



## San Diego County Local Health Department's Approach to Public Health Workforce Development

CDC PHIG Reverse Site Visit San Diego, CA

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County of San Diego Health and Human Services Agency
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Del Mar Beach Del Mar, CA



- 1. What is our approach to workforce development?
- 2. What is our approach to training?

- 3. How are we addressing key workforce issues?
- 4. What are some lessons learned?

# La Jolla, CA

#### LET'S NETWORK AND CONNECT!

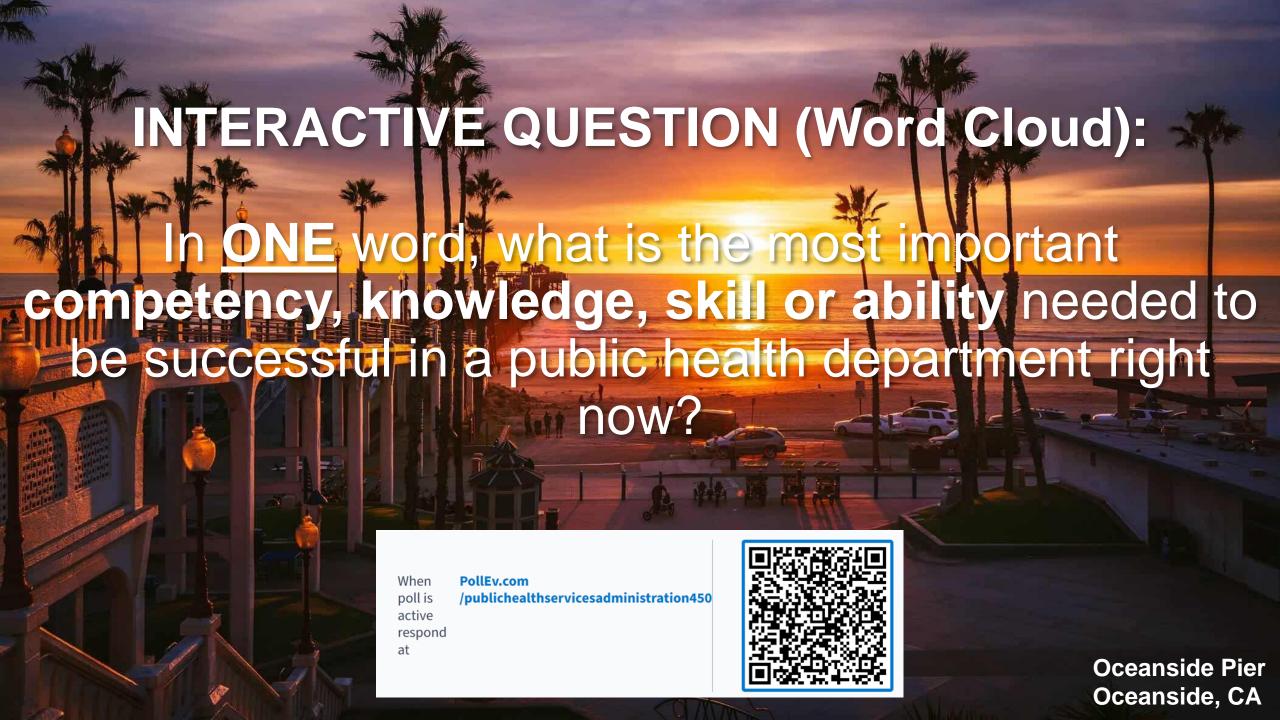


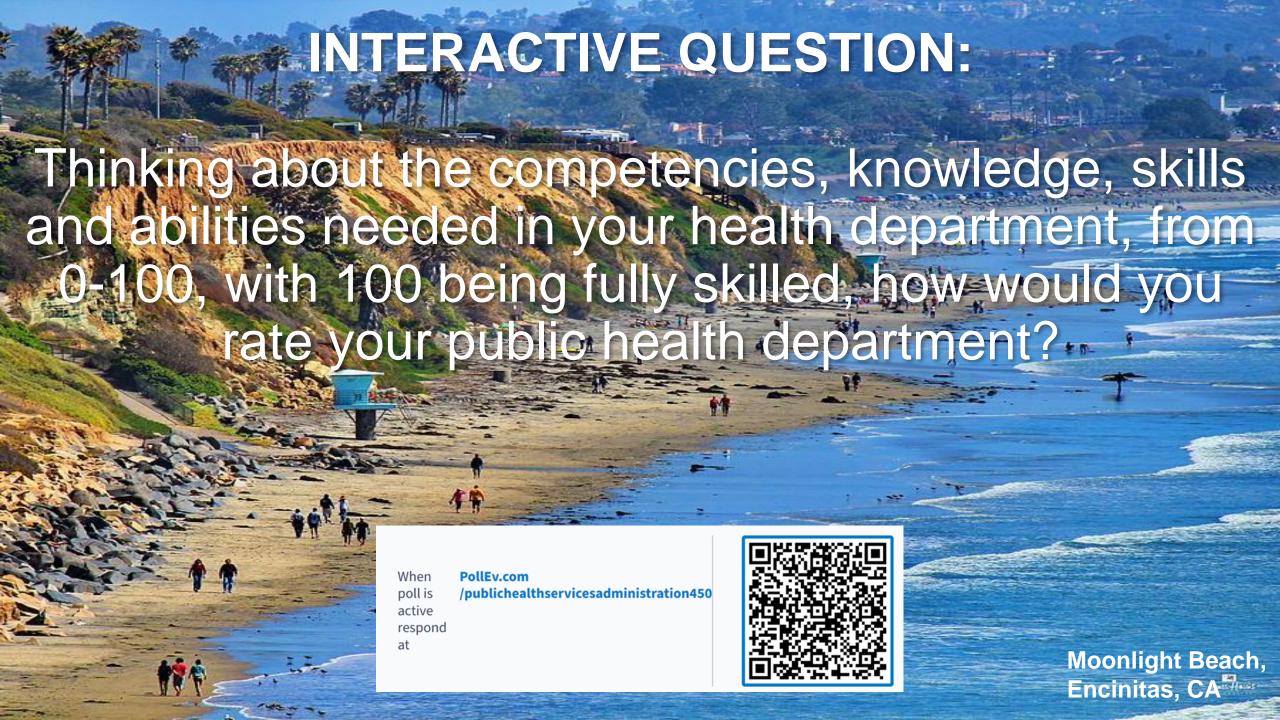
### TWO WAYS TO HEAR FROM YOU!















## 1. What is our approach to Workforce Development?



#### 6 KEY COMPONENTS

1. Employee Engagement (2008)

2. Leadership Development (2008)

3. Health Equity and Implicit Bias (2008, 2018, 2021)

4. Customer Service (2013-14)

5. Trauma-Informed Services (2014) and Wellness (2022)

6. Diversity and Inclusion (2015)





#### 1. Employee Engagement

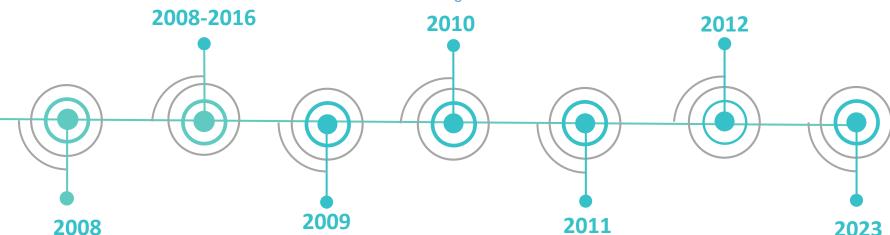
#### TIMELINE 2007: PHO Introduced Gallup Strengths





- Discussed Leadership **Development books** at PHS Sr. Managers Meetings.
- Began distributing books to PHS to employees, as they were identified.
- HHSA developed "Great Leadership Academy' to focus on Gallup training.
- Training proved to all HHSA managers.

- HHSA Executive Leadership obtained 2-day training at Gallup Center in Irvine, CA.
- · Strengths included in Performance Evaluations.



- Issued adapted **Employee** Engagement survey (Annual).
- Used survey results to develop an annual impact plans by each PHS branch.

- PHS developed Strength **Committee** with champions from each branch.
- · This committee would drive the conversation at Sr. Managers Meetings
- Staff encouraged to post strengths at their desks.

- Strength-based Leadership introduced with review of the four domains structure.
- PHS staff asked to generate team domains and post.

 Refined process for all staff to receive Strength books after completing the PHS new Employee **Orientation Program** (NEWP).

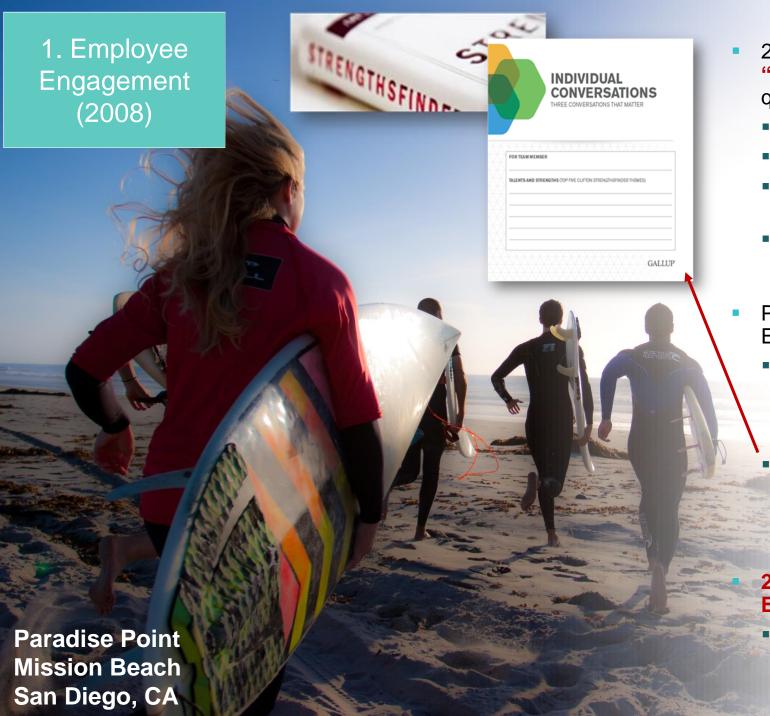
- **17 years** of strengthbased management.
- **16 years** of **Employee** Engagement survey results (only 1 year missed due to COVID-19).
- With many new employees and restarting Strengths Committee, will begin review of books at upcoming Sr. Managers Meeting in FY24/25.

1. Employee Engagement (2008)

- 1. First Break All the Rules
- 2. Clifton Strengths-Finder
- 3. Strength-Based Leadership
- 4. Well Being (LWSD Indicators)

- Staff are given books after their new employee welcome program (NEWP) orientation.
- Complete the Gallup questionnaire to identify top 5 strengths.





