

HIV Counseling and Testing Report 2011



COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY
PUBLIC HEALTH SERVICES DIVISION



COUNTY OF SAN DIEGO
HEALTH AND HUMAN SERVICES AGENCY
PUBLIC HEALTH SERVICES DIVISION

HIV Counseling and Testing Report 2011

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Services Branch,
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3851 Rosecrans Street, P577
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(619) 692-8499
(619) 692-8545

For HIV testing locations and hours in San
Diego County, see Appendix IV, call (619)
296-2120 or log on to:

www.stdsandiego.org

This report is available on the web at:

www.sdhivaid.org

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HIV COUNSELING AND TESTING REPORT 2011

Background

Local human immunodeficiency virus (HIV) counseling and testing (HCT) data provides information about those individuals who voluntarily seek HIV testing. HCT services are conducted by the County of San Diego with funding from the California Department of Public Health. In the last ten years, the County has provided between 9,000 and 16,000 anonymous or confidential counseling and testing services each year. These tests have been provided at no cost, either anonymously (no name is given) or confidentially (a name is given). Testing is limited to persons 12 years of age or older for a serum test, and 13 years and older for the rapid test. The age of consent for HIV testing is defined in the California Code of Regulations; the rapid test is not FDA approved for individuals younger than 13. The most current year of HCT data available for analysis is 2010.

Limitations of the HCT data must be noted. Each case may not be unique as some individuals may test more than once within a year. Therefore, the term ‘testers’ does not refer to an unduplicated count of individuals. It is assumed that some of the ‘testers’ are testing more than once. HIV tests performed at private clinics, doctor’s offices, or hospitals are not included. Data reflect tests entered into Local Online Evaluation (LEO), primarily County or County-funded sites. LEO is an HCT and HIV Prevention database administered by the State Office of

AIDS.

Until recently, analysis of HCT data had been limited to anonymous tests only as the data was likely to be representative of those who sought publicly-funded HIV testing. Most confidential tests were offered at sexually transmitted disease (STD) clinics where clients came in for diagnosis and treatment of STDs other than HIV. Testers at confidential sites did not come in specifically for an HIV test and they may have declined to test for HIV. However, beginning in 2008, anonymous testers with a preliminary positive test were encouraged to convert the test to confidential, and most did. As there is no way to track a conversion from anonymous to confidential, this report will examine anonymous and confidential tests combined.

Outreach efforts and activities vary over time and are based on the needs of the community and funding availability. Since 2001, there has been an increased focus on HCT outreach to high-risk groups. The success of the outreach efforts has increased the number of high-risk testers, which in turn results in an increase in the rate of persons who test HIV positive. High risk is defined by specific behaviors. See Appendix I, Office of AIDS HIV Counseling and Testing Risk Group Hierarchy.

In September 2003, the HCT program in San Diego began offering the rapid HIV antibody test as a pilot site for the State Office of AIDS. The HIV rapid test result is available in approximately 20 minutes with either a negative or preliminary positive result. With a conventional se-

rum test, clients must return after one week for results. Unless the result is preliminary positive, clients who choose a rapid HIV test do not need to return for results.

Not only are the rapid tests convenient for clients, but they also increase the likelihood that the client will receive his or her test result. When serum tests are used, it is not uncommon for a client to skip the second visit to the test site to receive the results. By 2010, rapid tests accounted for 75% of all tests.

Since the rapid test counseling session incorporates the risk assessment and the disclosure counseling into one visit to the test site, fewer rapid tests can be completed in the same time period when compared to conventional serum tests. This, combined with the closure of selected low yield testing sites, has resulted in a decrease in the number of tests (from 16,158 in 2001 to 10,863 in 2010). Although the rapid test has decreased the total number of tests performed, it has increased the percentage of clients who receive their results from 74% (11,453) in 2002 to 88% (9,569) in 2010. Budget cuts enacted in fiscal year 2009/2010 also impacted the number of tests conducted during that time. For questions about availability of services contact the HIV, STD and Hepatitis Branch at (619) 296-2120.

The majority of individuals seeking HIV counseling and testing services in San Diego County are male (75% male and 25% female in 2010). The proportion of female testers has dropped from 32% in 2001 to 25% in 2010. In general, males

coming in for services are less racially diverse and older than females in any particular year. Each year since 2001, a smaller percentage of testers were white and African American and a greater percentage were Hispanic or Asian/Pacific Islander. Proportions of testers by age show a slight decrease in younger ages (under 25) and a slight increase in older ages (50 and older) between 2001 and 2010.

Highlights

The HIV infection rate per 100 tests among testers increased to 2.1 between 2001 and 2006, but recently decreased to 1.1 in 2010 (see Figure 1).

Males test positive at a higher rate than females (1.4 versus 0.2 per 100 tests in 2010). Rates for males increased from 1.9 in 2001 to 2.5 in 2006, falling to 1.4 in 2010. The trend for female rates was similar, although with greater fluctuation due to smaller numbers: 0.1 in 2001 to 0.9 in 2006, falling to 0.2 in 2010 (see Figure 2). The increase for women was not considered to be statistically significant. See Appendix II for more information on rates and statistical significance.

