

Sistriction

UC San Diego Health

The Purpose

Women SHINE is a research study hosted by the University of California San Diego aimed at helping women living with HIV to access and stay engaged with their HIV care.

Some women living with HIV face challenges engaging in care while experiencing depression or social isolation, stigma, and/or lack of social support. The goal of the Women SHINE program is to provide skills to help women manage these challenges to improve engagement with HIV care through peer support.

Conceptual Model

Women SHINE Intervention

- Peer navigation sessions (one-on-one)
- 7 weekly group sessions co-facilitated by PN and study interventionist
- Static website with HIV and ancillary support resources in CA, AZ, and NV

Individual-Level Mechanisms of Change

- Retention in HIV care
- Self-efficacy for coping
- Social support
- Utilization of ancillary support services

Social Structural Mechanisms of Change

- HIV stigma
- Medical mistrust

Primary Outcomes

Increased ART adherence

Secondary Outcomes

- Decreased PTSD
- Increased emotion regulation



Study Procedures

Randomization

Screening and Enrollment

Baseline Visit

Video-based informed consent, survey, and self-collection of hair sample (mail-in-kit)

Women SHINE

Video-based peer navigation + 7 video-based psycho-education group sessions + static informational website

Control

Single video-based session on self-care and wellbeing + introduction to static informational website

4-Month Follow-Up Assessment

Video-based survey and self-collection of hair sample

8-Month Follow-Up Assessment

Video-based survey and self-collection of hair sample

12-Month Follow-Up Assessment

Video-based survey and self-collection of hair sample

If needed

16-Month Follow-Up Assessment

Video-based survey and self-collection of hair sample



You May Be Eligible If You Are...

- Cisgender woman
- Diagnosed with HIV/AIDS
- 18 years or older
- Currently prescribed HIV medication
- Living in California, Arizona, or Nevada (verified by mailing address)

Immigration status and citizenship are not included in our eligibility criteria!

Compensation will be provided as an e-gift card.



Meet the Team



Dr. Jamila K.
Stockman
Principal Investigator



Myiesha Phelps
Outreach/Recruitment
Coordinator



Cassandra (Casey)

Cyr

Clinical Research

Coordinator



Meet the Team: Co-Investigators



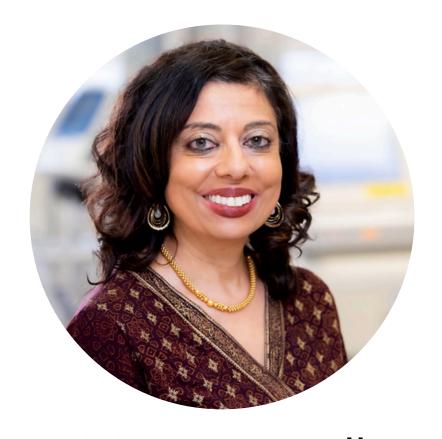
Dr. Maile Karris,
MD
Infectious Disease
Physician and San Diego
CFAR Co-Director



Dr. Laramie Smith,
PhD
Associate Professor at
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Dr. Marylene
Cloitre, PhD
Psychiatry and
Behavioral Sciences
Professor at Stanford
University



Dr. Monica Gandhi,
MD
Medicine Professor at
UCSF and Infectious
Disease/HIV Doctor

WOMEN SHINE

Meet the Team: Data Collectors



Emily Cowan



Kristin Dahlgren
Bilingual (Spanish and
English)



Giselle Alrachid
Volunteer



Meet the Team: Intervention Staff



Coming Soon!
Intervention Support



Sarah Martin Study Interventionist



Coming Soon!
Bilingual (English and Spanish) Intervention
Support



Melissa Gonzalez
Bilingual (English and
Spanish) Study
Interventionist



Meet the Team: Student Interns



Janani Nagasumbramanya Assistant Data Collector



Tracy Alvarez
Recruitment and
Enrollment Assistant



Madeline Soares

Data Validation

Assistance and Website

Maintenance



Elisha Tapangan Clinical Research Coordinator Assistant



Contact Us and Get Connected

Dr. Jamila K. Stockman, Principal Investigator



Cassandra Cyr, Clinical Research Coordinator





Myiesha Phelps, Community Engagement Research Coordinator





www.WomenSHINEstudy.com









www.iSTRIVEresearchlab.com





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