- 2008 launched annual Gallup's Strengths Finder "Employee Engagement" survey that includes questions such as:
  - I know what is expected of me?
  - Do I have the tools to do what is expected of me?
  - My supervisor or someone at work seems to care about me?
  - The mission/purpose of the organization makes me feel my job is important?
- PHS actions taken to advance Employee Engagement:
- In addition to books, Strengths Committee, monthly trainings, and annual impact plans (based on employee engagement survey results)...
- Discussion booklet entitled Individual Conversations: Three Conversations that Matter.
  - 1. Know the Employees Strengths
  - 2. Build Engagement and Collaboration
  - 3. Drive Performance

#### 2020 and 2022 County issued Employee Engagement surveys

Results analyzed and a PHS Departmental Action Plans was developed based on one low scoring question: "Was my workload reasonable?"

## 4 DOMAINS OF LEADERSHIP STRENGTHS





<b>Executing</b>	Influencing	Relationship Building	Strategic Thinking
Make things happen	Sell ideas to others	Gel people together & create synergy	Use info to make better decisions
Achiever	Activator	Adaptability	Analytical
Arranger	Command Command	Connectedness	Context
Belief	Communication	Developer	- Futuristic
Consistency	Competition	<b>Empathy</b>	ideation
Deliberative	Maximizer	❖ Harmony	≥ Input
Discipline	Self-Assurance	Includer	Intellection
Focus	Significance	Individualization	<b>*</b> Learner
Responsibility	₩ Woo	Positivity	Strategic
Restorative		Relator	

## PHS LEVERAGES EMPLOYEE ENGAGEMENT TO:







- Create clear expectations
- Make sure staff have the resources needed to do their jobs effectively
- Promote accountability
- Build collaboration, enthusiasm and commitment
- Identify barriers to engagement and performance
- 'Read the room' on key workforce issues at the branch level
- Foster social cohesion and belonging
- Develop our leaders
- Build our teams
- Ensure staff are being developed
- Maximize employee contributions based on natural talent themes
- Develop talent



#### 2. Leadership Development

#### TIMELINE





 PHS issued 1st Leadership **Development Survey** using County Leadership Model.

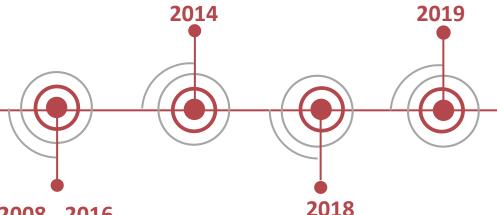
- · Trainers were identified to include County Knowledge Center & Regional Training Center.
- · Consultant met monthly for up to 3 hours with PH Leaders to deliver tailored trainings.

 Deep Dive into DiSC® Assessments completed by PH Leaders

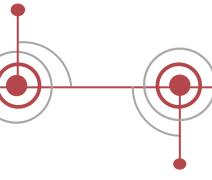
- PHS Branches were encouraged to collaborate with consultant to address conflict resolutions issues identified within branches.
- Issued 2<sup>nd</sup> Leadership Development Survey.

 CREATED POLICY: Each branch to complete Gallup, DISC, and Insights Assessments, with consultations.

2023



2021



2008 - 2016

 PHS distributed and discussed the following leadership books: Good to Great, Five Dysfunctions of a Team, & Speed of Trust, and others.

Held focus groups with Public Health

**Leadership Committee** to identify training needs to interact with City municipalities (Kresge Grant)

- · Identified topic (e.g., organizational and political acumen, communication/ interpersonal skills, conflict resolution, boundary spanning).
- Developed Training Plan.

 Conducted **DiSC® Assessments** DICS=Four personality styles: Drive, Influence, Support, and Clarity.

2020

PHS expanded contract with **Regional Training Center to work** with multiple FIVE consultants to develop leadership skills and resilience in the PHS workforce.

2022

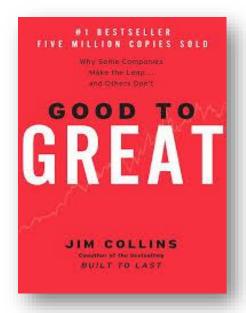
Conducted Insight Discovery ® **Leadership Development** Assessment.

2024

- 3<sup>rd</sup> Leadership Development Survey issued (May)
- HHSA Agency HR coordinated 360s for Executives.

## 2. Leadership Development

- GOOD TO GREAT
- THE FIVE
   DYSFUNCTIONS OF A
   TEAM
- THE ADVANTAGE
- SPEED OF TRUST
- EMOTIONAL
   INTELLIGENCE



The FIVE

DYSFUNCTIONS

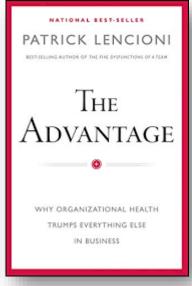
of a TEAM

A WORKSHOP FOR TEAM LEADERS

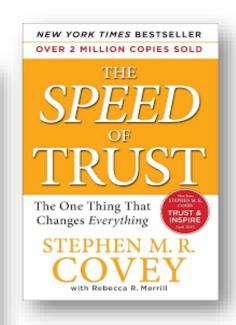
PARTICIPANT WORKBOOK

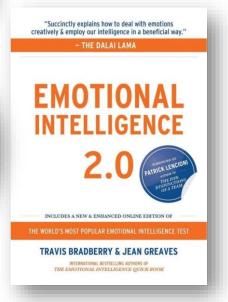
PATRICK LENCIONI

BASED ON THE NEW YORK THIS BEST-SELLING BOOK











### **Team Development Policy**

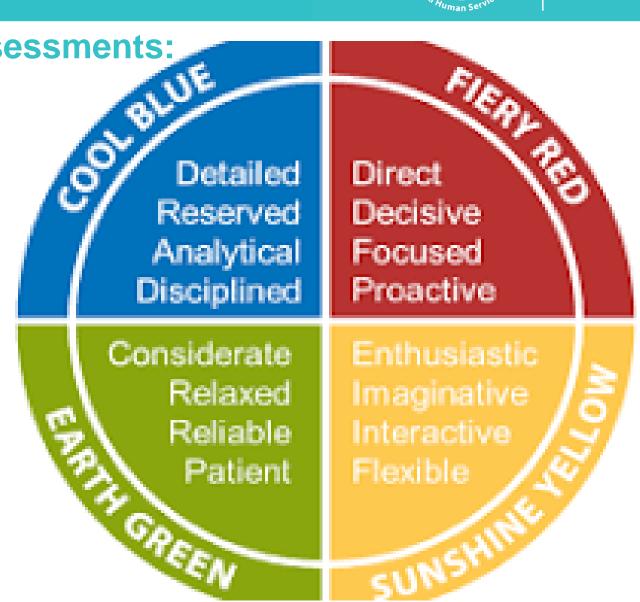




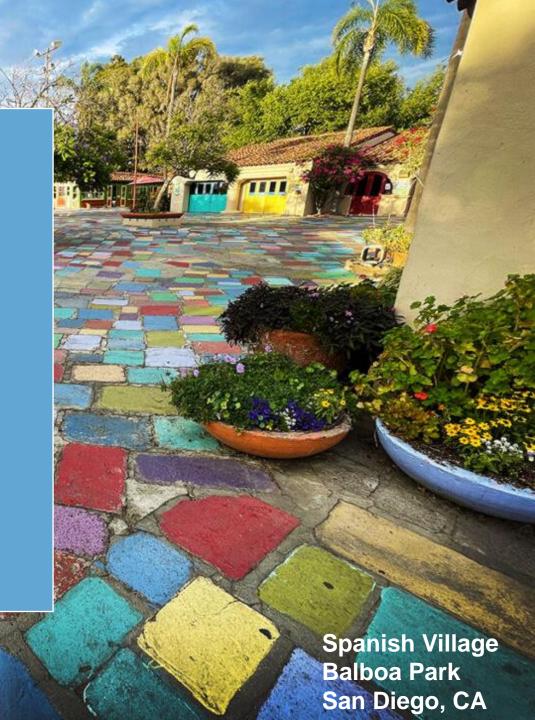
**Each Branch Completes Three Assessments:** 

- 1. Gallup Measures employee engagement. Gallup's Q12 Employee Engagement Survey Gallup
- 2. DISC Classifies how you interact in terms of four personality styles: Drive, Influence, Support, and Clarity. A simple yet powerful way to unlock your strengths and help your team work better together.

  What is the DiSC assessment? DiSC Profile
- 3. Insights Discovery A color model that help people understand their style, strengths and value. Insights Discovery® Our official flagship product and foundation.



## 3. Health Equity and Implicit Bias



#### 3. Health Equity and Implicit Bias

#### TIMELINE: HEALTH EQUITY





PHS launched Reduce and Eliminate Health Disparities with Information (REHDI) initiative.

2001

Framework for CCLHO.

Dr. Wooten

developed

the Health

Equity

HHSA made Health
Equity a priority and established the Chronic Disease and Health
Equity Unit.

1st BARI
Survey to staff on Health Equity Unit.

2008

2012

1st BARHII

Survey for staff on Health Equity and Cultural Competency.

- Office of Health Equity created.
- HE Plan and policy published.
- Health Equity Committee formed.
- Began developing Public Health 101 series, including Health Equity 101.
   2015

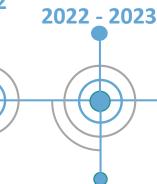
- Added branch HE goals to PHS Strategic Plan (2019).
- July 1, 2021, 2<sup>nd</sup> **Health Equity Plan** published.
- The County of San Diego established the Office of Equity and Racial Justice.

2019 - 2021



- Launched PHS HE website.
- Equity, Diversity and Inclusion Team (HR) issued Critical Conversations Toolkit for supervisors and Management. HR presented at SDPHS senior staff meeting.

Public Health 101 series including Health Equity 101 was updated and reissued to new staff.



2016 - 2018

- Branch Health Equity Workshops hosted (2016).
- Health Equity 101 was mandatory training for all staff (2017-18); last make-up session held fall (2019).
- 2<sup>nd</sup> BARHII Survey for staff on Health Equity and Cultural Competency (2018).
- Developed Health Equity Tool for Programs and Health Equity Tool for Individuals (2018).

#### 2023-2024

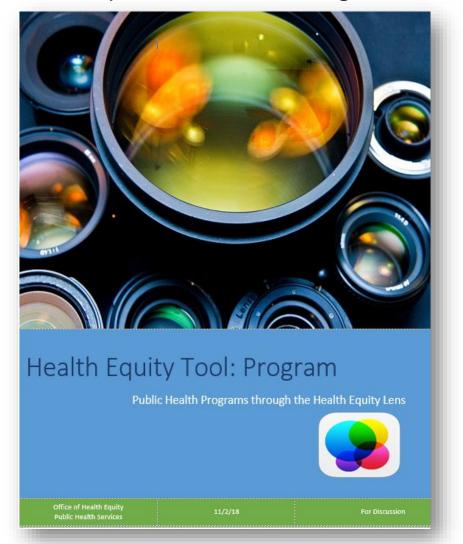
- 3<sup>rd</sup> PHS **Health Equity Plan** published.
- In process of updating, HE Tool for Programs and HE Tool for Individuals.
- · BARHII surveys.