Black and Latino testers have consistently had the highest HIV infection rates per 100 tests. Rates of infection remained stable for blacks between 2001 and 2009, declining below the rate for whites for the first time in 2010. Latino rates have increased from 1.8 in 2001 to 3.8 in 2006 with a decline to 1.5 in 2010. Between 2001 and 2005, the rate testing positive for Asian/Pacific Islanders increased from 1.0 to 2.4, dropping to 0.8 in 2010.

The rate for Asian/Pacific Islanders is based on small numbers and the changes were not statistically significant. Rates for whites increased in 2003 to 1.8 but have decreased to 1.0 in 2010 (see Figure 3).

Similar to trends in other demographics, rates of HIV infection have increased between 2001 and 2006 for each age group, with rates dropping through 2010. Although the 25-34 age group experienced an increased rate in 2008 and 2009, it was not statistically significant (see Figures 4 and 5).

Historically, HCT testers who report residing in the Central Region of San Diego County have the highest HIV infection rate per 100 tests; however, the South Region has experienced an increase and has had the highest rate each year since 2003, peaking at 4.7 in 2006 and decreasing to 1.9 in 2010 (see Figure 6). The Region for each tester is assigned by reported zip code of residence. See Appendix III for more information about the Regions.

During the counseling session, sexual and substance-use behaviors are assessed. These behaviors are categorized into the likely mode of transmission or risk group. Risk groups have been collapsed for analysis into groups with sufficient data (five or more HIV positive tests per year) or that have a rate higher than the County overall rate. The remaining groups are combined into “All Other.” Changes in the questions on the counselor test form beginning in 2001 have resulted in fewer testers being categorized as an intravenous drug user (IDU), leading to insuffi-

cient data to calculate an HIV infection rate for IDU. Therefore IDU are collapsed into “All Other.” See Appendix II for more information on risk groups.

Among HIV testers, the men who have sex with men (MSM) group continues to have higher HIV infection rates than other groups (see Figure 7). A dramatic drop in rates was seen for the MSM group in the early 1990s (12.3 in 1990 to 5.5 in 1995). Rates increased for this group from 2002-2003 (4.5 to 5.3) and decreased over time to 2.4 in 2010 (see Figure 8).

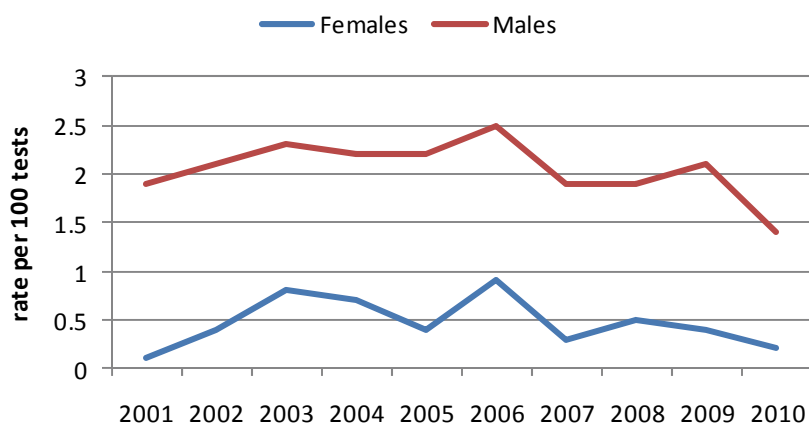
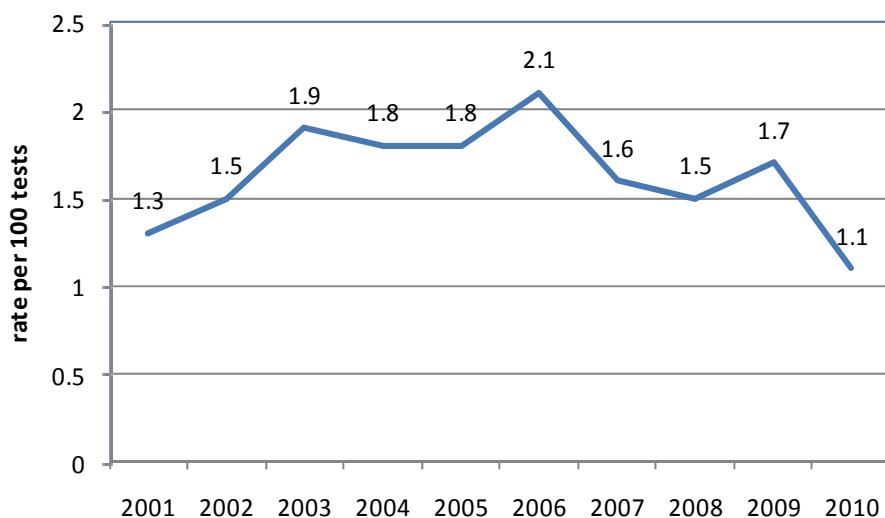
Trends in overall anonymous testers are similar for the MSM group. The MSM group has the highest rate per 100 by age among 25-34 year olds (3.4 in 2010; see Figure 9). Latinos in the MSM group now have the highest rate compared to other racial/ethnic groups, with 3.7 per 100 in 2010 (see Figure 10). MSM group testers residing in the HHSA South Region have had the highest rates of HIV infection since 2001, with the rate increasing each year through 2006 (12.3) and then declining to 5.1 in 2010 (see Figure 11).

