



AGING & INDEPENDENCE SERVICES

COUNTY OF SAN DIEGO • HEALTH AND HUMAN SERVICES AGENCY

LONG TERM CARE INTEGRATION PROJECT

Aging & Independence Services (AIS)
San Diego Long Term Care Integration Project (LTCIP)
Update for the Health Services Advisory Board (HSAB)
February 2014

The goal of the Long Term Care Integration Project (LTCIP) is to improve service delivery for older adults and persons with disabilities. To achieve this goal, three incremental strategies were established: (1) The Aging and Disability Resource Connection (ADRC) (2) TEAM SAN DIEGO and (3) An Integrated Acute and Long Term Care Service Delivery Model (the Coordinated Care Initiative which includes Cal MediConnect).

In December 2013, AIS was awarded a two-year grant by the SCAN Foundation for the LTCIP to serve as the Regional Aging and Disability Service and Advocacy Coalition for San Diego County. As the Regional Coalition, the LTCIP is charged with supporting Long Term Services and Supports (LTSS) policy development and advancement, and supporting the implementation of the Coordinated Care Initiative (CCI) in San Diego County.

The grant provides funding to design a replicable, LTSS Brokerage Model that will support the establishment of a person-centered system of LTSS that allows individuals to receive the right services at the right time in the setting of their choice. Dual eligible and Medi-Cal beneficiaries who will be impacted by the Coordinated Care Initiative (CCI), as well as to other individuals participating in innovative payment and service delivery models would benefit from the Brokerage. The LTSS Brokerage would have the capability to contract with LTSS providers throughout San Diego County to ensure that there is an adequate LTSS provider network to meet the LTSS needs of beneficiaries who will be enrolling in managed care through the Coordinated Care Initiative (CCI). The LTSS brokerage will also provide an opportunity for all interested LTSS providers in the community to serve these beneficiaries and others through a single contract with the ADRC or another entity that might fulfill that role.

Aging and Disability Resource Connection (ADRC)

San Diego County's ADRC was one of the first federally designated ADRCs in the nation. Established in 2004, the ADRC was built on the foundation of the Aging & Independence Services (AIS) Call Center with Access to Independence joining AIS as a full partner in the ADRC in 2006. This partnership has enhanced both agencies' effectiveness to serve younger disabled individuals and older adults, streamlined access to programs and services, and strengthened their assessment capabilities, resulting in the enrollment of consumers in entitlement programs. AIS and Access to Independence have served as trailblazers and provided the country with a replicable ADRC model that successfully serves thousands of individuals each year. On November 1, 2013 San Diego County's ADRC was awarded the official designation as the first and only certified ADRC in the state of California.

The San Diego County ADRC has an Advisory Committee that was formed in September 2010. The role of the Advisory Committee is to advise the San Diego County ADRC Steering Committee, which consists of the LTCIP Manager and the Executive Director of Access to Independence, on ADRC operations; services and program strategies; sustainability; and program and policy development. The Advisory Committee consists of representatives of populations served by the ADRC, representatives from organizations that provide services to these individuals, and agencies impacted by the ADRC.

Given the changing landscape of healthcare and LTSS service delivery in San Diego County, the Advisory Committee voted to expand the committee membership. New Advisory Committee members representing hospitals, managed care health plans, persons with developmental disabilities, veterans and community based adult service beneficiaries will join the committee at the March 10, 2014 meeting. A focus for the Advisory Committee in 2014 will be increasing awareness of the ADRC in the San Diego County community and addressing the ADRC's long term sustainability.

The Community-based Care Transitions Program (CCTP)

The Health and Human Services Agency (HHSA), Aging & Independence Services (AIS) entered into a Program Agreement with the Centers for Medicare and Medicaid Services (CMS) to implement the Community-based Care Transitions Program (CCTP) in partnership with Palomar Health, Scripps Health, Sharp HealthCare, and the University of California San Diego (UCSD) Health System. CCTP is funded under Section 3026 of the Affordable Care Act (ACA) and will target over 21,000 fee-for-service Medicare patients each year in 13 hospitals. The term of the two-year Program Agreement is from January 1, 2013 through December 31, 2014. This agreement can be extended if performance targets set by CMS are met.