## HEALTH EQUITY TOOL FOR PROGRAMS





Developed in response to staff asking: "What can I do to advance health equity in my program?"



- 1. Referrals and Collaboration
- 2. Customer Service
- 3. Partnerships
- 4. Climate Change (Resiliency/Adaptation)
- 5. Trauma-informed (Resiliency Promotion)
- 6. Diversity and Inclusion (D&I)
- 7. Workforce Development
- 8. Communication
- 9. Data
- 10. Policies and Procedures, & Plans
- 11.Research
- 12.Contracts

## HEALTH EQUITY TOOL FOR INDIVIDUALS







Health Equity Tool: Individual



Individual-Level Contributions to Health Equity

th Equity now

ß For Discu

#### "What I Can Do" Activity (See activity sheet)



#### **Take Action**

"To know and not to do is not to know yet." Stephen R. Covey
"I hear and I forget. I see and I remember. I do and I understand." Confucius
"Knowing is not enough, we must apply. Willing is not enough, we must do." Goethe

#### **Increase Knowledge**

Education is the most effective means of preventing intolerance.\*UNESCO "Not to know is bad. Not to wish to know is worse." African proverb "Real knowledge is to know the extent of one's ignorance." Confucius

#### **Enhance Interpersonal Communication and Compassion**

"Love and compassion are necessities not luxuries. Without them, humanity cannot survive." Dalai Lama
"I would like my life to be a statement of love and compassion and where it is not, that's where my work lies." Ram Das
"Never worry about the numbers. Help one person at a time and always help the person nearest you." Mother Teresa

3. Health Equity and Implicit Bias

#### TIMELINE: IMPLICIT BIAS





Legislation required PHS to implement implicit bias training.

2018



- PHS provided implicit bias/racial equity training to staff by a consultant (Modules 1-5).
- Consultant provided in-depth consultation to branches specific to their needs regarding implicit bias.

2021 - 2024





- PHS staff invited to participate in a series of listening sessions hosted by the Employee Resource Group Council.
- Implemented implicit bias training for all PHS staff (Modules 1-3).





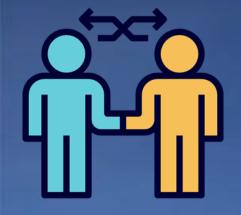


On January 12, 2021, the County of San Diego Board of Supervisors declared racism a public health crisis.



2022 - 2024

- Equity, Diversity and Inclusion Team (HR) issued Critical Conversations Toolkit for supervisors and Management.
- HR presented at SDPHS senior staff meeting.



### INTERACTIVE QUESTION:



What do you believe is your greatest workforce challenge within your local health department?

Report out by Region: East/Northeast, West, Mid-West, and South

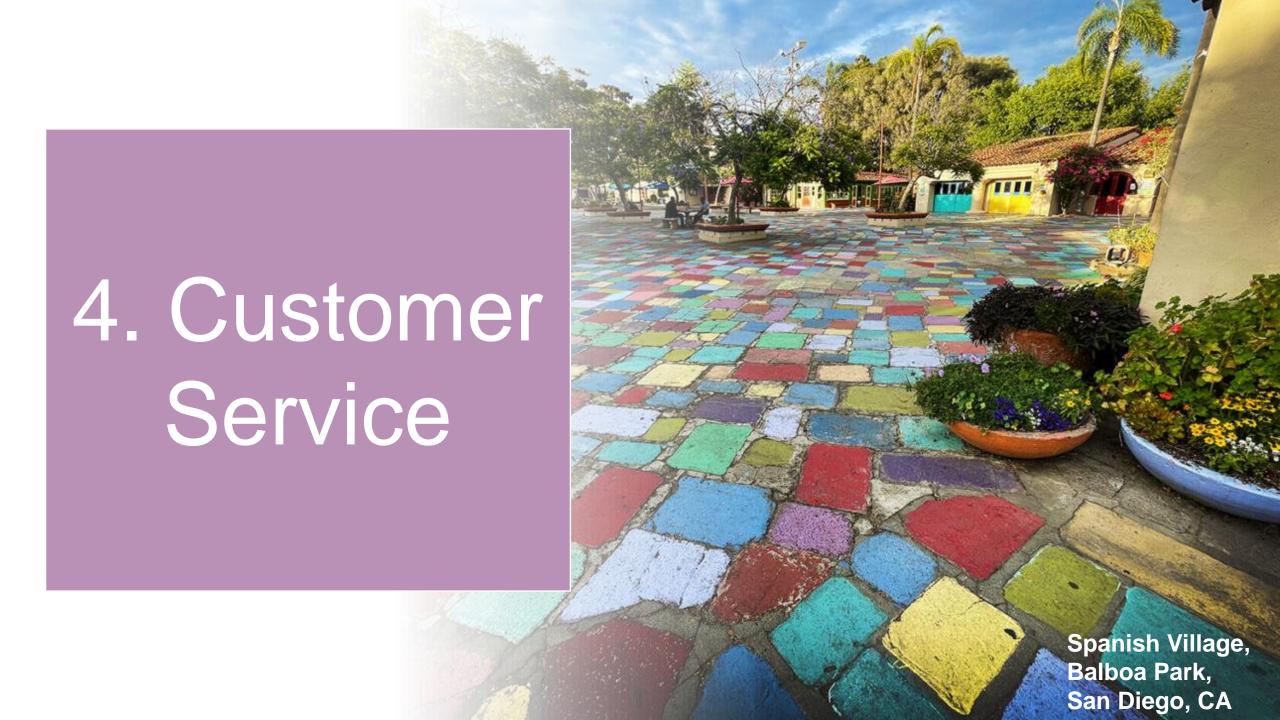




#### **INTERACTIVE QUESTION:**

If the <u>retention</u> rate in public health departments remained low (e.g., average of 18 months) for the next 5 years, what would health departments need to do differently to adjust and/or accommodate?





4. Customer Service

#### TIMELINE: CUSTOMER SERVICE





H = Helpfulness

E = Expertise

A =Attentiveness

R = Respectfulness

T = Timeliness

- Through this effort PHS developed a set of Knowledge, Skills, Abilities and Behaviors (KSABs) of excellent customer service and trauma-informed services.
- Customer service efforts focused on both internal and external.
- · Branches developed impact plans.

2016 - 2017



- Coordination of Customer Service Survey.
- Branch Impact Plans.
- New Staff required to take 4 hours of customer service and cultural responsiveness training.

2022 - 2024





2013 - 2014

H.E.A.R.T. effort.

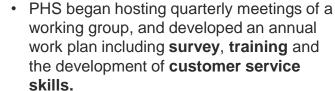






- Admin Clerical staff received training on skills including customer service, trauma-informed services, diversity and inclusion and health equity.
- All PHS staff were required to take 4 hours each of customer service and cultural competency training (2017-18).





The County launched a Customer Service



Resources









21 Key Customer Service Skills and how to develop them



Spanish Village,

Balboa Park,

San Diego, CA

5. Trauma-Informed Services and Wellnes

## TIMELINE: TRAUMA-INFORMED AND WELLNESS









CONVERSATION TOOLKIT

The Knywledge Center



HS H.E.A.R.T. Team
I the Trauma-Informed
to its charter and its
I work plan included both
mer Service and Traumaned.

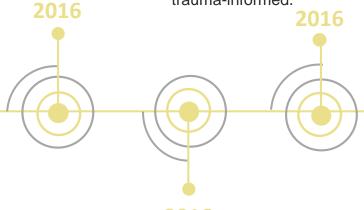
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ormed

A consultant did a walkthrough review of common areas of our main building, clinics and medical therapy units and made recommendations for how to make the facilities optimally trauma-informed.

TISI team collaborated on a mandatory training for all HHSA staff called *Growing* Resiliency within a Trauma Informed Lens. Compassionate Leadership through a Trauma-Informed Lens issued, and HR presented at a senior staff meeting to launch.

 PHS created a self care program for staff (6 psychologists to provide services to staff.



2016

Branches began developing impact plans for trauma-informed services
PHS required all PHS staff to complete the 8-hour Mental Health First Aid.

2017 - 2018

#### 2018 - 2019

100% of HHSA staff, including PHS, were required to complete 8 hours of Mental Health First Aid Training. 2022 - 2024

 U.S. Surgeon General Report on Health Care and Public Health Worker Mental Health Promoted (2022).

 Self-Care Seminar Series (2022-24).



#### SELF-CARE SEMINAR SERIES FEB 2023 – JUNE 2024

#### FY 22-23

- Fresh Start 2/7/23
- Disrupting Negative Thoughts 2/24/23
- Thinking Traps 3/14/23
- Dealing with Challenging People 4/18/23
- Workplace Trauma for Managers 5/16/23
- Motivating and Energizing Employees 6/13/23

#### FY 23-24

- \*Making Meetings Effective 1/9/24
- \*Performance Management 2/1/24
- \*Managing Priorities to Maximize Your Day 3/7/24
- \*Overcoming Burnout 3/28/24
- \*Collaborative Communication 4/18/24
- \*Components for Great Communication 5/2/24
- \*Practical Productivity 6/6/24



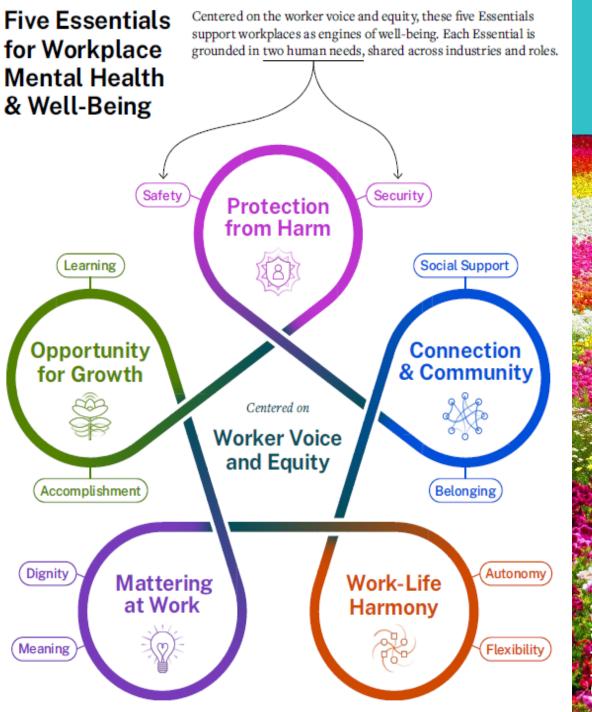
\*Responsive to Employee Engagement Focus Groups

5. Trauma-Informed Services and Wellnes

## PROMOTED THE U.S. SURGEON GENERAL'S WEBSITE AND REPORT

- Showing support for mental health is important to workers.
- According to an American Psychological Association 2022 Work and Well-Being Survey, the majority (81%) of respondents said that employers support for mental health will be an important consideration when they look for work in the future.
- As the U.S. Surgeon General, Vivek Murthy, states in the 2022 report on Workplace Mental Health & Well-Being: "Revitalizing our workplaces to support mental health and well-being is how we can turn a moment of crisis into a moment of progress."





