COVID-19 Symptom Decision Tree

At childcare site, child or staff member develops any one of the following signs or symptoms:

- Fever with or without chills/rigors (fever defined as $T > 100.0$ that does not resolve within 30 min. without medication)
- Cough*
- Shortness of breath
- Nasal congestion/rhinorrhea (runny nose)*
- Sore throat
- Nausea, vomiting, or diarrhea*
- Fatigue*
- New loss of taste/smell
- Headache*
- Muscle or body aches*
- Poor feeding or poor appetite*

* Disregard this symptom if childcare staff/personnel already aware of a chronic, pre-existing condition that causes the symptom.

The nature of the presenting symptom (e.g., duration, intensity) must be consistent with the underlying chronic condition.

ACTION:
Applying appropriate PPE; isolate child/staff member until sent home; recommend they contact health care provider for instructions/testing.

Note: Other infections can cause similar symptoms (e.g., flu, strep, etc.) but these do not rule out COVID-19 as co-occurring.

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**CHILD / STAFF TO STAY HOME UNTIL...**

- **With PCR COVID-19 viral test**
  - (Not antibody test; not antigen test)
  - **Positive**
    - Identify all close contacts (as defined by CDC). Identify all cohort/group/class members. Quarantine and exclude close contacts (and work with public health & local Child Care Licensing Regional Office on decision to exclude entire cohort) for 14 days after last date case present.
    - Notification to childcare community of a known case.
  - **Retested or Not Retested**
    - *Proof of negative test not required

- **Without PCR Covid-19 viral test**
  - Isolate the case. May return when:
    - (a) 24 hours without fever (no meds) and (b) symptoms are improving AND (c) at least 10 days from symptom onset or test date.

- **Note from healthcare provider re: chronic illness**
  - A signed note from a licensed MD/DO/NP/PA (who manages that condition) must:
    - Confirm the chronic diagnosis (i.e., cites labs, date-of-record when diagnosed);
    - Include contact information;
    - Explain how symptoms are unrelated to COVID-19; and
    - Be accompanied by signed consent for childcare provider to interact with MD/DO/NP/PA.

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**Negative**

- **Proof of negative test required.**
  - May return 72 hours after symptoms resolved.
  - Consider notification to childcare community.

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If childcare provider becomes aware of one case in one cohort/class/group, then have childcare administrator contact the Public Health Department at (619) 692-8499 & local Child Care Licensing Regional Office at (619) 767-2200 to report the case for further directions on quarantine.