Since CCTP began, AIS invoiced CMS for 9,360 high risk Medicare patients who received hospital-based and/or community-based care transition services to reduce their risk for a readmission. Among the 945 patients in all 13 hospitals who completed CCTP during the month of December 2013, only 117 patients were readmitted within the same health system, resulting in a 12%, 30-day, all cause readmission rate. The baseline readmission rate for Medicare patients, including those who are not deemed at high risk for a readmission across the partnering hospitals is 18.6%.

In January, CMS approved a program modification that will expand access to wrap around social supports to patients who are at high risk for readmission because they lack essential services to thrive in their homes following a hospitalization. CMS also approved a patient experience survey plan that will provide important data about how patients are being activated to health self-management through the Care Transitions Intervention (CTI) Program, a direct transition service provided for patients in all hospitals through CCTP.

TEAM SAN DIEGO

No new updates at this time.

Demonstration to Integrate Care for Dual Eligible Individuals

San Diego County is one of eight counties in California selected to implement California's Coordinated Care Initiative (CCI), an improved delivery system that will provide coordinated health care and long term services and supports (LTSS) to beneficiaries in the county.

CCI consists of three major parts:

- **Long-Term Supports and Services (LTSS)** as a Medi-Cal Managed Care Benefit: CCI includes the addition of LTSS into Medi-Cal managed care. LTSS includes nursing facility care (NF), In-Home Supportive Services (IHSS), Multipurpose Senior Services Program (MSSP), and Community Based Adult Services (CBAS). This change impacts about 64,000 San Diego County Medi-Cal-only enrollees and 55,798 persons eligible for both Medicare and Medi-Cal who are in Cal MediConnect.
- **Cal MediConnect Program:** A three-year demonstration project for persons eligible for both Medicare and Medi-Cal (dual eligibles) to receive coordinated medical, behavioral health, long-term institutional, and home-and community-based services through a single organized delivery system (health plan). In San Diego County, 55,798 beneficiaries would be eligible for the duals demonstration. This demonstration project is a joint project with the federal Centers for Medicare and Medicaid Services (CMS). San Diego County dual eligible beneficiaries can choose to enroll in Care1st Health Plan, Community Health Group, Health Net, or Molina Healthcare.
- **Mandatory Enrollment of Dual Eligibles and Others into Medi-Cal Managed Care:** Most Medi-Cal beneficiaries, including dual eligibles who choose not to enroll in Cal MediConnect, partial dual eligibles, and previously excluded Seniors and Persons with Disabilities (SPDs) who are Medi-Cal only, are required to join a Medi-Cal managed care health plan to receive their Medi-Cal benefits. San Diego

County beneficiaries can choose to enroll in Care1st Health Plan, Community Health Group, Health Net, Molina Healthcare and Kaiser Permanente.

Voluntary enrollment in CCI will begin in April 2014. Cal MediConnect dual eligibles in Medicare fee-for-service will be passively enrolled for Medicare and Medi-Cal benefits beginning May 2014, in San Diego County. Cal MediConnect individuals in San Diego County with April birthdays received a 90-day notification in January about this change. Other SPDs and dual eligible beneficiaries will begin enrolling in either April, May, or July 2014 or by their birth month (enrollment timeline is dependent on specific characteristics of the beneficiary). Full dual eligibles in a Medicare Advantage Plan or Part D Low Income Subsidy Program will be enrolled in Cal MediConnect in January 2015.

Several CCI outreach events are planned in San Diego in February including the East County Action Network Cal MediConnect Public Forum on February 19, 2014; the Cal MediConnect Kick Off Event for Behavioral Health Services Organizational Providers on February 25, 2014; and the New America Media Event on February 26, 2014. The CCI Advisory Committee and CCI Communication Workgroup are working closely with Harbage Consulting and their Outreach Coordinators to provide CCI outreach throughout the county.

Brenda Schmitthenner, MPA
Health and Human Services Agency
Aging & Independence Services (AIS)
Aging Program Administrator
Manager of the Long Term Care Integration Project (LTCIP)
02/11/14