U.S. Surgeon General's
Report on Workplace Mental
Health & Well-Being (2022)







5. Trauma-Informed Services and Wellness

## WORKPLACES AS ENGINES OF WELL-BEING





#### Components

Creating a plan with all workers to enact these components can help reimagine workplaces as engines of well-being.

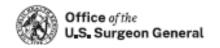
#### Protection from Harm

- Prioritize workplace physical and psychological safety
- Enable adequate rest
- Normalize and support mental health
- Operationalize DEIA\* norms, policies, and programs

#### Connection & Community

- Create cultures of inclusion and belonging
- Cultivate trusted relationships
- Foster collaboration and teamwork

\*Diversity, Equity, Inclusion & Accessibility



#### Work-Life Harmony

- Provide more autonomy over how work is done
- Make schedules as flexible and predictable as possible
- Increase access to paid leave
- Respect boundaries between work and non-work time

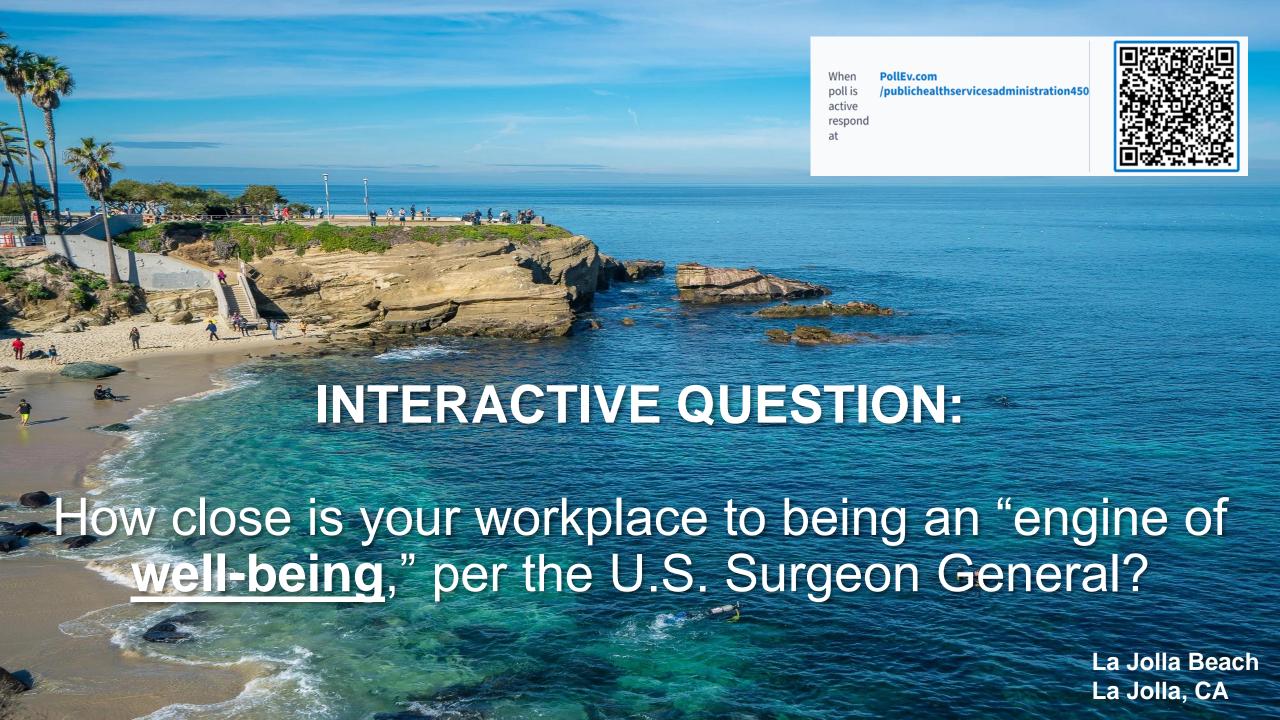
#### Mattering at Work

- Provide a living wage
- Engage workers in workplace decisions
- Build a culture of gratitude and recognition
- Connect individual work with organizational mission

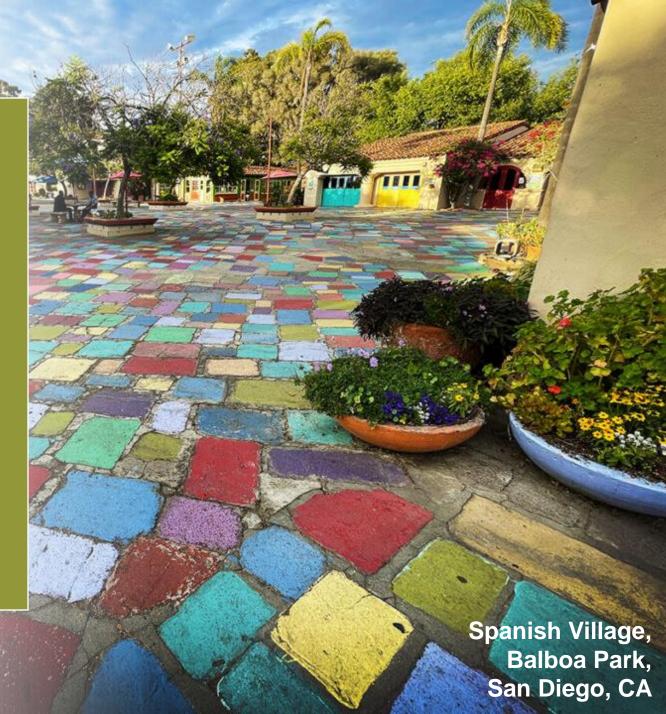
#### Opportunity for Growth

- · Offer quality training, education, and mentoring
- · Foster clear, equitable pathways for career advancement
- Ensure relevant, reciprocal feedback

U.S. Surgeon General's Report on Workplace Mental Health & Well-Being (2022)



# 6. Diversity and Inclusion



#### TIMELINE: D & I





County, HHSA, and PHS launched D & I efforts including strategic plan, training, resources and working groups.
Co-hosted a launch event for both D & I and Health Equity with Employee Resource Groups

PHS implements the County's D & I Strategic Plan, participates on the HHSA D & I Transformation Team (est. 2018) and threads D & I into HE Working Group Charter and plans. Makes D & I Strat Plan and 2-pager mandatory reading for senior staff (plan) and all staff (2-pager)

2015 - 2023

PHS issued a Belonging and Inclusion Checklist

2018 - 2019

social and cultural fliers (2022) **2022 - 2023** 

in public health to the

academic developments

Belonging and Inclusion

Checklist was revised

and reissued

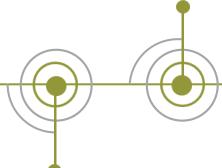
· Added research and

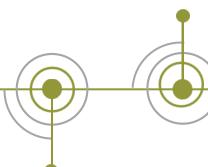
County octablic

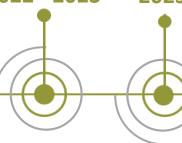
County established the Justice, Equity, Diversity and Inclusion (JEDI) Team

2023 - 2024











PHS branches develop and implement Diversity and Inclusion Impact Plans

2015 - 2024

- PHS staff receive training on health equity and Diversity and Inclusion bi-monthly at Health Equity Working Group meetings
- Office of Health Equity began cultural and social observance fliers (2017)

#### 2022 (Fall)

EDI Team issued **Critical Conversations Toolkit** for supervisors and Management. HR presented at PHS senior staff meeting



6. Diversity and Inclusion

# EIGHT YEARS OF CULTURAL AND SOCIAL OBSERVANCES





#### **PURPOSE**

- To foster workforce development, training, health equity, diversity and inclusion, customer service, and trauma-informed services;
- Advance practice of inclusion and belonging, increase cultural responsiveness to the communities we serve;
- Ensure PHS staff are informed of some of the recent academic developments in the field of public health, as it relates to the selected cultural or social topic; and
- Connect cultural and social observances to public health.

International Day for the Elimination of Violence against Women:

**November 25** 



On November 25, 1960, the Mirabal sisters were brutally assassinated because of their identity as women and activists. Their only crime was having fought for their rights against the Dominican dictator, Rafael Trujillo (1930-1961). In 1993, the United Nations (UN) General Assembly adopted Resolution 48/104 for the Elimination of Violence Against Women which defines this type of violence as "any act of gender-based violence that results in, or is likely to result in, physical, sexual, or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life." In 1999, the General Assembly proclaimed November 25 as the International Day for the Elimination of Violence Against Women. The 16 days between November 25 and December 10, which is International Human Rights Day, are known as the 16 Days of Activism against Gender-Based Violence Campaign which is a time to galvanize action to end violence against women and girls around the globe.

Source: International Day for the Elimination of Violence

"At a time when the world is facing an unprecedented health,

economic and social crisis, we must not forget that the COVID-19 pandemic is superimposed on a "shadow pandemic" that of violence against girls and women."

-Audrey Azoulay, Director-General of the United Nations Educational, Scientific and Cultural Organization (UNESCO)

Source: International Day for the Elimination of Violence against Women UNESCO



UNITE by 2030 to End
Violence against Women
campaign (UNITE) is a multi-year
effort aimed at preventing and
eliminating violence against women
and girls (VAWG) around the world.
UNITE, managed by UN Women, calls
on governments, civil society,
women's organizations, young people,
the private sector, the media, and the
entire UN system to join forces in
addressing the global pandemic of

### **WOMEN**

violence against women and girls

#### Resources:

- Orange the World Campaign #OrangeTheWorld #25Nov #IDEVAW
- UN Women Virtual Knowledge Center to End Violence against Women and Girls
- UN Women 10 Ways to Take Action to End Violence Against Women
- National Domestic Violence Hotline
- Futures Without Violence
- Violence Against Women Act (VAWA) of 1994
- San Diego Domestic Violence Counci









Experiences of Women Accessing Violence Against Women Outreach Services in Canada During the COVID-19 Pandemic: a Brief Report (2022).

Intimate partner violence against women with intellectual disability: A relational framework for inclusive, traumainformed social services (2022).

Ending Intimate Partner Violence (IPV) and Locating Men at Stake: An Ecological Approach (2019).