Young MSM, ages 12-24, have a small number of testers, so rates are less stable. The rate for MSM age 12-24 dropped to 1.8 in 2004, increased to 3.8 in 2008 and has declined to 2.1 in 2010 (see Figure 12). Within the 2001-2010 time period, none of the differences in rates were statistically significant.

For a list of no cost or low cost HIV testing sites in San Diego County, see Appendix IV.

FIGURE 1:

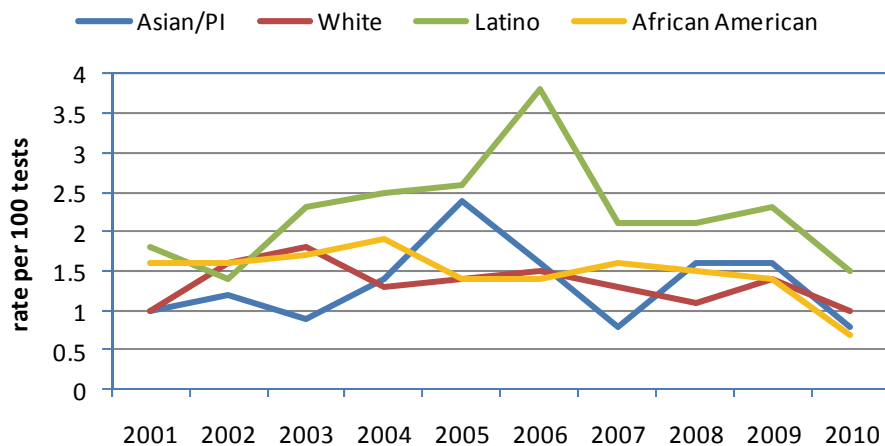
Rate per 100
Testing HIV Positive,
All HCT Testers,
San Diego County,
2001-2010.

**FIGURE 2:**

Rate per 100 Testing HIV
Positive by Gender,
San Diego County,
2001-2010.

FIGURE 3:

Rate per 100
Testing HIV Positive
by Racial/Ethnic
Group,
San Diego County,
2001-2010.

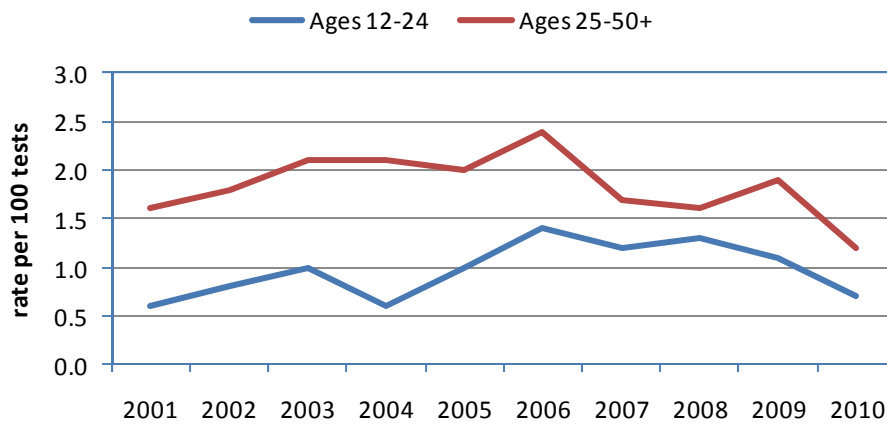
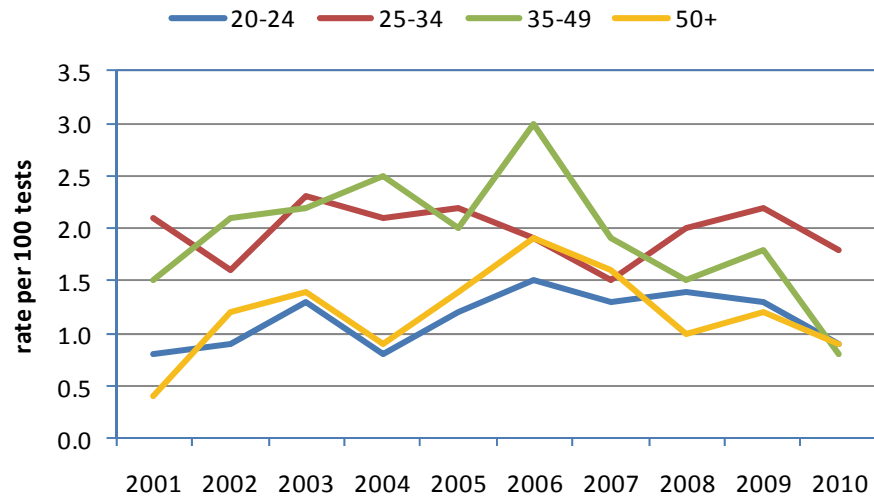


Trend lines for other racial/
ethnic groups could not be
calculated due to insuffi-
cient data.

FIGURE 4:

Rate per 100
Testing HIV Positive
by Age Group,
San Diego County,
2001-2010.

Trend lines for the Under 20
age group could not be calcu-
lated due to insufficient data.

