



AGING & INDEPENDENCE SERVICES

COUNTY OF SAN DIEGO • HEALTH AND HUMAN SERVICES AGENCY

LONG TERM CARE INTEGRATION PROJECT

Aging & Independence Services (AIS)
San Diego Long Term Care Integration Project (LTCIP)
Update for the Health Services Advisory Board (HSAB)
November 2013

The goal of the Long Term Care Integration Project (LTCIP) is to improve service delivery for older adults and persons with disabilities. To achieve this goal, three incremental strategies were established: (1) The Aging and Disability Resource Connection (ADRC) (2) TEAM SAN DIEGO and (3) An Integrated Acute and Long Term Care Service Delivery Model (The Coordinated Care Initiative which includes Cal MediConnect).

Aging and Disability Resource Connection (ADRC)

ADRC Designation

San Diego County's ADRC was one of the first federally designated ADRCs in the nation. Established in 2004, the ADRC was built on the foundation of the AIS Call Center with Access to Independence joining Aging & Independence Services (AIS) as a full partner in the ADRC in 2006. San Diego was the first ADRC to partner an Area Agency on Aging (AAA) and an Independent Living Center (ILC). This partnership enhanced both agencies' effectiveness to serve younger disabled individuals and older adults, improved their ability to make referrals to programs and services, and strengthened their assessment capabilities that has facilitated enrollment of consumers in entitlement programs. AIS and Access to Independence have served as trailblazers and provided the country with a replicable ADRC model that successfully serves thousands of individuals each year.

As California's ADRC network has grown, the California Health and Human Services Agency (CHHS) developed a set of ADRC designation criteria that closely aligned with federal requirements. California's ADRC criteria serve to establish fair and consistent standards for designating networks of organizations as ADRC partnerships and to help these organizations implement system improvements by expanding their partnerships, developing their infrastructure, and enhancing their capacity to meet state standards while also accommodating the needs of the local community. All new and established ADRCs operating in California were required to submit an application to the State for California designation as a fully operational ADRC. San Diego County submitted an application for this designation on July 31, 2013 and received notification on November 1, 2013 that we were the first ADRC in the state to be awarded the official designation as a certified ADRC in the state of California. AIS and Access to Independence will jointly enter into a Memorandum of Understanding (MOU) with CHHS to operate San Diego County's ADRC for the foreseeable future.

The Community-based Care Transitions Program (CCTP)

The Health and Human Services Agency (HHS), Aging & Independence Services (AIS) entered into a Program Agreement with the Centers for Medicare and Medicaid Services (CMS) to implement the Community-based Care Transitions Program (CCTP) in partnership with Palomar Health, Scripps Health, Sharp HealthCare, and the University of California San Diego (UCSD) Health System. CCTP is funded under Section 3026 of the Affordable Care Act (ACA) and will target up to 21,390, fee-for-service Medicare patients each year in 13 hospitals. The term of the two-year Program Agreement is from January 1, 2013 through December 31, 2014. This agreement can be extended if performance targets set by CMS are met.

Since CCTP began on January 22, 2013 through October 31, 2013, AIS invoiced CMS for 5,796 fee-for-service Medicare patients who received hospital-based and/or community-based care transition services to reduce their risk for a readmission. The enrollment in CCTP is steadily increasing. Among patients who completed CCTP through August 31, 2013 only 254 out of 2,748 patients were readmitted, resulting in a 9.24%, 30-day, all cause

readmission rate. The baseline readmission rate for Medicare patients with similar risk factors across the partnering hospitals is 18.6%.

To further enhance care transition services provided through CCTP, AIS submitted three program modification requests to CMS in October 2013. Sharp HealthCare has proposed to add a pharmacy intervention and advanced care planning to their array of CCTP services. AIS requested approval from CMS to expand the eligibility criteria for enrollment in the Care Enhancement Program to serve an acutely vulnerable population that is currently being excluded. If approved by CMS, San Diego's CCTP will be expanded to include these additional care transition services.

CMS is hosting a CCTP Learning Session in Baltimore on November 6th and 7th and representatives from all partnering health systems, HHSA and AIS will be in attendance. This forum will provide an opportunity for the San Diego CCTP Team to learn about and share best practices with other programs across the country.

TEAM SAN DIEGO

The TEAM SAN DIEGO concepts of virtual teaming and utilization of the AIS Network of Care website to support improved health and wellbeing have been incorporated into every day practices for both the Community-based Care Transitions Program (CCTP) and the Coordinated Care Initiative (CCI). Patients enrolled in CCTP are educated about how to use the library on the website to learn about their chronic health conditions and medications, locate needed community services and supports in the service directory, and create and maintain a personal health record which includes a current medication list to support improved health self-management. The CCI managed care health plan staff have been educated about TEAM SAN DIEGO, the importance of teaming to support care coordination, and how to use the AIS Network of Care website to deliver person-centered care.

Demonstration to Integrate Care for Dual Eligible Individuals

On April 14, 2012, San Diego County was selected as one of eight counties in California to implement California's Coordinated Care Initiative (CCI), an improved delivery system that will provide coordinated health care and long term services and supports (LTSS) to seniors and people with disabilities in the county who are dually eligible for both Medicare and Medi-Cal benefits. CCI consists of two parts: (1) the mandatory enrollment of Medi-Cal beneficiaries into Managed Care Organizations (MCOs) for their health coverage and access to long term services and supports (LTSS) including Community-Based Adult Services (CBAS), nursing home care, and County operated programs, In-Home Supportive Services (IHSS), services provided by the IHSS Public Authority, and the Multi-purpose Senior Services Case Management Program (MSSP); and (2) Cal MediConnect, a three-year demonstration that will provide coverage for all medical and behavioral health services (including Medicare Parts A, B, C and D) and access to all State Plan benefits and services covered by Medi-Cal for San Diego's dual eligible beneficiaries. CCI is scheduled to begin no sooner than April 1, 2014. MSSP will not begin any sooner in San Diego County than July 1, 2014.

AIS continues to work closely with the MCOs to support the successful implementation of CCI in San Diego County. Meetings between AIS and the MCOs are held monthly. Current discussions are focused on the development of policies and procedures related to the operation of IHSS and Public Authority as managed health care benefits. Future meetings will focus on the development of MSSP policies and procedures. AIS is an active participant on the CCI Advisory Committee and the CCI Communication Workgroup, and provides staff support to the elected chair of both groups, Gregory Knoll, Esq., Executive Director of the Consumer Center for Health Education and Advocacy.

CCI planning efforts in San Diego are focusing on crafting and disseminating outreach and education materials to ensure that impacted individuals (consumers and providers) are aware of the changes that will occur in the delivery of Medicare and Medi-Cal benefits through CCI. To support those efforts, Jane Ogle, DHCS Deputy Director, will be one of the keynote speakers at the November 19th Achieving Person-Centered Care in San Diego and Imperial Counties Event at the Scottish Rite Center. Deputy Director Ogle will

provide an informative presentation on California's CCI, and Gregory Knoll, Esq. will speak on the local impact of CCI. There will be break-out sessions in the afternoon that will be facilitated by Mr. Knoll and representatives from San Diego's CCI MCOs. These sessions will provide a venue for attendees to ask questions and gain additional information about CCI. Registration is still open, however, there has been a great response to this event and remaining spaces are limited.

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