

UC San Diego Health



MOTHER CHILD ADOLESCENT HIV PROGRAM

CARE PARTNERSHIP

March 2026



Our Mission

- Through research, clinical care and education, **to constantly improve the care and treatment of women, children and youth living with and affected by HIV and prevent new HIV transmissions**
- Our mission is accomplished through a **multidisciplinary team** approach that provides high quality, comprehensive, culturally sensitive, accessible medical care, health promotion, HIV prevention and family centered social services in San Diego County



MCAP Ryan White Programs

- Ryan White Part D, Federal (HRSA)
 - Services for Women, Infants, Children, and Youth
- Ryan White Part A, County of San Diego (HHSA)
 - Eligible metropolitan areas impacted by HIV
 - Medical case management
 - Non-medical case management
 - Transportation
 - Psychosocial services
 - OAHS
 - Re-engagement



Populations Served



Pediatrics



Obstetric



Youth (13-24 years)



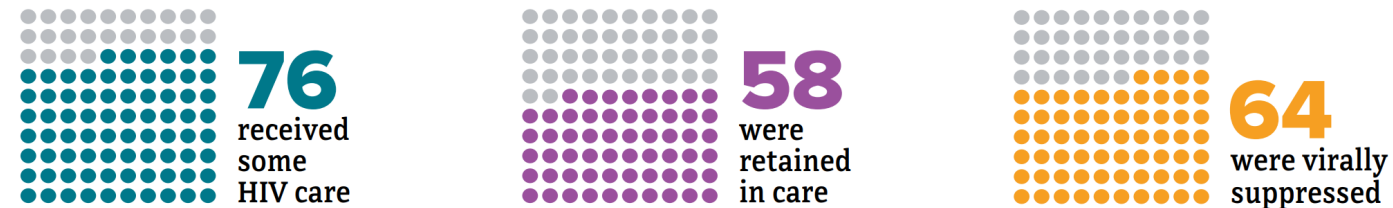
Women



Why is the work we do important?

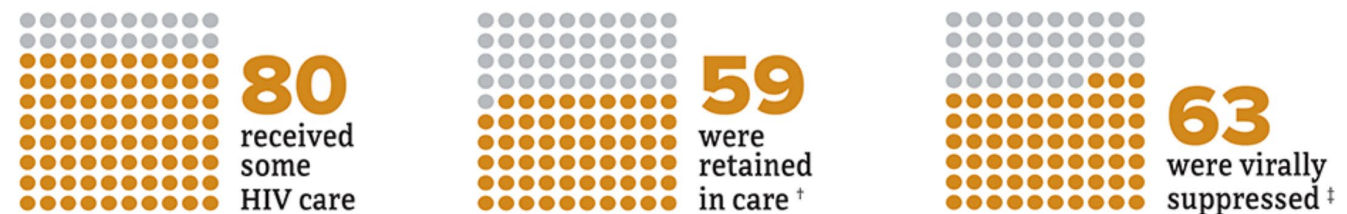
- Most people living with HIV in San Diego County are adults who identify as cisgender male
- Infants, children, youth/young adults, women, and pregnant people (WICY) have unique needs requiring tailored services to support sustainment in care
- Many programs, services and systems are not created to be responsive, inclusive and affirming to the specific needs of WICY – considering developmental needs, gender care, family-based care, psychosocial needs (e.g., childcare, flexible scheduling, etc.), and women's health services
- MCAP is the **only** provider of pediatric and obstetric HIV care in the region and the only program offering **integrated** multidisciplinary medical care and support services for WICY

Compared to all people with diagnosed HIV, women have lower viral suppression rates. More work is needed to increase these rates. For every **100 women with diagnosed HIV** in 2019: ****



For comparison, for every **100 people overall** with diagnosed HIV, **76 received some care**, **58 were retained in care**, and **66 were virally suppressed**.

For every 100 people with diagnosed HIV aged **13 to 24**:



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Our Model of Care: Integrated Medical and Social Services

- **Integrated social services and clinical care**
- Evidence informed approaches (e.g., Motivational Interviewing, Seeking Safety, LYF-HAC, trauma informed care)
- Culturally-responsive: bilingual providers, Haitian Creole liaison/interpreter, partnerships
- Services to mitigate barriers (transportation, childcare, basic needs support, community and home visits)
- Mental health providers part of care team
- Peer navigation
- Support and community



Pediatrics Clinic

- Children living with HIV
- Babies born to people with HIV
- Babies being breast/chestfed by people with HIV
- Postpartum and breast/chestfeeding people

- Bilingual Family Nurse Practitioner, Pediatrician, Pediatric Infectious Disease Physician
- Bilingual lactation consultants
- Bilingual case managers
- Bilingual therapists
- Educational advocate
- Haitian Creole Liaison/Interpreter



Obstetric Clinic

- Pregnant and postpartum people with HIV
- Pregnant people at risk for HIV (PrEP)
- Preconception counseling
- Colposcopies

- Bilingual Family Nurse Practitioner, Bilingual Obstetrician
- Bilingual pregnancy and postpartum doulas and lactation consultants
- Bilingual case managers
- Bilingual therapists
- Relationship with the UCSD Milk Bank and UCSD Reproductive Mental Health
- Haitian Creole Liaison/Interpreter



Update to Clinical Guidelines for Infant Feeding for People with HIV (2023)



- Studies have shown the risk of HIV transmission while breast/chestfeeding is <1% (but not zero) for individuals on antiretroviral treatment with sustained viral suppression through pregnancy and postpartum
- Shared decision making
- Gender inclusive language (e.g. pregnant people, chestfeeding)
- Education and counseling, lactation support
- Continuing education
- Presentations, research and education/consultation for regional health systems



Youth Clinic

- Youth and Young Adults with HIV
- Youth and Young Adults with HIV at risk for HIV (PrEP)
- Bilingual MD, Infectious Disease Physician, Gender Care Provider
- Psychiatrist / MAT Provider
- Youth Peer
- Long Acting Injectables
- Bilingual case managers
- Bilingual therapists
- Haitian Creole Liaison/Interpreter



Women's Clinic

- Women living with HIV
- MD and Bilingual Nurse Practitioner
- Referrals for UCSD psychiatry and UCSD Owen MAT
- Long Acting Injectables
- Bilingual case managers
- Bilingual therapists
- Haitian Creole Liaison/Interpreter



Groups

- Primero Yo
- Seeking Safety / En Busca de la Seguridad
- Youth Support Group
- Youth Social Events
- Workshops (e.g., educational advocacy)
- Upcoming: Parenting Group in Haitian Creole



Thank you from the MCAP Team!
We love being part of this community!

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