Preventing and responding to violence against women is a matter of human rights, gender equity, and a public health priority. In every country and culture, more action is needed to ensure all women live lives free of violence and coercion. Health professionals, including public health workers, can be the first professionals that women may disclose violence to, and therefore the health sector has a critical role to play (e.g., making referrals for sevices, 2-1-1).

A future without violence against women is possible with education, essential services across policing, justice, health, and social sectors, and sufficient financing dedicated to women's rights. Source: International Day for the Elimination of Violence



#### Public Health & Ending Gender-Based Violence (GBV):

- World Health Organization: Strengthening health sector response to gender-based violence in humanitarian emergencies & Gender based violence is a public health issue: using a health systems approach
- Centers for Disease Control and Prevention (CDC): Intimate Partner Violence Prevention & CDC
   Training Helps Healthcare Providers Respond to Gender-Based Violence
- United Nations: Make the prevention and redress of VAWG a key part of national response plans for COVID-19
- California Department of Public Health (CDPH) Injury and Violence Prevention Branch











REV: 11/8/22

6. Diversity and Inclusion

# Public Health Services Inclusion and Belonging Checklist

This checklist was developed with input from all seven branches of Public Health Services based on an icebreaker exercise where all staff were asked the questions: "What does respect and inclusion in the workplace mean to you? How do you know when you are being respected in the workplace?" Feedback gathered from the seven PHS branch All-Staff meetings.

Was I my <u>authentic</u> self today (while still being professional)?

Being honest, real, genuine, comfortable sharing information about myself, courageous, self-aware & transparent. Did I actively try to practice successful two-way <u>communication</u> today?

Active listening, asking others for their opinions, acknowledging others, waiting for others to complete their thoughts (e.g., raising hand on Teams/Zoom). □ Did I try to <u>include</u> others in my professional and social circle, making sure not to be clickish?

Building bridges, welcoming others, acknowledging strengths and contributions, inviting people to lunch, seeing who may be left out and remedying the situation, respecting people of all positions, bringing everyone into the conversation during meetings.  Did I get through the day without judging others, including myself.

Being patient and practicing compassion & self-compassion, making room for various point of view, assuming the best of everyone in every situation, not judging people who have different values from myself and recognizing my own biases.

□ Did I demonstrate openness to learning about other's differences, struggles, or successes?

Being curious and interested in others around me, asking them about who they are while demonstrating a genuine interest in the answers and a willingness to be transparent in return sharing information, showing trust in the person and the relationship, and showing that I care on a personal level.

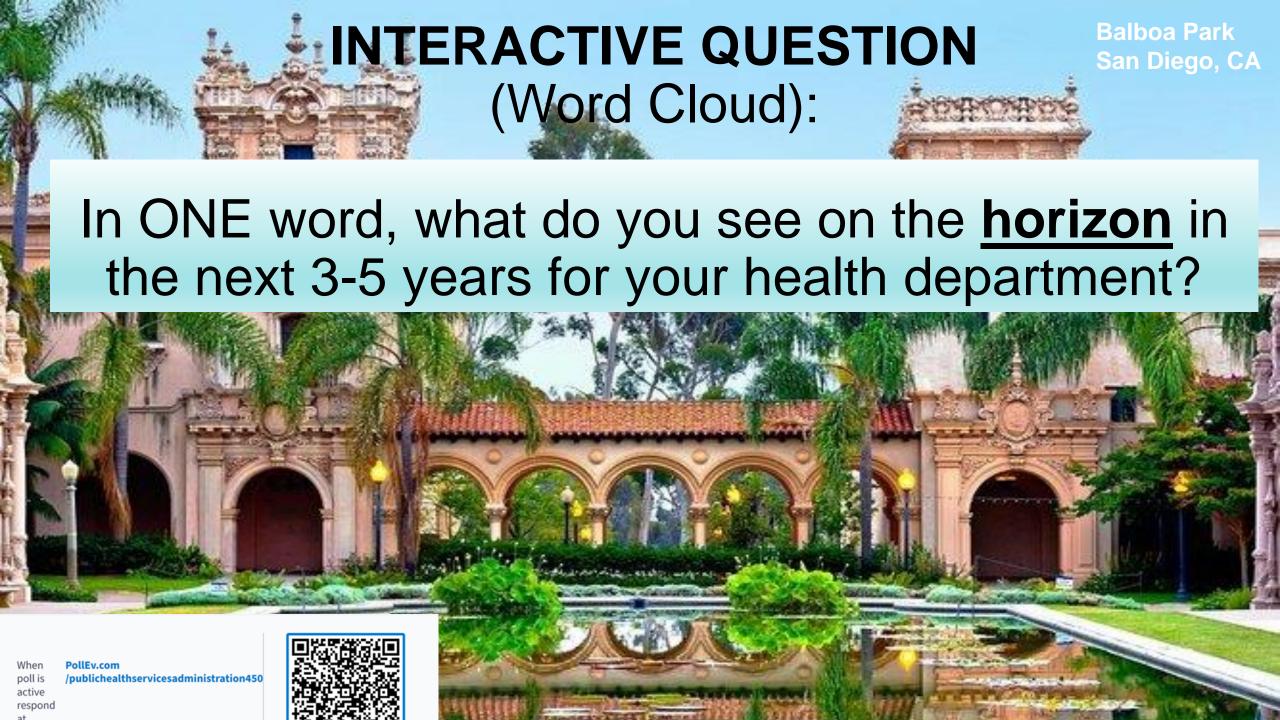
Did I show <u>respect</u> for the people today?

Making eye contact, taking people seriously, apologizing, acknowledging another's presence, requests, or emails (regardless of their rank and title), going to people directly, giving full attention, refraining from talking behind people's backs, not acting entitled or above another, speaking quietly outside people's offices, muting myself on Teams, trusting others and giving them autonomy.

□ Did I actively foster a sense of <u>belonging</u> for others today?

Making sure everyone feels welcome and safe, that everyone has a chance to express themselves and feels comfortable bring their whole self to work, encouraging others to be seen and heard, looking for other ways to encourage a sense of belonging in the workplace (especially to new staff). Did I try to make others feel <u>supported</u> and <u>appreciated</u> today?

Asking how others are doing, providing positive feedback when others have done a good job, expressing gratitude, celebrating important milestones, offering work flexibility when needed, and giving help if asked.



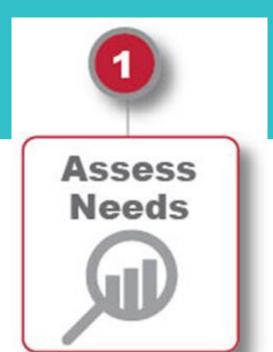




# 2. What is our approach to **Training**?













SURVEYS

### **SURVEYS**







- 1. Employee Engagement: PHS (2008, then annually) and County (2022, then every 2 years)
- 2. Bay Area Regional Health Inequities Initiative (BARHII) Internal (2012, 2018, 2024)
- 3. Customer Service (2014)
- 4. County Leadership Model Domains (2014, 2021, 2024)
- 5. Core Competencies for Public Health Professionals (2017, 2021, 2024)
- 6. PH WINS (2017, 2021, 2024)
- 7. Health Equity Organizational Self-Assessment (2022)
- 8. QI NACCHO SAT Survey QI Culture (2023)

#### Stimulates and actively initiates change in the organization Anticipates and prepares for opportunities not obvious to others Actively seeks opportunities to improve status quo Is motivated to perform above the expectations of the position Volunteers and

demonstrates initiative to take on new assignments

Pursues innovation which results in sustained organizational change

Seeks opportunities for continuous learning and development

Gives extra effort when not required to do so

Sets and achieves challenging goals for department/unit

Commits self and others to improve performance and reach challenging goals

Persists over time in the face of obstacles; tenacious

> Recovers quickly from setbacks

Demonstrates desire to improve self

Sets and achieves challenging goals for self

> Follows through on commitments

Seeks feedback and corrects course

Remains optimistic and persistent even under adversity

Takes pride in accomplishments

Works towards standards of excellence

Goal-oriented

Deals effectively with pressure

Superior influence and persuasion skills

Carefully adapts message to others

Consensus builder

Helps others learn interpersonal skills

Relates to a wide range of styles and personalities

Demonstrates strong teamwork and collaboration skills

Seeks to understand perspectives and needs of others

Establishes rapport easily

Builds trusting relationships

Easy to approach and talk to

Treats others with dignity and respect

Anticipates future consequences and trends accurately; applies knowledge appropriately

Integrates data from many sources before drawing conclusions and taking action

Carefully considers implications and impact of decisions across time and on others

Capitalizes on opportunities and manages risks

Supports the big picture; not "turfy"

Understands multiple perspectives, agendas, goals, etc.

Anticipates problems and roadblocks

Formulates objectives and priorities and implements plans consistent with the long term interest of the organization

Considers impact of actions on other people and departments

Well-organized; plans and prepares in a thorough fashion

Thinks globally in problem solving and plan development

Mentors and coaches managers, peers, and leaders

Candidly addresses and confronts performance issues

Recognizes strengths and weaknesses of others and how to best manage them

Deals with performance issues in a timely manner

> Mentors and coaches direct reports

Holds others accountable: sets high standards; makes self available to others: takes a personal interest

Provides enough autonomy and freedom for others to succeed

Fair: even-handed

Praises; recognizes others

Encourages and motivates others to do their best

Maintains a global perspective in all activities and decisions

Demonstrates an understanding of multiple stakeholder needs

> Can negotiate well; settle differences and maintain relationships

Builds and supports mutually beneficial relationships with other organizations, associations, and community contacts

Views political process as necessary and useful

Looks beyond department boundaries when making decisions

Networks with relevant parties inside and outside the organization

Recognizes others' agendas

Sensitive to political dynamics inside and outside the organization





- PHS translated the County of San Diego Leadership **Development Model** into a survey in 2015.
- SDPHS also converted the Core **Competencies for Public Health Professionals** into a survey.

