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### **Discharge of a Suspect or Confirmed Tuberculosis Patient**

As of January 1, 1994, State Health and Safety Codes mandate that patients suspect for or confirmed with TB may not be discharged or transferred without **prior** Health Department approval, regardless of site of disease, level of infectiousness or diagnosis prior to admission.

To facilitate timely and appropriate discharge, the provider should notify the Health Department 1-2 days prior to anticipated discharge to review the discharge criteria.

### **Health Department Response Plan**

#### **Weekday Discharge--Non-Holiday 8:00 a.m. - 5:00 p.m.**

Upon our receipt of the discharge plan, which may be sent by FAX (619) 692-5516 or phone (619) 692-8610, the TB Control staff will provide a response within 24 hours, as state law permits.

The TB Control staff will review the plan and notify provider of approval or will inform provider of additional information/action that is needed prior to discharge to obtain approval.

If a home evaluation is needed to determine if the environment is suitable for discharge, the TB Control staff will make a home visit within 3 working days of notification.

If the patient is homeless or there is concern for non-compliance, TB Control staff will interview the patient **prior to discharge**. This interview will take place within one working day of notification to TB Control.

#### **Holiday and Weekend Discharge 8:00 a.m. - 5:00 p.m.**

The provider may page TB Control staff on cell phone (619) 540-0194. Response time will usually be within one hour. The process mentioned above will be followed. If the discharge cannot be approved, the patient **MUST** be held until the next business day for appropriate arrangements to be made.

**(Note: Use of form on reverse side for discharge care planning only. To fulfill state requirements for disease reporting, TB Suspect Case Form must also be completed.)**

## TUBERCULOSIS DISCHARGE CARE PLAN

Patient Name: \_\_\_\_\_

D.O.B: \_\_\_\_/\_\_\_\_/\_\_\_\_ MR#: \_\_\_\_\_

Insurance Source: \_\_\_\_\_

Completed By: \_\_\_\_\_  
(person completing form)

Phone: \_\_\_\_\_

Facility: \_\_\_\_\_

Date Submitted: \_\_\_\_\_

### **Pulmonary TB**

Dates of three consecutive negative smears if applicable: \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_/\_\_\_\_/\_\_\_\_

**Date Patient to be Discharged:** \_\_\_\_/\_\_\_\_/\_\_\_\_

Discharge to: [ ] Home [ ] Shelter [ ] TB Housing [ ] SNF--DSD/DON: \_\_\_\_\_ Phone: \_\_\_\_\_

Discharge Address: \_\_\_\_\_

Discharge Phone#: \_\_\_\_\_

Physician Assuming TB Care: \_\_\_\_\_ Phone: \_\_\_\_\_

Follow-up appointment date: \_\_\_\_/\_\_\_\_/\_\_\_\_ (within 2 weeks of d/c) Time: \_\_\_\_\_

Appointment Address: \_\_\_\_\_

### TB Medication at Discharge (Daily Dose)

Weight (kg) \_\_\_\_\_ Date weighed \_\_\_\_/\_\_\_\_/\_\_\_\_

Isoniazid \_\_\_\_\_ mg

Rifampin/Rifabutin \_\_\_\_\_ mg

Ethambutol \_\_\_\_\_ mg

Pyrazinamide \_\_\_\_\_ mg

B6 \_\_\_\_\_ mg

Other \_\_\_\_\_

Number of Days Medication Supply \_\_\_\_\_  
(30 day supply or coverage until follow-up appointment)

### **All SD County patients to be discharged on**

#### **Directly Observed Therapy**

☐ Patient informed by CM/SW

☐ CM/SW notified client regarding Home Isolation requirements, if infectious.

#### ----- FOR TB CONTROL USE ONLY -----

Confirmed MD appointment if smear (+) at discharge ☐ Name: \_\_\_\_\_

Problems noted/Action taken before discharge: \_\_\_\_\_

Discharge Approved

Yes \_\_\_\_\_ No \_\_\_\_\_

Reviewed by \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of Review \_\_\_\_\_

(SEE REVERSE SIDE FOR INSTRUCTIONS FOR USE)