**FIGURE 5:**

Rate per 100 Testing
HIV Positive
by Ages 12-24 and
Ages 25-50+,
San Diego County,
2001-2010.

FIGURE 6:

Rate per 100
Testing HIV Positive
by HHSA Region,
San Diego County,
2001-2010.

2001-2006 for North
Coastal, 2010 for East and
all years for North Inland
could not be calculated
due to insufficient data.

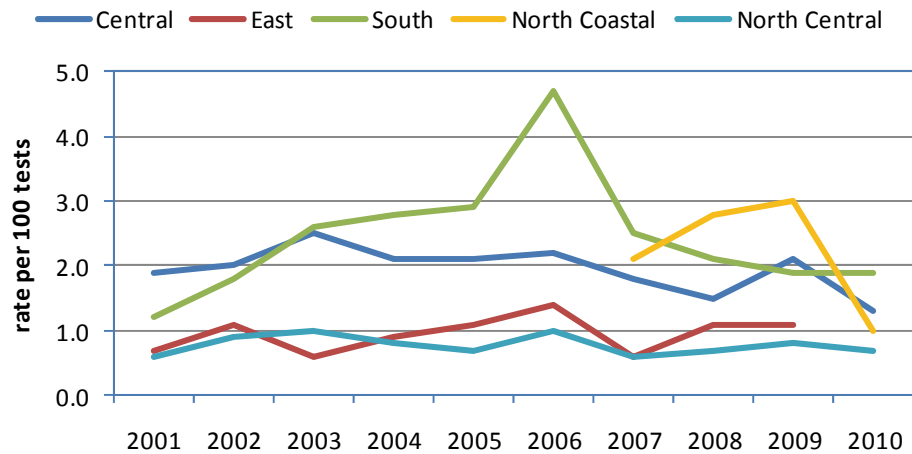
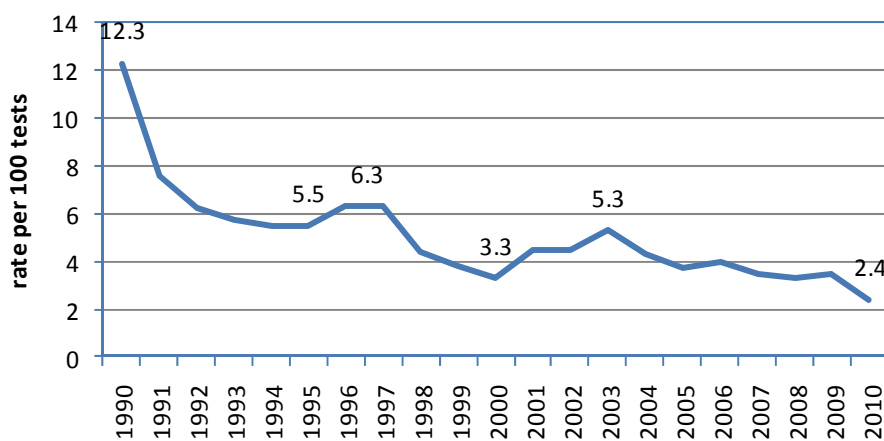
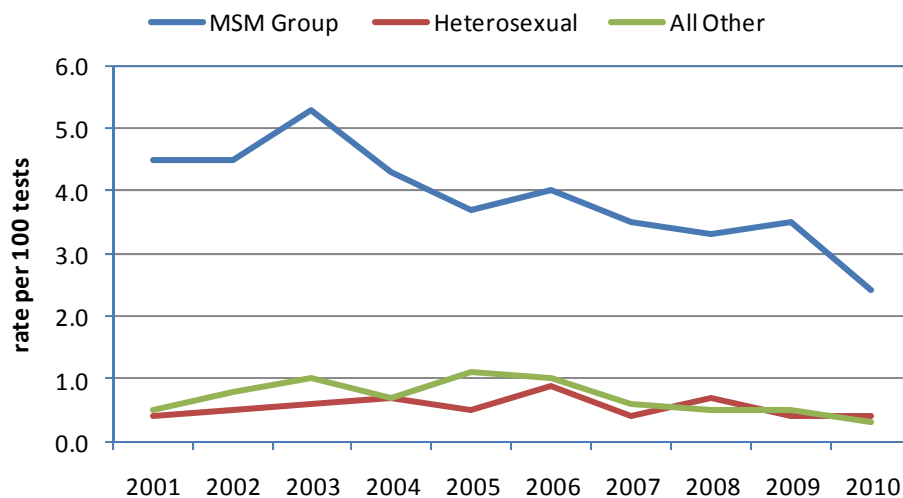


FIGURE 7:

Rate per 100
Testing HIV Positive
by Risk Group,
San Diego County,
2001-2010.

Trend lines for other risk
groups could not be calcu-
lated due to insufficient
data.

**FIGURE 8:**

Rate per 100
Testing HIV Positive ,
MSM Group
San Diego County,
1990-2010.

The MSM Group includes
MSM, Bisexual men and Gay-
Bi IDU risk groups.

FIGURE 9:

Rate per 100
Testing HIV Positive,
MSM Group
by Age Group,
San Diego County,
2001-2010.

