



AGING & INDEPENDENCE SERVICES

COUNTY OF SAN DIEGO • HEALTH AND HUMAN SERVICES AGENCY

LONG TERM CARE INTEGRATION PROJECT

Aging & Independence Services (AIS) San Diego Long Term Care Integration Project (LTCIP) Update for the Health Services Advisory Board (HSAB) February 2013

The goal of the Long Term Care Integration Project (LTCIP) is to improve service delivery for older adults and persons with disabilities. To achieve this goal, three incremental strategies were established: (1) The Aging and Disability Resource Connection (ADRC) (2) TEAM SAN DIEGO and (3) An Integrated Acute and Long Term Care Service Delivery Model (CCI and Duals Demonstration).

ADRC Care Transitions

The Community-based Care Transitions Program (CCTP)

On November 14, 2012, the Health and Human Services Agency (HHSA), Aging & Independence Services (AIS) entered into a Program Agreement with the Centers for Medicare and Medicaid Services (CMS) to implement CCTP in partnership with Palomar Health, Scripps Health, Sharp HealthCare, and the University of California San Diego (UCSD) Health System. CCTP is funded under Section 3026 of the Affordable Care Act (ACA). CCTP will target up to 21,390 high risk, fee-for-service Medicare patients each year in 13 hospitals. CMS announced San Diego's CCTP Award on January 18th, and CCTP services began at UCSD Thornton Hospital on January 22nd. CCTP will begin in the remaining 12 hospitals between March 1st and April 15th. While contract negotiations continue, AIS has begun invoicing CMS for patients who received CCTP services provided by UCSD and AIS. A presentation on CCTP will be provided by Brenda Schmitthener at the February 21st HSAB meeting.

On Wednesday, February 6th, KPBS conducted a radio and TV segment on CCTP and the County's efforts to reduce hospital readmissions. Dr. Nick Yphantides, the County's Chief Medical Officer, Emily Awkerman, System Director of Case Management at Sharp HealthCare, and a former CTI participant, Donald Ryan, were interviewed.

Supporting Transitions in Patient Care Across the Provider Continuum: Reducing Readmissions in San Diego and Imperial Counties

AIS has partnered with the California Association of Health Facilities (CAHF), the California Association of Long Term Care Medicine, the California Hospital Engagement Network, the Health Services Advisory Group (HSAB), and the Hospital Association of San Diego and Imperial Counties to host the second Care Transitions Learning and Action Network Event. The event will be held on Tuesday, March 26th from 8:30 a.m. to 4:30 p.m. at the Scottish Rite Event Center. The event objectives are to:

- Learn practical strategies to reduce readmissions in our community.
- Build cross-setting partnerships between hospitals, nursing homes, home health, and other community partners.
- Gain knowledge to provide enhanced services for the behavioral health population following hospitalization.
- Identify solutions to reduce medication-related readmissions, including partnering with patients to improve medication adherence.

A CCTP panel, which will include a representative from AIS, Palomar Health, Scripps Health, Sharp HealthCare, and the University of California San Diego (UCSD) Health System, will be facilitated by Dr. Nick

Yphantides. The event is expected to draw around 500 attendees. Registration is currently open and the flyer and registration link has been posted on the LTCIP website.

The Beacon Care Transitions Intervention (CTI) Project

The Beacon-funded Care Transitions Intervention (CTI) Pilot will end on March 31st. Through this pilot, AIS Transition Coaches enrolled a total of 577 chronically ill, indigent patients who were over the age of 18 and were at high risk for a readmission at UCSD Hillcrest, Sharp Memorial and Scripps Mercy into CTI. A Translator and Social Worker employed by AIS supported the Transition Coaches to meet the language and complex social needs of these patients. Program data is currently under analysis, and a preliminary summary of the pilot outcomes is expected to be completed in March.

Through the SCAN Foundation's *Dignity-Driven Decision-Making Initiative-Sustainability Analysis Project*, Avalere Health was funded to complete a sustainability analysis on AIS' Care Transitions Intervention (CTI) Program. Avalere Health is working on qualitative and quantitative analyses of AIS' program, will prepare a policy and landscape strategy to support continuation of the program for high risk patients who will not be served through CCTP, and will craft a business case document that will be used to secure funding in the future from a variety of sources.

TEAM SAN DIEGO

No updates at this time.

Demonstration to Integrate Care for Dual Eligible Individuals

The MOA between the Department of Health Care Services' (DHCS) and the Center for Medicare and Medicaid Innovation (CMMI) for the Coordinated Care Initiative (CCI): State Demonstration to Integrate Care for Dual Eligible Individuals has not been signed to date. However, the State has indicated that the MOA will be signed within the week. It is anticipated that the Demonstration in the eight counties authorized under SB 208 (including San Diego) will begin in September 2013.

On February 13th, the SCAN Foundation released a brief published by the California Medicaid Research Institute (CAMRI). The CAMRI report details the characteristics and program spending across the entire care continuum for beneficiaries with long term services and support (LTSS) needs within Medi-Cal and for dual eligibles across Medicare and Medi-Cal. This report focuses on LTSS use and spending in the eight duals demonstration counties and is available on the DHCS Cal Duals website.

The County's final MOA drafts for In-Home Supportive Services (IHSS) and Public Authority are currently under review by the managed care health plans. AIS submitted comments earlier this month on three documents that were released by DHCS for stakeholder comment: the Long-Term Services and Supports Network Adequacy and Readiness Standards, the Assessment and Care Coordination Standards, and the Draft Policy for Demonstration Plans Offering Additional Home- and Community-Based Services (HCBS). AIS continues to meet with the managed care health plans to discuss and support the transition of Dual Eligible beneficiaries into CCI and the Duals Demonstration.

Respectively submitted by:
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