

**County Of San Diego**  
**Health and Human Services Agency (HHSa)**

SUBJECT: **Request for Restriction of Protected Health Information**

NO: **HHSa-L-04**  
PAGE: 1 of 1  
DATE: April 15, 2026

REFERENCE: Health Insurance Portability and Accountability Act; 42 CFR Part 2; California Information Practices Act; various State agreements.

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**POLICY:** Individuals may request restrictions on the use and sharing of their protected health information (PHI). The County is not always required to agree to these requests, but it will consider and agree to those it can reasonably accommodate; and to those required by law. Business Assurance and Compliance shall establish procedures to respond to such requests.

**PROCEDURES:** See related procedures and forms at [www.cosdcompliance.org](http://www.cosdcompliance.org).

**RESPONSIBILITIES:** Privacy laws and regulations, such as the Health Insurance Portability and Accountability Act (HIPAA), 42 CFR Part 2, the California Information Practices Act (IPA), and others, outline confidentiality requirements and clients' rights to their protected information. Many HHSa programs also have agreements with the State of California that outline additional confidentiality parameters. Compliance with these regulations is addressed in a series of agency policies and procedures maintained by Business Assurance and Compliance.

**DEFINITIONS:** See HHSa Policy L-30 Privacy Definitions.

**QUESTIONS/INFORMATION:** Please contact HHSa Business Assurance and Compliance by email at [Compliance.HHSa@SDCounty.ca.gov](mailto:Compliance.HHSa@SDCounty.ca.gov) or by phone at (619) 237-8571.

Approved: Christy Carlson  
Christy Carlson  
Director  
Business Assurance & Compliance