve healthcare system capacity. COVID-19 vaccines are safe and recommended for all persons aged 12 years of age and older, even for those with prior SARS-CoV-2 infection. Immunologic data support the role of Food and Drug Administration (FDA)-authorized COVID-19 vaccines in offering protection against the known currently circulating variants. By limiting viral spread, vaccination also minimizes opportunities for the introduction of more infectious variants through random mutation. Mutations could produce future variants that are more virulent and capable of evading diagnostic and therapeutic tools or overcoming vaccine-induced immunity.

**COVID-19 vaccination coverage at skilled nursing facilities (SNF) helps prevent infection:** Nursing home residents have been severely impacted by COVID-19 and are disproportionately represented in overall burden of COVID-19-related morbidity and mortality in the United States. While there has been significant progress in vaccinating SNF residents, vaccination coverage of staff at many facilities remains low. Preliminary data from CDC’s National Healthcare Safety Network (NHSN) indicate residents of SNFs in which vaccination coverage of staff is 75% or lower experience higher crude rates of preventable COVID infection.

![COVID-19 in Residents of CMS-Certified Skilled Nursing Facilities](image)
CDC recommends urgent action by all: CDC recommends continued efforts to accelerate primary vaccination efforts, especially in areas with lower vaccination coverage. Individuals who are not fully vaccinated need to maintain all recommended prevention measures. People who are immunocompromised should be counseled about the potential for reduced immune responses to COVID-19 vaccines and to follow current prevention measures to protect themselves against COVID-19 until advised otherwise by their healthcare provider. CDC recommends ensuring tailored, culturally responsive, and linguistically appropriate communication of vaccination benefits (see vaccine equity resources below).

Recommendations for Public Health Jurisdictions
- Continue and increase efforts to reach and partner with communities to encourage and offer vaccination. Co-lead the conversation by participating in community education and outreach events.
- Leverage resources to promote vaccine equity.
- Encourage clinicians to offer and recommend COVID-19 vaccination to their patients and community members.
- Work with community partners to make vaccination easily accessible for unvaccinated populations.
- Implement additional prevention strategies when transmission is high and vaccination coverage is low (MMWR).
- Continue to monitor community transmission levels, variant, and vaccination coverage levels, and focus vaccine efforts on populations with low coverage.
- Communicate vaccination coverage, variant, and transmission levels to key partners, including the key information on risk associated with the B.1.617.2 (Delta) variant.

Recommendations for Clinicians
- If you are a clinical provider and are not fully vaccinated, get vaccinated as soon as possible to protect yourself, your family, and your patients.
- Increase patient outreach efforts to encourage, recommend, and offer COVID-19 vaccination.
- Remind patients that vaccination is recommended for all persons aged 12 years of age and older, even for those with prior SARS-CoV-2 infection. Follow trusted sources carefully for any new recommendations and changes in vaccine guidance.
- Support efforts to ensure people receiving a first dose of a COVID-19 mRNA vaccine (i.e., Pfizer-BioNTech or Moderna) return for their second dose to complete the series.
- Communicate with unvaccinated staff, patients, and other individuals to increase confidence in vaccination. CDC has many resources for providers to help increase vaccine confidence.
- Recommend that fully vaccinated patients who are immunocompromised continue to practice all recommended prevention measures for unvaccinated persons.

Recommendations for Healthcare Facilities and Systems, Nursing Homes, and Businesses
- Recommend and offer COVID-19 vaccine to your staff and employees and establish policies to encourage uptake such as time off to receive the vaccine.
- Consider offering COVID-19 vaccine at your workplace (Workplace COVID-19 Vaccine Toolkit).
- Evaluate whether your facility can implement vaccine requirements or vaccine incentives.

For More Information
- Interim Public Health Recommendations for Fully Vaccinated People
- COVID Data Tracker
The Centers for Disease Control and Prevention (CDC) protects people's health and safety by preventing and controlling diseases and injuries; enhances health decisions by providing credible information on critical health issues; and promotes healthy living through strong partnerships with local, national, and international organizations.

Categories of Health Alert Network messages:

- **Health Alert**: Requires immediate action or attention, highest level of importance
- **Health Advisory**: May not require immediate action; provides important information for a specific incident or situation
- **Health Update**: Unlikely to require immediate action; provides updated information regarding an incident or situation
- **HAN Info Service**: Does not require immediate action; provides general public health information

This message was distributed to state and local health officers, state and local epidemiologists, state and local laboratory directors, public information officers, HAN coordinators, and clinician organizations.
July 30, 2021

TO: Community Clinics
    Hospitals
    Pharmacies
    Healthcare Providers

FROM: Wilma J. Wooten, M.D., M.P.H.,
      Public Health Officer & Director,
      Public Health Services

RE: COVID-19 VACCINATION PATIENT OUTREACH EFFORTS

I am sending you this communication on behalf of the County of San Diego Health and Human Services Agency Public Health Services department. It has been just over seven months since COVID-19 vaccines were available in San Diego County. While as a region, we have made great efforts in increasing our vaccination efforts. There is still a significant number of individuals, who have yet to receive their second vaccine dose. As well, 20% of the eligible population has not received their first vaccine dose. This letter is to request all healthcare providers to reach out to their patients who are missing their second vaccine dose or who have yet to be vaccinated.

It is clear vaccinations are key to ending the pandemic, ensuring low hospitalization and intensive care rates, and reducing the incidence of death. Through the County’s research partner, FM3 Research, the County conducted a recent second vaccine confidence survey. The survey found that those who remain hesitant toward the vaccination do not have enough information yet and are likely to get vaccinated after consultation with a trusted messenger, typically a nurse or doctor. As healthcare providers, you can access your patients’ electronic medical records to assess their vaccination status. As a trusted source of information, it is vital to utilize this resource and outreach to your patients via phone and electronically to encourage and motivate them to receive their vaccinations.

Healthcare providers continue to be respected partners in the fight against COVID-19. The County appreciates your immediate attention to this matter. Thank you for your invaluable efforts as clinical leaders in helping to serve and protect the entire County region. I want you to know that we are all in this together with one singular mission, to protect the public and prevent the spread of this virus through vaccinations. I want to emphasize that your decisive leadership, action, and support are essential, and your partnership is greatly appreciated.

Sincerely,

Wilma J. Wooten, M.D., M.P.H.
Public Health Officer & Director
Public Health Services

cc: Helen Robbins-Meyer, County of San Diego, Chief Administrative Officer
    Nick Macchione, County of San Diego, Health and Human Services Agency, Director