A trend line could not be
calculated for the under 20
and 50+ age group due to
insufficient data.

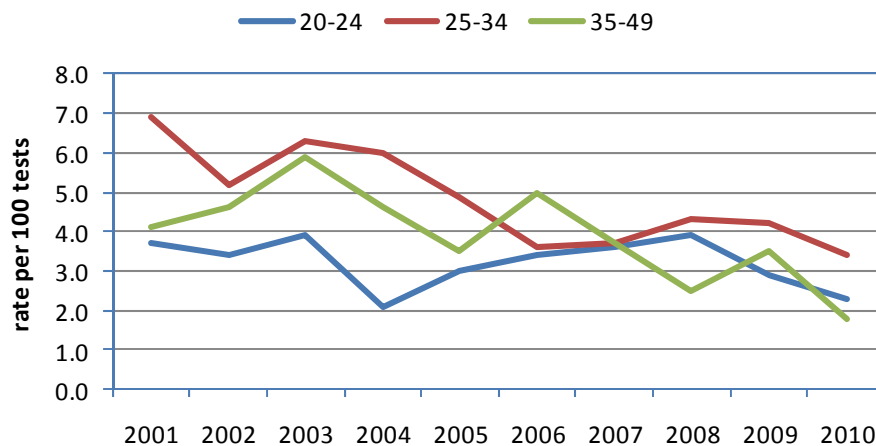
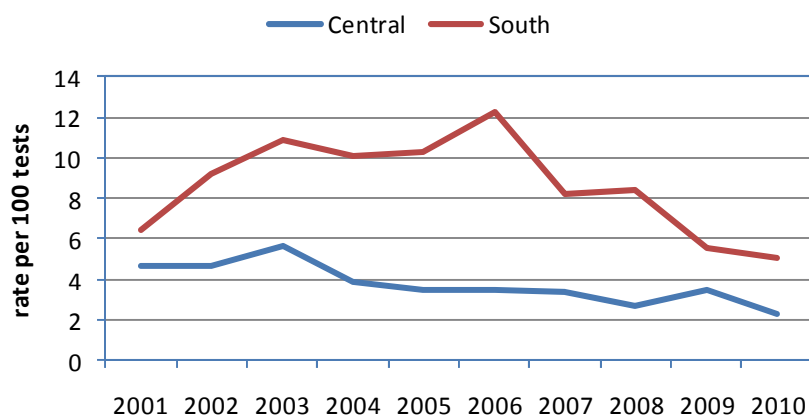
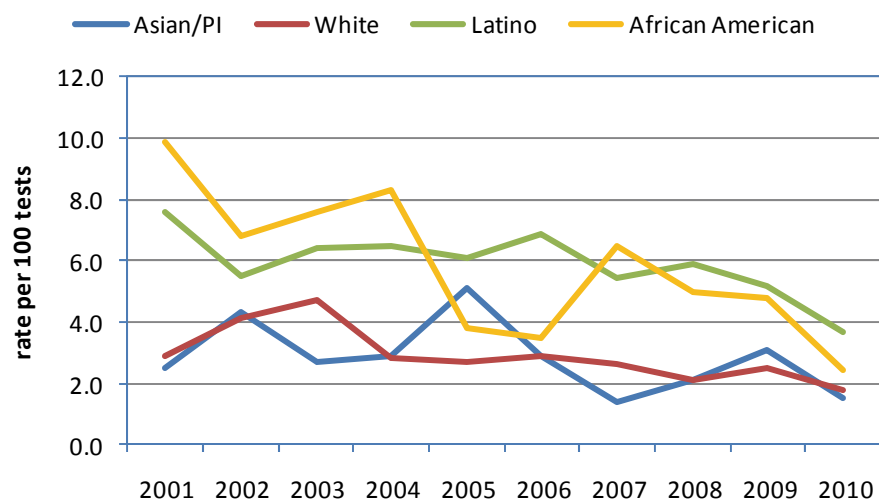


FIGURE 10:

Rate per 100
Testing HIV Positive,
MSM Group by
Racial/Ethnic Group,
San Diego County,
2001-2010.

Trend lines could not be
calculated for other race/
ethnicities due to insufficient
data.

**FIGURE 11:**

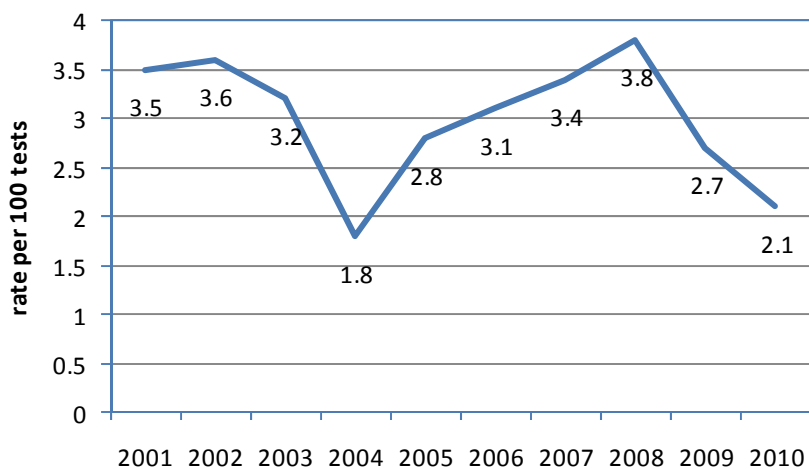
Rate per 100
Testing HIV Positive,
MSM Group by
HHSA Region,
San Diego County,
2001-2010.