#### Core Threshold Competencies Essential to all Leadership Roles

Customer Service Orientation

Department-specific Functional Skill & Technical Knowledge

Flexibility/Adaptability

Self-Confidence

Core Organizational Values Guiding all our Work at the County of San Diego

INTEGRITY: Dedicated to the highest ethical standards

STEWARDSHIP: Ensure responsible stewardship of all that is entrusted to us

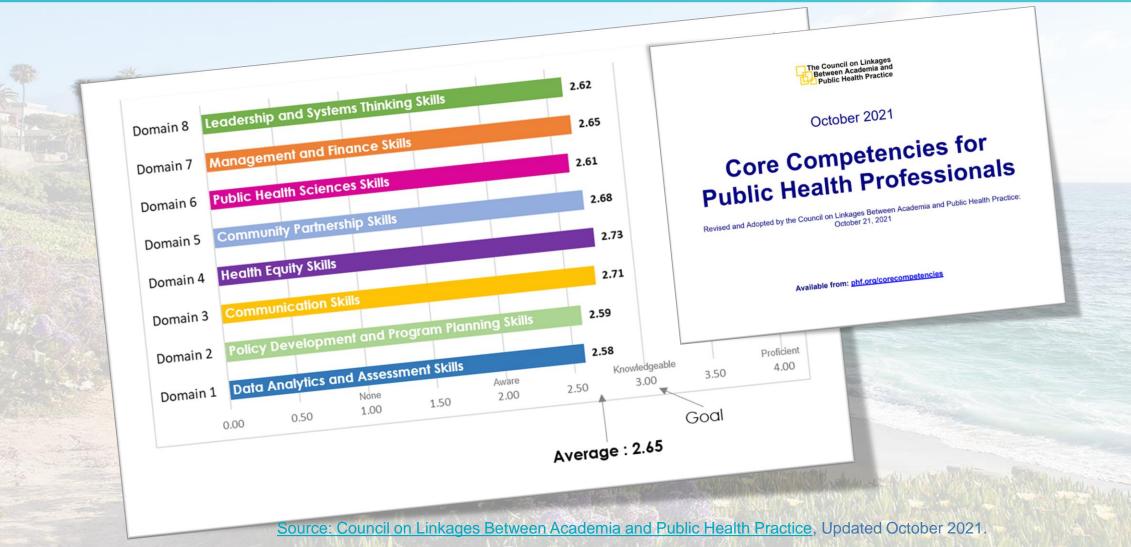
COMMITMENT: Committed to excellence in all that we do



# CORE COMPETENCIES FOR PUBLIC HEALTH PROFESSIONALS







### CLASSIFICATIONS





#### Tier 1 (Frontline)

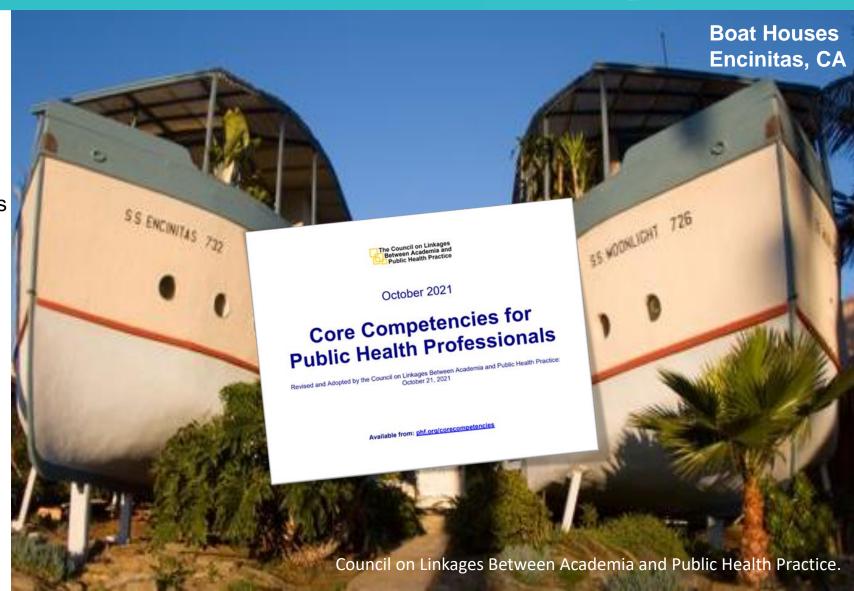
- OA, Admin Sec I/II
- Analysts I/II
- Communicable Disease Investigators
- Epidemiologists I/II
- Health Information/Promotion Specialists
- Medical Record Technicians

#### Tier 2 (Middle Management)

- Analysts III
- Sr. Epidemiologists
- Sr. CDIs
- Nurses (PHNs, RNs, CNPs)
- Health Program Specialists

#### Tier 3 (Executives)

- Administrative Managers
- Physicians
- Chiefs



### PHS SURVEYS





FY 2023-2024

	1 1 2020 2027						
	Survey	When	Frequency	Who Administers	Respondents	Approved date and by whom	Comments
1	Customer Service H.E.A.R.T. Survey	January - March 2024 (Year long in signature block)	Annual	OHECC	Internal and External	Approved for County Enterprise. Occurs annually, same questions.	Last done: Feb-March 2023; Departments encouraged to run the survey throughout the year.
2	PHS Employee Engagement/Gallup Survey	Issued Jan17 and closed Mar 5	Annual	CHSU	PHS Permanent Staff		Last done: Feb April 2023.
3	BARHII Survey (Internal)	May 2024	2 years	CHSU	PHS Permanent Staff	Must be approved by HHSA HR Director.	Last done: 2012, 2018.
4	Organizational Equity Assessment Survey	May 2024	2 years	OERJ	PHS Permanent Staff	Approved for Jan 2023 survey.	Re-administering after trainings completed. Previously done Jan 2023.
5	Core Competencies for Public Health Professionals Survey	June 2024	2 years	CHSU	PHS Permanent Staff	Approved by HHSA HR Director.	Last done: Feb-March 2022.
6	PHS Leadership Survey	June 2024	2 years	CHSU	PHS Leadership	Approved by HHSA HR Director.	Last done: Feb-March 2022.
7	PH WINS 2024 Survey	September 2024	3 years	deBeaumont Foundation	PHS Permanent Staff	Heads up given to HHSA HR Director.	Last done 2014, 2017, 2021.
8	Employee Engagement (HHSA)	September 2024	2 years until 2032	COSD	PHS Permanent Staff		Last done: December 2018, December 2022









## DEVELOP TRAINING GOALS

### CORE TRAINING GOALS & **OBJECTIVES: FY 23-24**





**GOAL #1:** Conduct core trainings prioritized by PHS Leadership for Veteran staff (hired before December 31, 2019).

- 1.1. By June 30, 2024, 100% of all identified permanent staff will complete **Public Health** 101 Series training.
- 1.2. By June 30, 2024, 100% of all identified permanent staff will complete NIMS/ICS **FÉMA** training.
- 1.3. By June 30, 2024, 100% of all identified permanent staff will complete **Health Literacy** training.
- 1.4. By June 30, 2024, 100% of all identified permanent staff will complete **Data Literacy** training.
- 1.5. By June 30, 2024, 100% of all identified permanent staff will complete **Outbreak Management** Under Incident Command System training
- 1.6. By June 30, 2024, 100% of all identified permanent staff will complete Implicit Bias training.

# CORE TRAINING PHASES, FOCUS, AND TIMELINE





Phases	Training Focus	Timeline	Accreditation WFD Plan
Phase 0	All permanent staffs.	FY 17/18 – 18/19	WFD Plan FY 17/18 – 18/19
Phase 1	All permanent staffs.	FY 19/20 - 20/21	WFD Plan FY 19/20 – 20/21
Phase 2	NEW STAFF: All new, permanent PHS staffs (those who were hired to PHS <u>after</u> December 31, 2019).	FY 22/23 (Q3 and Q4)	Link to current WFD Plan FY 21/22 – 22/23
Phase 3	<ul> <li>VETERAN STAFF MEMBERS:</li> <li>Permanent PHS staff members, who were working in the department prior to December 31, 2019.</li> <li>Permanent staff members that began as of July 1, 2023.</li> <li>Any permanent staff members who have not taken the trainings, ever, regardless of start date in PHS.</li> </ul>		NEW WFD Plan: FY 23/24 – 24/25

# TRAINING GOALS & OBJECTIVES FY 23-24 & FY24-25





**GOAL #2:** Conduct training identified and prioritized through PHS PH WINS assessment.

- 2.1. By September 2024, launch change management training.
- 2.2. By September 2024, launch policy engagement training.
- 2.3. By September 2024, launch community engagement training.
- 2.4. By October 2024, conduct **fiscal literacy** training.

# TRAINING GOALS & OBJECTIVES FY 23-24





**GOAL #3:** Conduct training identified and prioritized by PHS Branches for the public health professional workforce.

- 3.1. By June 30, 2024, an **Emergency Life Support** training will be developed for all Public Health Nurses for implementation in Fall 2024.
- 3.2. By June 30, 2024, all Epidemiology staff will have the "R" training.
- 3.3. By June 30, 2024, all CCS Occupation and Physical Therapy staff will complete **state required** trainings.

# TRAINING GOALS & OBJECTIVES FY 23-24





GOAL #4: Conduct training identified and prioritized by other sources.

- 4.1. By June 30, 2024, 100% of all identified staff will complete Brave Leadership and All of Us trainings (100% of select groups).
  - 4.1.1. BRAVE Leadership (Public Health Leaders and Admin Unit Leads)
  - 4.1.2. All of Us (29 Senior Staff).

### WORKFORCE DEVELOPMENT PLAN





#### **Planning**

#### 1 - Leadership

Visionary, Trauma-Informed Leadership of Diverse and Inclusive Teams; Fostering Belonging, Innovation, Knowledge Transfer, Partnerships, Boundary Spanning, Systems Thinking, Leadership Survey

#### 2 - Strategy

Staff Health and Well-Being; Rebuilding PH Workforce; Connection, Cohesion, Community; Healing through Relationship; Adaptation and Resilience; Equity in 10 ES (Health, Climate, Gender, Racial), and NIMS/ICS, Emergency Preparedness and Response

#### 3 - Customers

Trust, Trauma-Informed, Customer Focused Excellence, Valuing Relationships and People, Ethics, Transparency, Delivering Value, Engagement of Customer and Community, Connectior

#### Integration

Alignment to Strategic Plans and Strategic Initiatives (BOS, County, HHSA, PHS, Branches, Programs

#### <u>4 - Workforce</u>

Health and Wellbeing;
Healing from Stress, Burnout
and Trauma; Engagement,
Recruitment, Retention,
Belonging, EDI, Core
Competencies, Surveys
(PHWINS), Foundational
Capabilities, Infrastructure,
WF and Career Ladder
Grants

#### 5 - Operations

Management of Fiscal Resources, Contracts, IT and CQM; Policies and Procedures, Policy Tech, Program Operations Manuals Program Indices

#### Execution

#### 6 - Results

Managing by Fact, Tracking, and Transparently Reporting on Outcome-Based Progress and Effectiveness (PM/QI), Framework, Standards for Training and Evaluation, Survey Results, Dashboards





#### **Public Health Services**

Workforce Development
Plan
FY 23-24 and FY 24-25

July 1, 2023



#### 7 - Measurement, Analysis, and Knowledge Management

Evidence-Based Decision Making, Evaluation and Dissemination of Data Including Comparative Data

#### Learning

#### **2-Year Workforce Development Plan:**

Goals and Objectives are aligned to the Baldridge Model for Performance Excellence.









