

# *The TB Skin Test and your Immune System*

**Thank you** for deciding to have the skin test for tuberculosis (TB). Most people with TB infection do not have any symptoms.

## *The TB Skin Test Process*

1. When you have your test today, a small amount of fluid will be injected into the skin of your forearm. You need to return to this clinic in two days to have your test read.
2. When you return, your arm will be checked for a reaction. **It is very important that you let the person reading the skin test know if you have a condition which may affect your immune system, like HIV, cancer, steroid treatment, diabetes, arthritis, or organ transplants.** This information affects the way your skin test is read.
3. If you haven't been tested for HIV, and feel you may have risk factors, you may want to consider doing so. You may call 619-296-2120 to arrange to speak with a nurse about TB and HIV risk factors. You may also call 619-236-2352 (760-940-1234 in North County) for the location and hours of the HIV test site nearest you.

*All information about you and your health status will be kept confidential as required by law.  
It will not be released to anyone without your written permission.*

County of San Diego Department of Health Services  
P.O. Box 85222  
San Diego, CA 92186-5222

HHSA:DC-464 (6/02)

(Español al dorso)

# *The TB Skin Test and your Immune System*

**Thank you** for deciding to have the skin test for tuberculosis (TB). Most people with TB infection do not have any symptoms.

## *The TB Skin Test Process*

4. When you have your test today, a small amount of fluid will be injected into the skin of your forearm. You need to return to this clinic in two days to have your test read.
5. When you return, your arm will be checked for a reaction. **It is very important that you let the person reading the skin test know if you have a condition which may affect your immune system, like HIV, cancer, steroid treatment, diabetes, arthritis, or organ transplants.** This information affects the way your skin test is read.
6. If you haven't been tested for HIV, and feel you may have risk factors, you may want to consider doing so. You may call 619-296-2120 to arrange to speak with a nurse about TB and HIV risk factors. You may also call 619-236-2352 (760-940-1234 in North County) for the location and hours of the HIV test site nearest you.

*All information about you and your health status will be kept confidential as required by law.  
It will not be released to anyone without your written permission.*

County of San Diego Department of Health Services  
P.O. Box 85222  
San Diego, CA 92186-5222

HHSA:DC-464 (6/02)

(Español al dorso)