

2019 NATIONAL PUBLIC HEALTH WEEK

APRIL 1-7, 2019 • CREATING THE HEALTHIEST NATION: FOR SCIENCE. FOR ACTION. FOR HEALTH.

DAILY THEME — DAY 3



Rural Health

Wednesday, April 3

Rural Health

For science: Rural communities face a range of health disparities, from higher burdens of chronic disease to limited access to primary care and prevention services. When compared to people living in urban areas, rural Americans face a greater risk of death from the five leading causes of death — heart disease, cancer, unintentional injury, chronic lower respiratory disease, and stroke. Suicide rates are also higher in rural America than in urban areas.

For action: Support telemedicine, school-based health centers and other efforts that connect rural residents to medical and supportive services. Advance partnerships that target the social determinants, such as increasing job training opportunities. Partner with community stakeholders to overcome transportation barriers to care.

For health: Studies show telemedicine can expand access to care for people without a prior connection to a provider, with no increases in clinical misdiagnosis and errors. For local rural health information, see the [Rural Health Status Report—San Diego County](#).

Information provided from American Public Health Association's National Public Health Week [webpage](#)