## IMPLEMENT TRAINING PLAN





### **EXCITING TRAINING LINEUP FOR THIS YEAR!**





Green

**Purple** 

Yellow





Implement Training	CORE PH	TRAININGS	LINHUP
Plan			
440			

<b>Color Categories</b>	Category Title	<b>Associated Icon</b>
Blue	I. Workforce & Leadership Development: BRAVE Leadership/All	

of Us: Trauma-Responsiveness

II. Public Health 101 Series: PH History, Concepts, Data, Heath Equity, and Climate Change

III. Literacy: Health Literacy and Data Literacy (LMS)

IV. Implicit Bias: Racial Equity and Gender Affirming Care

V. Disaster Preparedness: Federal Emergency Management



Red Agency (FEMA) Training, PHS Outbreak Management VI. The Knowledge Center (TKC): Cultural Responsiveness, **Orange** Customer Service, and other required County trainings

**FEMA** 

BRAVE (TIER 3) AND ALL OF US (29+ TIER 2): DEVELOPING TRAUMA-RESPONSIVE WORKPLACE







CULTURE

All of Us Option 1: State





Coaching, & Training (lodestarpc.com)

All of Us
Option 2:
County - PHS
(29 spots)

BRAVE Training Feb 28, 29 and Mar 1, 2024.

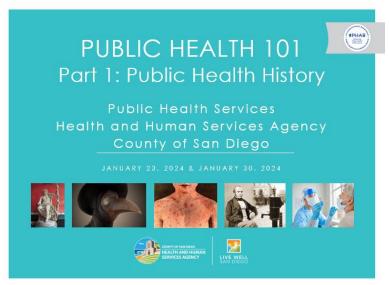
All of Us Training: Four Cohorts April – June 2024.

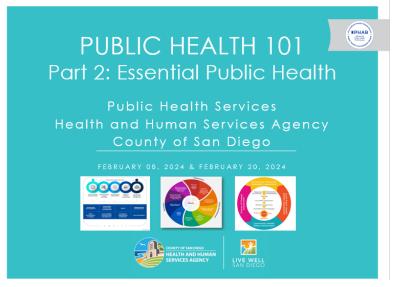
# PUBLIC HEALTH 101: DEVELOPING CORE COMPETENCIES FOR PUBLIC HEALTH PROFESSIONALS

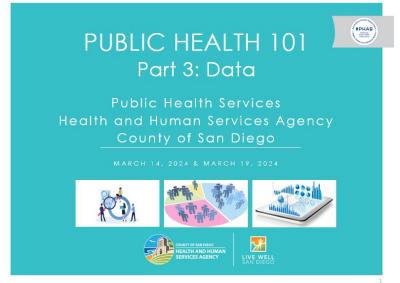


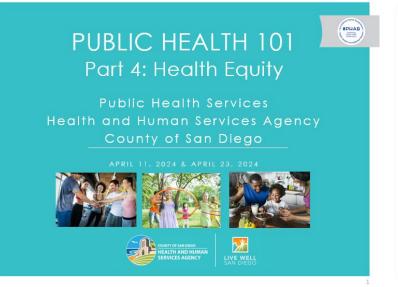


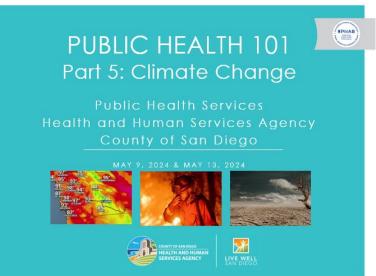












# HEALTH LITERACY AND DATA LITERACY







**Health Literacy** 



**Data Literacy** 

Original trainings developed by staff and mandatory for all-staff. Health Literacy is a live Teams-based training and Data Literacy is an interactive online learning in the HHSA LMS.

# IMPLICIT BIAS: RACIAL EQUITY AND GENDER AFFIRMING CARE









Implicit bias has been in place since 2020.

Gender affirming care training is new and rolled out Jan 2024 at branch all-staff meetings, recorded and uploaded to the HHSA LMS.

### DISASTER PREPAREDNESS





### **FEMA**



NIMS/ICS TRAINING





# OUTBREAK MANAGEMENT TRAINING

Outbreak Management training is an original training developed and delivered by staff in response to need for supplemental training specific to public health emergencies.

All-Staff are required to take various levels of FEMA NIMS/ICS Training.

### TKC TRAININGS







### **Customer Service**



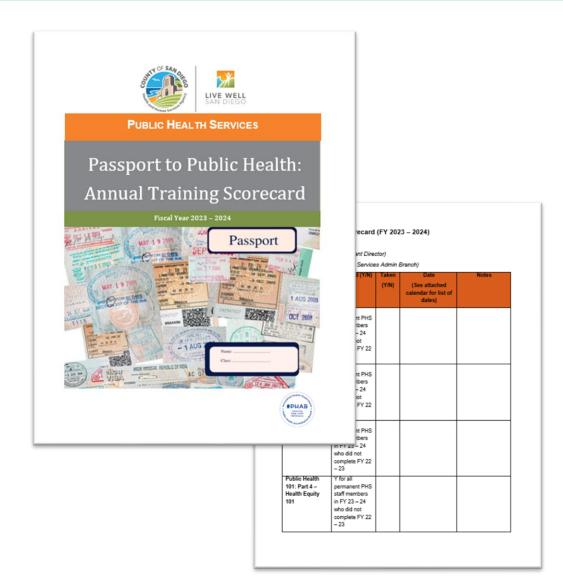


### **Cultural Responsiveness**

# PASSPORT TO PUBLIC HEALTH: ANNUAL TRAINING SCORECARD FY 2023 – 2024







# Passport to Public Health: Annual Training Scorecard

This tool is designed to allow staff to track their own training, providing guidance to staff about the essential public health trainings required each fiscal year. This document is accompanied by a schedule of all trainings so staff can track the dates of the training offerings.

The new Passport and Schedule will be sent by email to all staff following the All-Staff meeting.

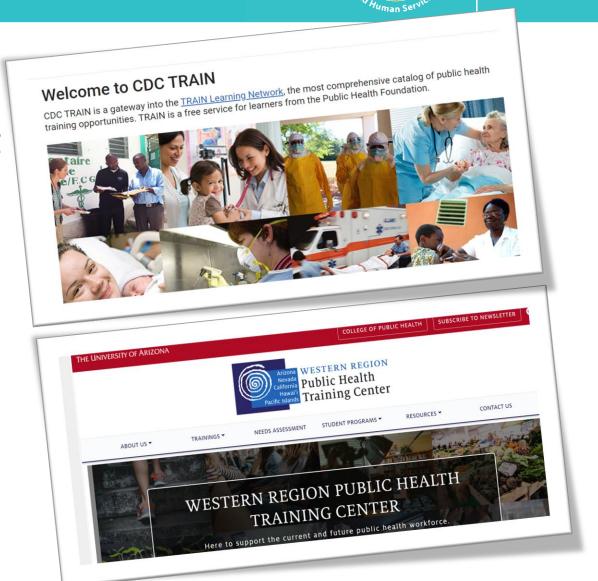
# OTHER TRAININGS





### THROUGHOUT FY 2023-24

- Office of Workforce Development communicates about other trainings offered from outside PHS.
- Such trainings may include those from:
  - CDC
  - CHEAC
  - CDPH
  - Western Region Public Health Training Center
  - Others











# EVALUATE EFFECTIVENESS

### CORE TRAINING PHASE 2: FY22-23





Phases	Training Focus	Timeline	Accreditation WFD Plan
Phase 0	All permanent staffs.	FY 17/18 – 18/19	WFD Plan FY 17/18 – 18/19
Phase 1	All permanent staffs.	FY 19/20 - 20/21	WFD Plan FY 19/20 – 20/21
Phase 2	NEW STAFF: All new, permanent PHS staffs (those who were hired to PHS <u>after</u> December 31, 2019).	FY 22/23 (Q3 and Q4)	Link to current WFD Plan FY 21/22 – 22/23
Phase 3	<ul> <li>VETERAN STAFF MEMBERS:</li> <li>Permanent PHS staff members, who were working in the department prior to December 31, 2019.</li> <li>Permanent staff members that began as of July 1, 2023.</li> <li>Any permanent staff members who have not taken the trainings, ever, regardless of start date in PHS.</li> </ul>		NEW WFD Plan: FY 23/24 – 24/25

# CORE TRAINING RESULTS: FY 22 – 23





# ew Statt N = 328

#### Public Health 101 (78%)

• Part 1: History: 68%



• Part 2: Concepts: 76%

• Part 3: Data: 75%

• Part 4: Health Equity: 81%

• Part 5: Climate Change: 88%



#### Health and Data Literacy (80%)

• Health Literacy: 76%

• Data Literacy (LMS): 84%



#### NIMS/ICS (FEMA) (58%)

 NIMS/ICS: 50.73% entered as of January 2024\*



# Customer Service and Cultural Responsiveness (72%)

• Customer Service: 67%

• Cultural Responsiveness: 76%



# Outbreak Management Under Incident Command System (79%)

• Part 1: 79%

• Part 2: 79%

Part 3: 80%



#### Racial Equity (61%)

• Part 1: 57%

• Part 2: 68%

• Part 3: 63%

Part 4: 60%

Part 5: 57%



### RESULTS FOR FY 23 – 24 PENDING

101





#### Public Health 101 (100%)

• Part 1: History: 100%

• Part 2: Concepts: 100%



• Part 4: Health Equity: 100%

• Part 5: Climate Change: 100%

#### NIMS/ICS (FEMA) (100 by tier%)

NIMS/ICS: 100%



#### Brave Leadership and All of Us (100% of select groups)

• BRAVE Leadership (Public Health Leaders and Admin Unit Leads): 100%

All of Us (29 Senior Staff): 100%



Racial Equity (100%)

#### Health Literacy and Data **Literacy (100%)**

Health Literacy: 100% of 121

• Data Literacy (LMS): 100% of 153



#### Outbreak Management Under **Incident Command System** (100%)

Part 1: 100% of 201

Part 2: 100% of 201

Part 3: 100% of 192

Part 1: 100%

Part 2: 100%

Part 3: 100%

Part 4: 100%

Part 5: 100%

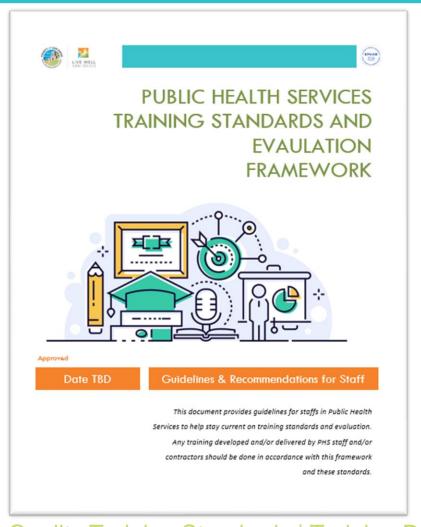




# TRAINING STANDARDS AND EVALUATION FRAMEWORK















Feedback or	Public Health	101: Part 4	<b>Data Training 2024</b>
-------------	---------------	-------------	---------------------------