Trend lines could not be calculated
for North Coastal, North Central,
North Inland and East regions due to
insufficient data.

FIGURE 12:

Rate per 100
Testing HIV Positive,
MSM Ages 12-24,
San Diego County,
2001-2010.

Interpret with caution: the small
number of positives each year result
in unstable rates.



APPENDIX

APPENDIX I

OFFICE OF AIDS HIV COUNSELING AND TESTING RISK GROUP HIERARCHY

After risk behavior information is entered into the database for a client, a computer program ranks risk and assigns the client to the mutually exclusive group with the *highest risk*. As of 2010, behaviors must have occurred within the past 12 months to be re-recorded. NOTE: This change from ever used to 24 months and then to 12 months resulted in fewer tests assigned to Injection Drug Use (IDU), and rates can no longer be calculated due to fewer than five (5) HIV positive tests per year.

For the purpose of analysis, some risk groups have been combined. Below are the definitions used here:

Men who have Sex with Men (MSM): Men who report having a male sex partner, no female sex partners, and no injection drug use.

Bisexual: Men and women who report having both male and female partners.

Combined Risk Groups:

MSM Group: A combination of three (3) risk groups that have in common male to male sexual contact. This includes men who report having sex with a male, or male and female partner and also report using injection drugs (Gay/Bi IDU), MSM and Bisexual men.

Heterosexual: A combination of seven (7) risk groups that have in common male to female sexual contact.

All Other: A combination of two (2) risk groups, injection drug use and unknown or missing risk.

APPENDIX II

TECHNICAL NOTES

Calculating a rate of HIV infection is a better indication of the burden of disease for a given group of HIV Counseling and Testing (HCT) testers than the raw numbers alone. The distribution of testers by demographic group may not be the same as the distribution within the local population. Calculation of a rate normalizes the raw number and allows groups with dissimilar sizes to be compared. Rates may be based on the population at large, such as for AIDS rates; a subpopulation utilizing services, such as clients presenting for HIV Counseling and Testing; or individuals in a research study, such as an STD seroprevalence study.

HCT Rates

A rate is calculated by dividing the number of HIV testers with a confirmed HIV positive test in a given time period by the total number of testers in that group in the same time period. The proportion of HIV positive tests in a given group is then multiplied by 100 to give the rate per 100. For example, in the year 2010, there were 118 HIV positive tests among HCT testers in San Diego County. In the same year, there were 10,863 total HCT tests in San Diego County. When the number of events (118) is divided by the group size (10,863) and multiplied by 100, the result is:

$(118/10,863) \times 100 = 1.1$ HIV positive tests per 100 HCT testers in San Diego County.

Rates in the HCT Report are not based on population size, but rather on the voluntary participation of clients in publicly-funded testing and does not include private clinic testing. This data does not represent the general population in San Diego County. HCT data are not unduplicated and likely contain some repeat testers within a given time period.

Rates are not calculated when there are fewer than five (5) HIV positive tests in one year. This is deemed insufficient data to calculate a rate.

Statistics

Fluctuation in rates occurs over time and between groups. The smaller the number of events (i.e., HIV positive tests), the greater the fluctuation. Statistical tests are often used to determine when one rate is different from another. One such test that is used in this report is the 95% confidence interval. When rates are described here as “statistically significant” or “significant,” the rates are determined to be different from each other with 95% confidence ($p < .05$).

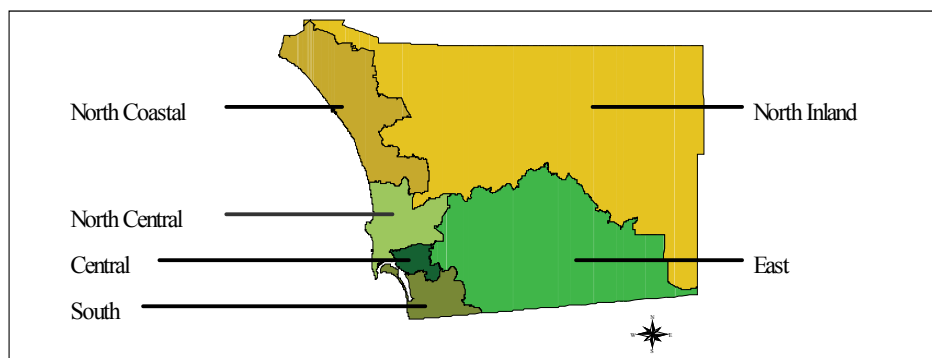
APPENDIX III

HEALTH AND HUMAN SERVICES AGENCY (HHSA) REGIONS OF SAN DIEGO

San Diego County is divided into six (6) Health and Human Services Agency operational regions by zip code. The following list presents the regions and the zip codes contained therein.

