



To: CAHAN San Diego Participants

Date: Aug 18, 2023

From: Public Health Services

Health Advisory: Listeria Associated with Soft Serve Ice Cream Distributed to Long-Term Care Facilities

Key Messages

- On August 15, the California Department of Public Health (CDPH) issued a [health advisory regarding Listeria](#) in long-term care facilities.
- Health providers should contact the Epidemiology Unit if they identify *Listeria* in a resident of a long-term care facility or if there are multiple suspected cases.

Situation

The Centers for Disease Control and Prevention (CDC) is investigating a *Listeria* outbreak linked to kosher soft serve ice cream served in long-term care facilities. One case residing in a long-term care facility, was served this ice cream. On August 9, Real Kosher Ice Cream recalled all flavors of their “Soft Serve on the Go” ice cream cups that have been distributed to 19 states, including California and Washington, D.C. Distribution included multiple long-term care facilities. As of August 10, 2023, no cases have been identified among California residents. For additional details, see the accompanying California Department of Public Health (CDPH) health advisory.

Actions Requested

1. Long-term care facilities, hospitals and other institutions should not serve any flavors of “Soft Serve on the Go” ice cream cups.
2. Healthcare providers should **immediately** contact the Epidemiology Unit by calling 619-692-8499 (Monday-Friday 8 AM-5 PM), or 858-565-5255 (after hours) if they identify a case in a resident of a long-term care facility or if there are multiple suspected cases.

Resources

- [Listeria Outbreak Linked to Ice Cream | CDC](#)
- [Real Kosher Ice Cream Recalls Soft Serve on the Go Cups Because of Possible Health Risk | FDA](#)

Thank you for your participation.

CAHAN San Diego

County of San Diego Health & Human Services Agency

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Health Advisory

To: Healthcare Providers

Listeria Associated with Soft Serve Ice Cream Distributed to Long-Term Care Facilities

8/15/2023

Key Messages

- The Centers for Disease Control and Prevention (CDC) is investigating a *Listeria* outbreak linked to kosher soft serve ice cream.
- On August 9, Real Kosher Ice Cream recalled all flavors of their “Soft Serve On The Go” ice cream cups, that have been distributed to multiple long-term care facilities.
- One case has been reported from this outbreak that was served this ice cream and resided in a long-term care facility.
- Listeriosis is especially harmful to those who are pregnant, aged 65 or older, or with weakened immune systems.
- Healthcare providers and clinical laboratories should contact their local health departments and report identified cases per California Code of Regulations, Title 17.

Background

The CDC is investigating a *Listeria* outbreak linked to kosher soft serve ice cream and is advising long-term care facilities, hospitals and other institutions to not serve any flavors of “Soft Serve On The Go” ice cream cups. One sick person in this outbreak was served this ice cream cup while residing in a long-term care facility. *Listeria* was found in a “Soft Serve On The Go” ice cream cup collected from another sick person's freezer, and laboratory scientists are working to determine if it is the outbreak strain of *Listeria*.

On August 9, [Real Kosher Ice Cream recalled](#) all flavors of their “Soft Serve On The Go” ice cream cups. Recalled ice cream cups were distributed nationwide to multiple long-term care facilities.

Listeriosis is a serious illness especially for those who are elderly, immune-compromised, and/or pregnant. Reporting of listeriosis by both healthcare providers and clinical laboratories are required within one working day of identification per California Code of Regulations, Title 17. In addition, all isolates must be sent to a public health laboratory for additional strain typing, which may help identify the source of illness.

Recommendations

Long-term care facilities, hospitals and other institutions should not serve any flavors of “So Serve On The Go” ice cream cups.

Healthcare providers and clinical laboratories must report identified listeriosis cases per California Code of Regulations, Title 17.

Healthcare providers should contact their local health department **immediately** if they identify a case in a resident of a long-term care facility or if there are multiple suspected cases.

Resources

Please see the CDC notification at CDC website: [Listeria Outbreak Linked to Ice Cream](#)

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Department Website (cdph.ca.gov)