PAGE TITLE

- 1. Which date did you attend Public Health 101: Part 4 Data training?
- April 11, 2024, from 11:30 AM 12:30 PM
- O April 23, 2024, from 1:30 2:30 PM
- 2. Rate your knowledge of Data **before** the course.
- Not at all knowledgeable

Very knowledgeable

Slightly knowledgeable

Extremely knowledgeable

Moderately knowledgeable

Quality Training Standards | Training Development | CDC | Training Effectiveness | Training Development | CDC

#### EVALUATION STEPS





- Each training is evaluated with a pre and post-test and knowledge check questions
- At the end of each training, staff scan a QR code that takes them to an evaluation survey
- After the training an email is issued encouraging staff to complete the survey evaluation
- Survey results are reviewed and taken into consideration when revising training material
- Participation results are rolled up and reported on at the end of the fiscal year
- Surveys are issued annually to gage training needs
- Other assessments are conducted (e.g., focus groups, listening sessions)





## 3. How are we addressing key Workforce Issues?



#### ADDRESSING KEY WORKFORCE ISSUES

#### Local Health Department Efforts

- Created a Training Champions Working Group
- Maximizing support and expertise from Consultants (e.g., DISC, Insights, Coaching)
- Conducting Stay and Exit Interviews
- Implementing a Hiring Manager Survey
- Revamping New Employee Welcome Program (NEWP)
- Continuing Wellness Program
- Managers Resource Packet
- Strengthening Recruitment and Retention
- Framework for Training Standards and Evaluation
- Career Fair

#### HHSA and County Efforts

- Employee Engagement Survey
- Focus Groups
- Leadership 360s

#### Local Partner Efforts

- Hosting Career Fairs with Video Collection
- Collaborating with local universities for workforce pipeline

#### Federal and State Grants/Partnerships

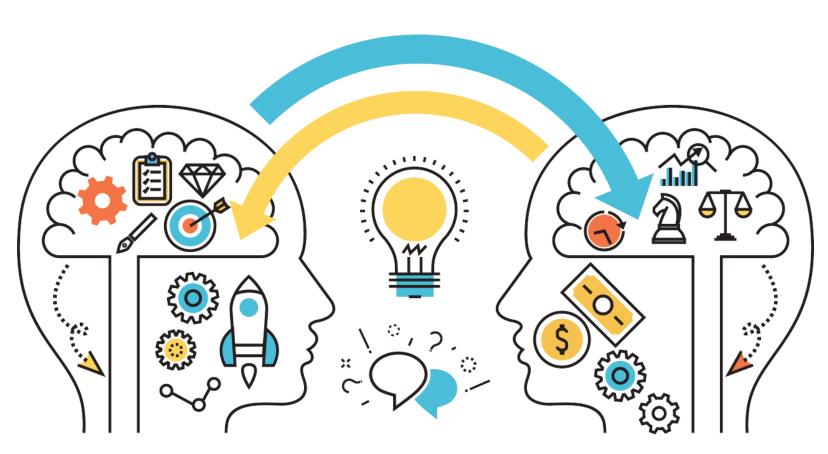
- CDC Workforce (July 1, 2021 June 30, 2024)
- CDC Health Disparities (June 1, 2021 May 31, 2026)
- CDC PHIG (December 1, 2022 November 30, 2027)
- CDPH Career Ladder (July 1, 2022 June 30, 2026)
- Leveraged PH WINS Data (2014, 2017, 2021)



#### MANAGERS RESOURCE PACKET







Email sent out July 6 and Dec 27, 2023

Public Health Services - Manager's Resource Packet - All Documents (sharepoint.com)

## COMPONENTS OF THE MANAGERS RESOURCE PACKET





- Purpose: To assist PHS Leadership and Management staffs with management-related information about County, Agency, PHS department, branches and programs. This ensures knowledge transfer and maintenance of program operations.
- Audience: All Public Health Leaders, Senior Staffs (Managers and Supervisors) within PHS. Once a Program Operations Manuals is completed, it should be shared with program staff.

- Six-part components of the Packet. Components include the following documents:
- 1. How to use the Manager's Resource Packet
- 2. Managers Manual Toolkit
- 3. Needs Identification Template
- **4. Program Operations Manual Template**
- **5.5.A. Program Template Instructions**
- 6.5.B. Program Index

**Blue** = Guidance documents

**Red** = Template documents to complete

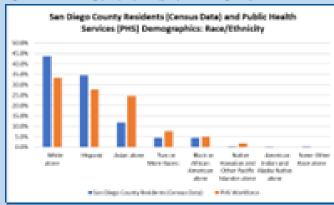


SDSU CAREER FAIR

# Leveraging PH WINS Data

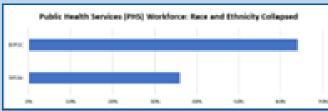
#### Workforce Demographics

Figure 1. PMC Matchine Consequentles (Base) Ethnicity) Company) to Car Diego County Consec Date.



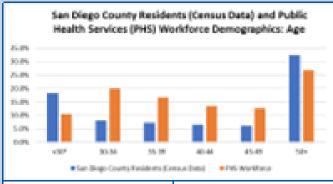
Seam on U.A. Com.on Humany 2018-2009 descriptor Community for early 6 Year Politectors, Table 1000005; 2009, Peoplopes demographics data from PropinSoft; Co. only of Son Dago 1995, Department of Human Resources.

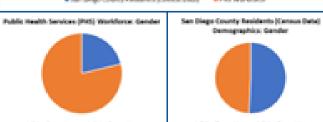
Figure 2. PMS Workshop Read and Ethnicity Date College and



Secretary Per Wildell 2021 Community Report

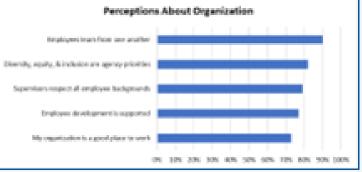
Figure 1. PHS Modelman Correspondent (Age and Cornlet) Compared to San Diago County Corner, Date.





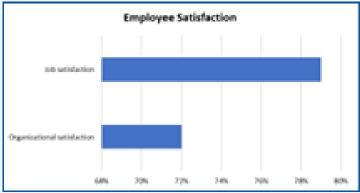
#### Public Health Services (PHS)

Figure 4. PAR Employee Free options about the Emportration Date.



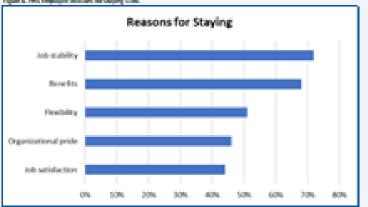
Course PH WHAT 2021 Commung Report.

Figure S. PMS Employee Softship the Date.



Asserted PM WHAT 2021 Supposes Reports

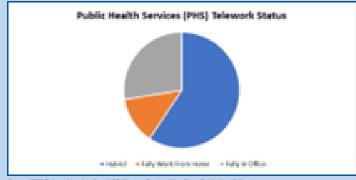
Figure 6, PAS Employee Boscoms for Gogley Date.



Research Pel Wildell 2021 Community Reports

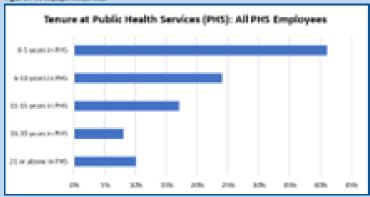
#### Workforce Status

Figure 7, PMS Televanth States, Date.



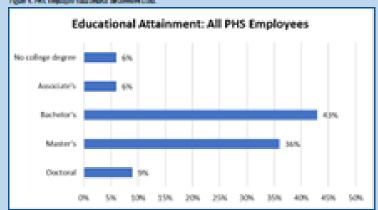
Course 2023 Telephology data flow 0.00 / Course, County of Care Diego Public Hough Continue.

Figure 8, PMS Employee Tomore Date.



Common Phil St. No. 5, 2021 Common Street

Figure 9. PMS Deployee Educational Stratement Color.



Course Pt W N. S. 2021 Commun. Separt.

#### FOCUS GROUPS (FALL 2023)

Requirement for County Employee Engagement Initiative









#### "My Workload is Reasonable"

Participants were asked to define "reasonable workload" and asked to elaborate on the following issues that related to reasonable workload including:

- 1. Equitable Distribution of Work
- Time Management/ Prioritization
- 3. Delegation
- 4. Matrix Management
- 5. Pace of Work
- 6. Number of Meetings and Emails

#### PHIG A2: EMPLOYEE CERTIFICATIONS





Certifications eligible for partial reimbursement will include:

- Data Analytics;
- Financial Management;
- Fiscal and Contracts;
- Leading High-Performing Teams;
- Performance Management;
- Quality Improvement;
- Project Management;
- Public Health; and
- Strategic Planning.

2. Leadership Development







## 4. What are some Lessons Learned?





#### LESSONS LEARNED







#### What is important

Engagement and leadership are key.

Need to have an evidence-based plan that is consistent, socialized and fosters accountability.

Evaluate efforts and celebrate successes!

Encourage champions to promote workforce development and training.

Clear, concise, and repeated communication.



#### **Challenges**

Developing tailor made trainings, **tracking** and reporting on training completion rates is time consuming and resource intensive (Need 2+ FTEs).

Training is a moving target with new developments and turnover.

Competing priorities, concurrent efforts, workload, turnover.



Opportunity

Must circle back and look at **the core competencies** survey assessment through the lens of the various classifications.

Need for classification specific training, coaching, and mentoring for interpersonal/customer service skills.

Levity and outside perspective was a key benefit of bringing in consultants.



#### LESSONS LEARNED







#### What is important

Staff need variety. Different consultants appeal to different staff and some trainings are better delivered by staff, while others by consultants.

Front-line staff appreciate hands-on learning (e.g., interactive activities, exercises, role plays, skits) vs. long power points and lecture style learning.



#### Challenges

The last 4 years took a toll on our workforce and their mental health.

Losing institutional memory has a cost.

Workload must be looked at equitably.

There will always be need to tailor trainings to the department.



#### **Opportunity**

Acknowledging the impact of the last 4 years and making efforts through the consultants helped address the need for interpersonal skills development.

Generic training not tailored to PH or LHD has limitations leaving staff asking: "But how does this apply to my work?"

Staff members want to know what we want them to <u>do</u> differently? How does this apply to me? My job? My role? My classification? What behavior change is leadership expecting to see because of this training? How does a specific training apply to public health practice?



When poll is active respond

PollEv.com /publichealthservicesadministration450



San Diego Zoo San Diego, CA



- 1. What is our approach to workforce development?
- 2. What is our approach to training?

- 3. How are we addressing key workforce issues?
- 4. What are some lessons learned?

#### THANK YOU. QUESTIONS?





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Public Health Services
County of San Diego
Health & Human Services Agency



The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and re-accredited by the Public Health Accreditation Board on August 21, 2023.