FIGURE 13:

HHSA Regions of
San Diego County



Central Region

Zip codes 92101, 92102, 92103, 92104, 92105, 92113, 92114, 92115, 92116, 92132, 92134, 92136, 92139, 92112, 92162, 92163, 92164, 92165, 92170, 92175, 92176, 92186, 92191, 92194, 92186, 92191, 92194, 92199, 92152, 92158, 92181, 92187, 92191, 92194, and 92195.

East Region

Zip codes 91901, 91905, 91906, 91916, 91917, 91931, 91934, 91935, 91941, 91942, 91945, 91948, 91962, 91963, 91977, 91978, 91980, 92019, 92020, 92021, 92040, 92071, 91944, 92090, 91946, and 92090.

South Region

Zip codes 91902, 91910, 91911, 91913, 91914, 91915, 91932, 91950, 92010, 92011, 92118, 91921, 91990, 92135, 92154, 92155, 92173, 92179, 91909, 91912, 92143, 91951, 91933, 92073, 92050, 92153, 92158, 91921, and 91990.

North Coastal Region

Zip codes 92007, 92008, 92009, 92013, 92014, 92024, 92051, 92052, 92054, 92055, 92056, 92057, 92067, 92013, 92058, 92068, 92075, 92077, 92081, 92083, 92084, 92672, 92092, 92093, 92169, 92161, 92038, 92137, 92078, 92091, 92199, 92096, 92013, 92078, 92091, 92077, 92081, 92008, 92058, and 92096.

North Inland Region

Zip codes 92003, 92004, 92025, 92026, 92027, 92028, 92029, 92036, 92059, 92060, 92061, 92064, 92065, 92066, 92069, 92070, 92082, 92086, 92127, 92128, 92129, 92259, 92390, 92536, 92592, 92046, 92198, 92190, and 92079.

North Central Region

Zip codes 92037, 92106, 92107, 92108, 92109, 92110, 92111, 92117, 92119, 92120, 92121, 92122, 92123, 92124, 92126, 92130, 92131, 92133, 92140, 92142, 92145, 92138, 92147, 92166, 92168, 92171, 92172, 91990, 92193, 92196, 92177, and 92147.

APPENDIX IV

HIV TESTING SITES

LOCATIONS AND HOURS

No appointment necessary!

Testing is anonymous or confidential.

HIV testing is free.

HIV testing is also available at our STD Clinics.*
(see reverse side for more information)

HIV testing is available on the Mobile Unit.
For more information on HIV Mobile Testing locations call 619-296-2120.

Syphilis testing is available at all HIV testing sites.

The clinics listed below are walk-in testing sites and register as many people as each clinic can accommodate. *The testing sites will close when capacity is met.*

**County Health
Services Complex**
3851 Rosecrans St.
San Diego, 92110
(619) 296-2120

Rapid Testing Available

**Monday, Tuesday, &
Wednesday**
7:30 am — 4:30 pm

Thursday
10:00 am — 4:00 pm

Friday
7:30 am — 4:00 pm

San Diego LGBT Community Center
3909 Centre Street
San Diego, 92103
(619) 692-2077

Rapid Testing Available

Monday & Wednesday
Anonymous & Confidential HIV Testing
9:00 am — 2:00 pm

UCSD AVRC is providing the confidential *Early Test* (HIV testing one week after exposure) and the anonymous rapid test at the LGBT Center on Tuesdays, Thursdays & Fridays.

Tuesday & Thursday
9:00 am — 3:15pm

Friday
9:00 am — 1:45 pm

**Central Region
Public Health Center**
5202 University St.
San Diego, 92105
(619) 229-5400

Tuesday
1:00 pm — 7:00 pm
Rapid Testing Available

Friday
10:00 am — 4:00 pm

*\$15 fee for testing is requested at STD Clinics, it may be waived if you are unable to pay.

County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch
See reverse side for STD Clinic Hours and Locations
February 2010

APPENDIX IV *continued*

Ubicaciones Para la Prueba del VIH

CLÍNICAS Y HORARIOS

¡No es necesario hacer cita!

Prueba anónima o confidencial.

La prueba del VIH (SIDA) es gratis.

La prueba de VIH también esta disponible en clínicas de Enfermedades Transmitidas Sexualmente (ETS).*

(vea al dorso de esta forma para mas información)

La prueba de VIH esta disponible en la Unidad Médica Móvil
Para mas información sobre ubicaciones de la Unidad Médica Móvil llame 619-296-2120.

La prueba de sífilis esta disponible en todas ubicaciones que ofrecen la prueba del VIH.

Las siguientes clínicas no requieren cita previa y registran la máxima capacidad de personas que sea posible servir. ***Las clínicas cerrarán a llenarse el cupo.***

Edificio de Servicios de Salubridad del Condado
3851 Rosecrans St.
San Diego, 92110
(619) 296-2120

Prueba rápida disponible

Lunes, Martes, y Miércoles
7:30 am — 4:30 pm

Jueves
10:00 am — 4:00 pm

Viernes
7:30 am — 4:00 pm

Centro Comunitario LGBT de San Diego
3909 Centre Street
San Diego, 92103
(619) 692-2077

Prueba rápida disponible

Lunes y Miércoles
Pruebas anónimas o confidenciales del VIH
9:00 am — 2:00 pm

UCSD AVRC ofrece la *Prueba Temprana* confidencial, (prueba del VIH una semana después de exposición) y la prueba rápida anónima en el Centro Comunitario LGBT Martes, Jueves y Viernes.

Martes y Jueves
9:00 am — 3:15pm

Viernes
9:00 am — 1:45 pm

Centro de Salud Publica de la Region Central
5202 University St.
San Diego, 92105
(619) 229-5400

Martes
1:00 pm — 7:00 pm
Prueba rápida disponible

Viernes
10:00 am — 4:00 pm

*Una cuota de \$15 es requerida por hacerse prueba en las clínicas de ETS, la cuota puede ser suspendida si no puede pagar.

Condado de San Diego, Agencia de Servicios y de Salud, Departamento de VIH, ETS y Hepatitis
Vea al dorso de esta forma para clínicas de ETS y horario
Febrero, 2010

APPENDIX IV *continued*

STD CLINICS

LOCATIONS AND HOURS

No appointment necessary!

Confidential testing and treatment of sexually transmitted diseases (STDs)
for ages 12 and older.

\$15.00 fee covers, testing, treatment, vaccinations, lab work,
in-stock medications and any follow-up visit within 30 days of exam.
The fee may be waived if you are unable to pay.

Confidential HIV testing is available with each STD exam.

Hepatitis testing and vaccination available to those at-risk.

The clinics listed below are walk-in clinics and register as many people as each clinic can
accommodate. Please register for your visit as early in the day as possible.
The clinic will close when capacity is met.

**County Health
Services Complex**
3851 Rosecrans St.
San Diego, 92110
(619) 692-8550

**Monday, Tuesday,
Wednesday &
Friday**

7:30 am — 4:00 pm

Thursday

10:00 am — 4:00 pm

Closed everyday 12-1pm

**North Coastal
Public Health Center**
104 South Barnes St.
Oceanside, 92054
(760) 967-4401

Wednesday

12:30 pm — 7:30 pm

**Central Region
Public Health Center**
5202 University Ave.
San Diego, 92105
(619) 229-5400

Tuesday

1:00 pm — 7:30 pm

Friday

10:00 am — 4:00 pm

**South Region
Public Health Center**
690 Oxford St.
Chula Vista, 91911
(619) 409-3110

Thursday

12:00 pm — 6:00 pm

If you prefer to have an HIV test done anonymously, testing is available at the County Health
Services Complex at 3851 Rosecrans Street in San Diego. See reverse side for more
information or call (619) 296-2120.

*Clinic hours are subject to change.

County of San Diego, Health and Human Services Agency, HIV, STD and Hepatitis Branch

See reverse side for HIV/Syphilis Testing Sites
May 2011

APPENDIX IV *continued*

CLÍNICAS DE ETS

UBICACIONES Y HORARIO

¡No es necesario hacer cita!

Prueba Confidencial y tratamiento de enfermedades transmitidas sexualmente (ETS) para personas de 12 años y mayores.

Una cuota de \$15.00 cubre pruebas, tratamiento, vacunación, pruebas de laboratorio, medicamento y visitas adicionales durante los primeros 30 días de su examen.

La cuota puede ser suspendida si no puede pagar.

La prueba de VIH confidencial esta disponible con el examen de ETS.

La prueba de hepatitis y vacunaciones contra la hepatitis están disponibles, conforme a criterio de riesgo.

Las siguientes clínicas no requieren cita previa y registran la máxima capacidad de personas que sea posible servir. Favor de registrarse lo mas temprano posible.

La clínica cerrará al llenarse el cupo.

Edificio de Servicios
de Salubridad del
Condado
3851 Rosecrans St.
San Diego, 92110
(619) 692-8550

Lunes, Martes, Miércoles
y Viernes
7:30 am — 4:00 pm

Jueves
10:00 am — 4:00 pm

Cierra diario 12-1pm

Centro de Salud
Publica de la Región
Norte Costera
104 South Barnes St.
Oceanside, 92054
(760) 967-4401

Miércoles*
12:30 pm — 7:30 pm

Centro de Salud
Publica de la Región
Central
5202 University Ave.
San Diego, 92105
(619) 229-5400

Martes*
1:00 pm — 7:30 pm

Viernes*
10:00 am — 4:00 pm

Centro de Salud
Publica de la Región
Sur
690 Oxford St.
Chula Vista, 91911
(619) 409-3110

Jueves
12:00 pm — 6:00 pm

Si prefiere la prueba del VIH anónima, pruebas están disponibles en el Edificio de Servicios de Salubridad del Condado localizada en 3851 Rosecrans Street, San Diego. Vea al dorso de esta forma para mas información o llame (619) 296-2120.

*Horarios pueden cambiar.

Condado de San Diego, Agencia de Servicios y de Salud, Departamento de VIH, ETS y Hepatitis
Vea al dorso de esta forma para Ubicaciones Para la Prueba del VIH/Sífilis
Junio 2011

DATA SOURCE

San Diego County HIV Counseling and Testing Data, California Department of Public Health, Office of AIDS.

COUNTY OF SAN DIEGO



HHSA

HEALTH AND HUMAN SERVICES AGENCY

Epidemiology Program • HIV/AIDS Epidemiology • 3851 Rosecrans Street • San Diego, CA 92110